

DANIEL CAVANAUGH

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EDUCATION

Michigan State University, East Lansing, MI

PhD Social Work

2015-present

Studying social work research and teaching

Research projects related to children of parents with a mental illness, adventure therapy, hospital social work, and LGBTQ programming and education

Pacific University, Hillsboro, Or

PsyD. Clinical Psychology Program

2014-2015

Studied doctoral-level clinical psychology

Michigan State University, East Lansing, MI

M.S.W. Clinical Social Work

2012

Clinical social work and international social welfare policy abroad in Helsinki and Tampere, Finland

Portland State University, Portland, OR

B.S. Psychology

2009

Areas of concentration: Child and adolescent development and applied behavior analysis

Member of Psi Chi National Honor Society

Senior Capstone: Learning Gardens Laboratory garden project with youth

EMPLOYMENT

Michigan State University, East Lansing, MI

Research Assistant

2015-Present

Provide research support to tenured faculty related to children with a parent with a mental illness, hospital social work, and LGBTQ teaching.

Morrison Child & Family Services, Portland, OR

Home Intensive Outpatient Services Therapist

2012 – 2014

Provided individual therapy, family therapy, and case management services in a community based setting to divert high acuity youth from psychiatric residential treatment

Morrison Child & Family Services, Portland, OR

School Based Therapist

2013 – 2014

Provided school based mental health services for low income clients struggling with mental health conditions.

Flushing Community Schools, Flushing, MI

School Social Worker/Intern

2011-2012

School based social work services for youth with concerns related to special education, grief and loss, and psychosocial stressors. Provided individual and group therapeutic services. Lead curriculums in special education classes, day treatment programs, and general education classroom settings.

Holly Area Schools, Holly, MI

School Social Worker/Intern

2010-2011

School based social work services for youth with concerns related to special education, grief and loss, and psychosocial stressors. Provided individual and group therapeutic services. Lead curriculums in special education classes, day treatment programs, and general education classroom settings.

Columbia Care Services, Fairview, OR

Residential Counselor

2010-2011

Qualified Mental Health Associate Services for adults struggling with concerns related to severe and persistent mental illness and psychogenic polydipsia. Worked in a residential and community setting providing assistance with activities of daily living and individual interventions and skills training.

PUBLICATIONS

PEER-REVIEWED JOURNAL PUBLICATIONS

Riebschleger, J., Grove, C., van der Ende, P., **Cavanaugh, D.**, & Bosch, A. (2017). *Expert views regarding children's knowledge needs regarding their parent's mental illness*. Manuscript in progress. Revisions are being completed

Cavanaugh, D., & Riebschleger, J., (2016). *Qualitative thematic review of English Language web-based mental health literacy resources for adolescent-aged children of parents with a mental illness*. Manuscript in progress. Data has been collected, analyzed, and coded. Initial write up was presented at conference. Presentation conversion to manuscript is underway.

PEER-REVIEWED PRESENTATIONS

Cavanaugh, D., & Riebschleger, J., (2016, November). *Mental health literacy for children of parents with a mental illness: An international collaboration*. Poster presentation at Counsel on Social Work Education's 62nd annual program meeting. Atlanta, GA.

Prock, K., **Cavanaugh, D.**, & Harold, R., (2016, November). *Is being gay good enough? Who should teach LGBTQ content and how?* Workshop accepted for presentation at Counsel on Social Work Education's 62nd annual program meeting.

Cavanaugh, D., Riebschleger, J., & Terranova, A. (2016, August). *Web-based mental health literacy resources for adolescent aged children of parents with a mental illness*. Poster presented at the Transgenerational Mental Health, Fifth annual conference on families. Sponsored by the Institut Kinderseele Schweiz, Swiss Society for Psychiatry and Psychotherapy, Swiss Society for Child & Adolescent Psychiatry and Psychotherapy, Swiss Association Pro Menta Sana, and Mental Health Network Switzerland. Basel, Switzerland.

van der Ende, P., Riebschleger, J., Grove, C., **Cavanaugh, D.**, & Bosch, A. (2016, August). *Knowledge children need to know when one of their parents had a mental illness*. Workshop presented at the Transgenerational Mental Health, Fifth annual conference on families. Sponsored by the Institut Kinderseele Schweiz, Swiss Society for Psychiatry and Psychotherapy, Swiss Society for Child & Adolescent Psychiatry and Psychotherapy, Swiss Association Pro Menta Sana, and Mental Health Network Switzerland. Basel, Switzerland.

Terranova, A., Perkins, M., **Cavanaugh, D.**, Riebschleger, J., (2016, April). *Mental health literacy in children of parents with a mental illness*. Poster presented at the 18th annual University Undergraduate Research and Arts Forum. Hosted by the Undergraduate Research Office at Michigan State University. East Lansing, Michigan.

GRANTS

Riebschleger, J., & **Cavanaugh, D.**, (2016-2017) *Mental Health Knowledge to Youth (MHKY)*. Provost's Undergraduate Research Initiative. College of Social Science: Michigan State University. Intramural grant providing funding to further undergraduate research skill acquisition through participation in faculty research projects. Awarded \$2000.

Cavanaugh, D., & Riebschleger, J., (2015-2016) *The Youth Education and Support Pilot Research Intervention (YES)*. Provost's Undergraduate Research Initiative. College of Social Science: Michigan State University. Intramural grant providing funding to further undergraduate research skill acquisition through participation in faculty research projects. Awarded \$4000 for two students.

PROJECTS

Riebschleger, J., Swierenga, S., & Beyers, T., **Cavanaugh, D.**, Ismirle, J., O'Bara, I., & Klautke, H., (2015-Present). *Mental Health Knowledge for Youth (MHKY)*. Gerstacker Foundation. A collaboration among the School of Social Work and University Outreach and Engagement to build a website to provide mental health information for youth with a family member with a mental health disorder.

Riebschleger, J., Hood, K., & **Cavanaugh, D.**, (2015-Present) *The Youth Education and Support Pilot Research Intervention (YES)*. Implementation and evaluation of ongoing school-based

prevention program for middle and high school-aged children of parent with a mental illness at Waverly Schools in Lansing, MI. Provided program support and fidelity observation.

Riebschleger, J., Grove, C., van der Ende, P., **Cavanaugh, D.**, Bosch, A. & Costello, S., (2015-Present). *Knowledge to Children*. International research group from *Parental and Family Mental Health Worldwide* that is working to explore the knowledge needs of children of parents with a mental illness (COPMI) and to develop psychometrically tested measures of mental health literacy for COPMI populations.

Cavanaugh, D., & Riebschleger, J., (2015-Present) *Adventure-Based COPMI Coping and Knowledge: Dissertation Research*. Exploring the implementation of experiential and adventure-based prevention programs for children with a parent with a mental illness.

Harold, R., Prock, K., Groben, S., & **Cavanaugh, D.**, (2016). *Academic and Personal Identity: Connection vs. Separation*. Qualitative research project to explore how social work faculty who self-identify having diverse identities incorporate or separate components of their identity in their academic careers.

Reeves, M., Hughes, A., Freddolino, P., Woodward, A., Fritz, M., Swierenga, S., Coursaris, C., & **Cavanaugh, D.**, (2015-2016) *Michigan Stroke Transitions Trial*. Randomized clinical trial using social work case management and web-based health information to help stroke patients and their caregivers following discharge from the hospital. Provided training for social work case managers and training curriculum development as well as general research assistance.

COMMUNITY SERVICE

Camp Kesem Professional Advisory Board
Portland, OR

Board Member

2012 - 2014

Provided professional advising for college student volunteers and employees of Camp Kesem. Camp Kesem provides free process oriented camp experiences for youth whose parents have been affected by cancer.

Morrison Child & Family Services/ Clackamas County Mental Health
Clackamas, OR

Organizer – “Q Center: Bridge 13 Community Education Project”

2014

Planned trainings and did community outreach to provide trainings on culturally appropriate practices for working with LGBTQ youth.

Morrison Child & Family Services
Portland, OR

LGBTQ Service Providers Committee

2013 - 2014

Committee to increase diversity and inclusion for clients, families, and employees who identify as LGBTQ. Provides trainings, community

outreach, fundraisers, and direct youth services related to LGBTQ populations.

Portland Red Dress
Portland, OR

Volunteer

2012-2014

Event volunteer for fundraising event for organizations providing services to LGBTQ clients and those affected by HIV/AIDS

Northwest Family Services
Clackamas, OR

Volunteer

2012 - 2013

Summer camp for disadvantaged youth and families in Clackamas County. Lead nature walks and educational interpretive hikes for youth campers. Also provided after school martial arts and self-defense trainings for youth enrolled in community enrichment programs.

Skate Park Recreation Committee of Flint
Flint, MI

Development Work

2010-2011

Community organizing and fundraising to support the continued maintenance and growth of recreational park in economically deprived community. Held community fundraising event, sought donors, and co-authored grant application to seek permanent funding stream to support park.

Peace Mob Community Garden
Flint, MI

Volunteer

2010-2012

Served in community garden project to remove blight and increase community in economically deprived neighborhood in Kearsley Park.

Portland State University
Portland, OR

Learning Gardens Laboratory

2009

Undergraduate capstone project teaching youth in economically deprived youth about gardening techniques and food systems. Worked directly with youth tending gardens and orchards and preparing and sampling locally grown produce.

AWARDS

Morrison Child & Family Services; Stephen Blair Award for Excellence **2013**

MSU Scholarship for Academic Excellence and Leadership

2011

TRAININGS/TEACHING EXPERIENCE

Michigan State University, East Lansing MI

Research Supervisor/Mentor

2015-2016

Supervised social work undergraduate researcher assistants in development of qualitative research projects

Morrison Child & Family Services, Portland, OR

Lecturer – “Superflex Social Skills Curriculum for Youth”

2014

Led training for mental health clinician to teach how to utilize autism specific curriculums within their practice.

DD/Mental Health Collaboration Summit, Clackamas, OR

Conference attendee/participant

2013

Oregon professional conference to build connections and explore service gaps for youth and families who receive services within multiple systems of care. Included roundtable conversations, lectures, collaboration, and relationship building.

Morrison Learning Institute Contemporary Families: Trauma, Theory, and Practice

Training Conference attendee/participant

2013

Mental health provider training conference featuring trauma informed care training by Dr. Eliana Gil, Street Yoga meditation practices, and culturally informed mental health training techniques.

MEMBERSHIPS

Psi Chi National Honor Society

APA Division 53 Society of Clinical Child and Adolescent Psychology

National Association of Social Workers

Council on Social Work Education

REFERENCES

Joanne Riebschleger, PhD, MSW

Associate Professor, Michigan State University

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*Additional references available upon request

