

Amanda Dubey-Zerka, MSW, LMSW – Clinical and Macro

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EDUCATION

May 2006 Master of Social Work
Michigan State University, East Lansing, MI

May 2005 Bachelor of Arts in Social Work
Saginaw Valley State University, University Center, MI

LICENSURE/CERTIFICATION

October 2008 - present Licensed Master Social Worker, Clinical and Macro Specialty
State of Michigan

November 2014 Nationally Certified in Trauma Focused Cognitive Behavioral Therapy (TF-CBT)

September 2017 Master Trainer, Michigan ACE Initiative (certified as of May 2018)

ACADEMIC EXPERIENCE

Continuing Education, MSU School of Social Work, Michigan State University, East Lansing, MI

Director, October 2015 – present

Program Coordinator, December 2014 – October 2015

- Provide vision, strategic direction and leadership for all Continuing Education programs
- Provide oversight of program operations, course enrollment, income/expenses, grant responsibilities, marketing, development of programs and evaluation
- Assure program operations and documentation comply with regulations set and enforced by the State Board of Social Work Examiners and Association of Social Work Boards
- Strategized and implemented a post-graduate distance learning program plan
- Provide clinical instruction to masters social work students and bachelors social work students
- Actively participate in the Michigan Social Work Collaborative
- Advocate on behalf of fixed term faculty as a committee member on the School Advisory Committee (3 year term)
- Assist with coordination and facilitation of the MSU Trauma Services & Training Network

MSU School of Social Work, Michigan State University, East Lansing, MI

Clinical Instructor, July 2011 – August 2012, July 2015 - present

- SW891: Elective, Understanding Adverse Childhood Experiences (August, 2019)
- SW494A & B: Field Education Foundation I (Fall of 2016, Winter of 2017, Fall 2017, Winter of 2018, Fall of 2018, Spring of 2018)
- SW875: School Social Work Interventions: Children with Special Needs (Summer of 2011, 2012 – online)
- SW842B: Advanced Generalist Practice Methods (Summer of 2015, 2016, 2017 – online)
- SW811: Social Work Perspectives in Human Development (Blended MSW Program) Mentorship with Dr. Sally Rypkema

PROFESSIONAL EXPERIENCE

Wise Willow Counseling & Consulting, East Lansing, MI

Co-Owner and Mental Health Clinician, October 2018 - Present

- Provide mental health therapy services (including, but not limited to, play therapy, TF-CBT, creative and experiential interventions) to children, teens, adults, families and groups
- Specialize in treatment of trauma and perinatal mood disorders

The Firecracker Foundation, Holt, MI

Contractual Mental Health Supervisor, August 2018 – Present

Contractual Mental Health Therapist, March 2018

Clinical Supervisor, September 2018

- Provide mental health therapy services to children, families and groups.
- Provide clinical supervision for MSU MSW Clinical Intern in the Evidenced Based Trauma Treatment Certificate
- Provide clinical supervision to LMSW clinician seeking full licensure

Counseling Services, St. Vincent Catholic Charities, Lansing, MI

Full Time Mental Health Therapist, October 2012 – June 2015

Contractual Mental Health Therapist, December 2010 – October 2012

- Provided mental health therapy services to children, adolescents, adults and families
- Completed assessments, multi-axial diagnosis, treatment plans and implemented evidenced-based interventions
- Specialized in treating children and adolescents, who have experienced trauma, and their families utilizing the Trauma Focused Cognitive Behavioral Therapy (TFCBT) model
- Supervised masters level clinical social work and counseling students
- Developed, implemented, and facilitated a workshop series on stress management in Fall 2013

Gateway Community Services, East Lansing, MI

Clinical Supervisor (Contractual) June 2014 – February 2015

Director of Clinical Services and Group Facilitator (Part-time) October 2012 – June 2014

Director of Clinical Services (Full-time) March 2011 – October 2012

Adolescent and Family Therapist March 2009 – March 2011

- Provided individual and group therapy to homeless and runaway youth and their identified families between the ages of 12 – 21 through a trauma informed, strength-based lens
- Provided clinical support, consultation and training to the direct and clinical staff, interns and volunteers
- Assisted with grant writing, founded, developed and facilitated the LGBTQ teen group in the Lansing area
- Collaborated with a multidisciplinary team to ensure quality care and programing for youth
- Assisted in interviewing, hiring and evaluating program staff
- Developed and utilized materials for the orientation, training, and professional development of staff and program interns/volunteers
- Ensured clinical compliance with contracts, licensing rules as well as union contracts
- Assisted with grant writing for state, federal and local grants

Relief After Violent Encounter, Inc. (now called Safe Center), St. Johns/Owosso, MI

Sexual Assault Therapist, August 2006 – March 2009

Case Manager/Residential Service Advocate, May 2006 – September 2006

- Provided survivors of sexual trauma, ages 12 and older, with individual short-term and long-term supportive counseling and advocacy
- Facilitated support groups for survivors of sexual trauma
- Provided community education on sexual assault, harassment and relationship violence
- Attended community meetings for systems change and collaboration of local services
- Initiated new outreach and fundraising events for Sexual Assault Awareness Month including the *Two Mile High Stand Against Sexual Assault - Operation Freefall*
- Provided support and resources to survivors of domestic and sexual violence in shelter and on the crisis line

End Violent Encounters, Inc., Lansing, MI

Children's Activity Coordinator, January 2006 – October 2006

- Supervised interns and volunteers implementing programs and structured activities with children in shelter
- Facilitated groups on topics of domestic violence and empowerment to ages 5 and up
- Assisted in developing a curriculum for Girls Are Powerful (GAP) group for middle school aged girls

Willow Plaza Teen Services, Lansing, MI

Peer Educator, October 2005 – January 2006

- Presented educational programs and group discussion with middle and high school students on topics related to healthy decisions
- Gained 170 hours of training knowledge on presentation skills and topics related to healthy decisions

Prevention and Youth Services, Saginaw, MI

Prevention Assistant, September 2003 – June 2005

- Provided training and implemented prevention programs throughout Saginaw County with school age youth on alcohol, tobacco and other drugs (ATODs)
- Advised youth in the Teen Tobacco Coalition and organized community meetings
- Co-facilitated the Family Youth Initiative Mentoring Program with high risk youth

INTERNSHIP EXPERIENCE

September 2005 – May 2006, **Ingham Intermediate School District, Mason, MI, MSW Intern:** Placed in Haslett Middle School, Elementary School and Wilkshire providing services to youth with Individualized Education Plans.

June 2005 – August 2005, **End Violent Encounters Inc., Lansing, MI, MSW Intern:** 7 week placement providing advocacy and counseling to survivors of domestic violence.

August 2004 – May 2005, **Bay Area Women’s Center, Bay City, MI, BSW Intern:** Co-facilitated a life skills group for survivors of domestic violence, provided counseling, advocacy and education. Completed a 40 training on domestic violence, empathy and active listening.

PROFESSIONAL PRESENTATIONS

Dubey-Zerka, A. (2019, March). Michigan ACEs Community Champions Training, School of Social Work, Lansing, MI (5 CECHs)

Dubey-Zerka, A. (2019, February). Understanding Adverse Childhood Experiences, 34th District Court, Romulus, MI

Dubey-Zerka, A. (2018, November). Trauma and the Brain, Lansing School District, Lansing, MI (6 CECHs)

Williams-Hecksel, C., **Dubey-Zerka, A.** (2018, October). Trauma and the Brain 2.0, MSU School of Social Work Continuing Education, Livonia, MI (6 CECHs)

Dubey-Zerka, A. (2018, September). Michigan ACEs Community Champions Training, Greater Lansing Cohort, Lansing, MI

Dubey-Zerka A. (2018, September). Teaching Body Safety and Consent, The Firecracker Foundation, Holt, MI

Dubey-Zerka, A. (2018, April). Understanding Adverse Childhood Experiences. Lansing School District, Lansing, MI

Dubey-Zerka, A., Munley, J. (2018, April). Understanding Adverse Childhood Experiences. Mid-Michigan Trauma Collaborative, Lansing, MI

Dubey-Zerka, A. Martin, N. (2018, April). Understanding Adverse Childhood Experiences. The Firecracker Foundation, Holt, MI.

Dubey-Zerka, A., Martin, N. (2018, March). ACES Overview and Resilience Film Screening with Discussion. Edgewood United Church, East Lansing, MI.

Dubey-Zerka, A. (2018, March). What’s Your ACE Score? Understanding Adverse Childhood Experiences. MSUFCU Community Room, East Lansing, MI. (3 CECHs)

Dubey-Zerka, A. (2018, January). Integrating the ACE Study Across SSW Curriculum. Michigan State University, East Lansing, MI.

Dubey-Zerka, A., Munley, J. (2018, January). Intro to Adverse Childhood Experiences (ACEs). Lansing School District, Lansing, MI.

Dubey-Zerka, A. (2018, January). Understanding ACES and From Birth to Adolescence Understanding Child Development. Michigan Hall of Justice, Lansing, MI.

Dubey-Zerka, A. (2017, June). Honoring and Empowering Adolescents. Michigan State University, East Lansing, MI. (1 CECH)

Forrest, K., Dontje, K., **Dubey-Zerka, A.** (2017, June). IPE Human Trafficking Workshop. Michigan State University, East Lansing, MI. (2 CECHs)

Dubey-Zerka, A. (2016, November). Marketing Matters: Lessons Learned from a Social Worker. Michigan State University, East Lansing, MI.

Williams-Hecksel, C., **Dubey-Zerka, A.** (2015, November). Core Components of Trauma Treatment: Part 2, Lansing School District, Lansing, MI.

Dubey-Zerka, A., Van Horn, G. (2015, October). How to Develop and Deliver Effective Webinars. MSU School of Social Work, Continuing Education, Zoom Online.

Williams-Hecksel, C., **Dubey-Zerka, A.** (2015, October). Core Components of Trauma Treatment: Part 1. Lansing School District, Lansing, MI.

Williams-Hecksel, C., **Dubey-Zerka, A.** (2015, October). Core Components of Trauma Treatment. Marriage and Family Therapy Conference, East Lansing, MI. (3 CECHs)

Dubey-Zerka, A. (2015, March, 2016, August). Empathy and Self Care 101. The Firecracker Foundation Volunteer Training, Lansing, MI.

Dubey-Zerka, A., Mattson-Barnes, S. (2014, February). Healing Trauma through Yoga. St. Vincent Catholic Charities Grand Rounds Trainings, Lansing, MI.

Dubey-Zerka, A. (2013, March) Adolescence. Invited lecture for SW811: Social Work Perspectives in Human Development (East Lansing Program, MSU).

Dubey-Zerka, A., Polk, L. (2012, August). Developing & Implementing An LGBTQ Teen Group. Michigan Network for Youth and Families Annual Conference, Mt. Pleasant, MI.

Dubey-Zerka, A., Grzegorek, J., (2011, March 29). Psychosocial Needs of LGBT Youth. MedFLAG Michigan State University, "Come Out for Health", East Lansing, MI.

CURRENT MEMBERSHIPS

School Advisory Committee, MSU School of Social Work

May 2017 – Present, Elected Member

Michigan Social Work Collaborative

April 2019 – Present, Co-Chair

September 2016 – 2018, Secretary

March 2015 – Present, Member

National Association of Social Workers

2004 – Present

COMMUNITY SERVICE

The Firecracker Foundation, Lansing, MI

August 2013 – December 2016, Member At-Large, Board of Directors

October 2013 – March 2016, President, Board of Directors

October 2013 – July 2017 Chair, Program Development Committee

July 2017 – Present, Member, Program Development Committee

Old Oakland Neighborhood Association, Lansing, MI

January 2013 – December 2015, Secretary, Board of Directors

June 2012 – January 2013, Member at Large, Board of Directors

July 2012 – July 2017, Committee Member, Neighborhood Watch and Safety

Sistrum, The Lansing Women's Chorus, Lansing, MI

December 2009 – August 2011, Secretary, Board of Directors

September 2009 – December 2012, September 2015 – 2017, 2018 – Present, Singing Member

SPECIAL AWARDS, RECOGNITION

Forrest, K., Dontje, K., **Dubey-Zerka, A.** (2017, October). Poster Development: Engaging Interprofessional Partners to Address Human Trafficking Training Requirements. *Presented by Forrest and Dontje Inn at St. Johns, Plymouth, MI.*

September 2017, Selected as Master Trainer, Michigan ACE Initiative: Cohort of 25

November, 2017, Received the inaugural Dubey-Zerka Volunteer Excellence Award, The Firecracker Foundation, Lansing, MI

November 2016, Named Core Faculty, Center for Gender in Global Context (GenCen), Michigan State University

April 2012, Nominated for Woman of the Year, Tribute to Women, Women's Center of Greater Lansing, Lansing, MI