

CAROLYN SUTHERBY, LMSW, ACSW

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EDUCATION

Ph.D. Candidate Social Work, Anticipated graduation May 2020
Michigan State University – East Lansing, MI

Master of Social Work, April 2002
Grand Valley State University – Grand Rapids, MI

Bachelor of Science, August 1998
Major: Sociology
Major: Family Studies
Central Michigan University – Mount Pleasant, MI

UNIVERSITY TEACHING EXPERIENCE

Adjunct Professor School of Social Work Michigan State University East Lansing, MI
Spring, 2018 BSW SW-492 Inside/Out Prison Exchange Program

Adjunct Professor Sociology Department Aquinas College Grand Rapids, MI
Fall, 2018 BA SY 102 Introduction to Social Work

Fall, 2019 SY 102 Introduction to Social Work (scheduled)

Adjunct Professor School of Social Work Grand Valley State University Grand Rapids, MI

Fall, 2008 BSW SW-340 Human Behavior and the Social Environment 1

Fall, 2009 BSW SW-340 Human Behavior and the Social Environment 1

Fall, 2011 MSW SW 652 Field Education Seminar 1

Spring, 2011 MSW SW 653 Field Education Seminar 2

Winter, 2013 MSW SW 495 Capstone

Fall, 2013 BSW SW 348 Professional Development

Winter, 2014 BSW SW 322 Social Work in Health Care

Winter, 2015 BSW SW 322 Responding to Chronic Illness

Winter, 2016 MSW SW 495 Capstone

Adjunct Professor School of Social Work Western Michigan University Grand Rapids, MI

Summer, 2013 MSW SWRK 6680 Social Work Practice with Families

Fall, 2013 MSW SWRK 6100 Foundations of Social Welfare Policy

Summer, 2014 MSW SWRK 6300 Social Change and Community Analysis

Fall, 2014 MSW SWRK 6100 Foundations of Social Welfare Policy

Summer, 2015 MSW SWRK 6300 Social Change and Community Analysis

Summer, 2018 MSW SWRK 6680 Social Work Practice with Families

Summer, 2019 MSW SWRK 6680 Social Work Practice with Families (scheduled)

RESEARCH EXPERIENCE

Michigan State University- School of Social Work, East Lansing, MI

Research Assistantship with Dr. Joanne Riebschleger, September 2016-present

- Qualitative interviews with parents having a mental illness and court involvement
- Qualitative data cleaning, coding and entry
- Qualitative data analysis
- Mentor undergraduate research assistant

Michigan State University- School of Social Work, East Lansing, MI

Research Assistantship with Dr. Sheryl Kubiak, May 2017-April 2018

- Evaluation of an evidence based reentry intervention for offenders having an opioid use and mental health disorder
- Collect process and outcome level data
- Quantitative data cleaning, coding and entry
- Data analysis using descriptive and inferential statistics
- Write reports for the grant funder and State of Michigan
- Conduct focus groups with offenders in prison
- Mentor two graduate research assistants

PEER REVIEWED PUBLICATIONS

Sharda, E., **Sutherby, C.**, Cavanaugh, D., Woodward, A., & Hughes, S. (2019). Well-being, Parenting Stress, and Social Support among Kinship Caregivers. *Children & Youth Service Review*. 99, 74-80.

MANUSCRIPTS UNDER REVIEW

Hawkins, J., Velez-Ortiz, D., Lee, J., **Sutherby, C.**, Ahmedani, B. (2017). Using Path Analysis to Assess Gender Differences in the Impact of a Community Health Worker-Led Diabetes Intervention on Diabetes Self-management and HbA1c Among Latinos with T2DM. *American Journal of Men's Health*.

MANUSCRIPTS IN PROGRESS

Sutherby, C., Cavanaugh, D., Sharda, E., Woodward, A., & Hughes, S. (2018). Kinship Caregivers Parenting Satisfaction, Parenting Stress and Wellbeing.

Cavanaugh, D., **Sutherby, C.**, Sharda, E., Woodward, A., & Hughes, S. (2018). The Relationship Between Well-Being and Meaning-Making in Kinship Caregivers.

BOOK CHAPTER IN PROGRESS

Johnson, J. L., & Grant, G. (Eds.). (2019). *Casebook Series for Substance Abuse*. San Diego: Cognella Publishing.

INVITED PEER BOOK REVIEWS

Sutherby, C. (2018). Review of *Serving the Stigmatized: Working Within the Incarcerated Environment* by Wesley T. Church II & David W. Springer. New York, NY: Oxford University Press. *Journal of Sociology and Social Welfare*.

INVITED PEER ARTICLE REVIEWS

Sutherby, C. (2018). Review of A decade's tale: consent decrees and police use of excessive force. *Advances in Social Work*.

PRESENTATIONS

Sutherby, C. (scheduled 9-26-19). Mamas & Traumas: Working with mothers who have survived trauma. 2019 NASW-MI Annual Conference, Battle Creek, MI.

Sutherby, C. (4-14-19). *Alternatives to Incarceration for Mothers*. ASU Center for Child Wellbeing. Children of Incarcerated Parents National Conference, Phoenix AZ.

Sutherby, C., Sharda, L., Cavanaugh, D. (11-9-18). *Supporting kinship caregiver well-being through research, community partnership, and social work education*. Council on Social Work Education Conference, Orlando FL.

Sutherby, Carolyn (9-30-18). *Social Justice Speakers Series: Women in Criminal Justice*. Servants Community Church, Grand Rapids MI.

Sutherby, Carolyn (6-7-18). *Trauma-Informed Care with Mothers*. Spectrum Health. Grand Rapids, Michigan.

Sutherby, Carolyn (10-22-14). *Trauma-Informed Care in Perinatal/Postpartum Women*. Pine Rest Christian Mental Health. Grand Rapids, Michigan.

Sutherby, Carolyn (4-24-14). *Clinical Perspectives on Eating Disorders and Disordered Eating*. Well Spring Lutheran Services New Direction Residential Youth Facility. Farmington Hills, Michigan.

Sutherby, Carolyn (8-31-10). *Sexuality of Children: An Overview*. Lutheran Child & Family Service of Michigan Foster Parent Training. Kentwood, Michigan.

Sutherby, Carolyn (4-7-10). *Effective Use of Visitation Time*. State Court Administrative Office 6th Annual Child Welfare Services Issues Conference Keeping Families Together: Removal Prevention and Timely Reunification. East Lansing, Michigan.

Sutherby, Carolyn (1-11-10). *Eating Disorders an Overview*. Bonnie Hess Institute for Continuing Education. Kentwood, Michigan.

Sutherby, Carolyn (11-16-09). *Eating Disorders an Overview*. Bonnie Hess Institute for Continuing Education. Kentwood, Michigan.

Sutherby, Carolyn (10-19-09). *Eating Disorders an Overview*. Bonnie Hess Institute for Continuing Education. Bay City, Michigan.

PROFESSIONAL EXPERIENCE

SOR MI-REP-2 Program Coordinator, Kent County, MI

Wayne State University School of Social Work – November 2018- present

- Act as primary liaison between all involved stakeholders and systems
- Oversee implementation of pilot program
- Assist stakeholders in measuring implementation status and data interpretation
- Provide support in writing research reports and monitoring grant funding

Contractual LMSW, Grand Rapids, MI

Turning Point Programs, May 2018-November 2018

- Provide weekly supervision to LLMSW staff
- Facilitate male and female Seeking Safety groups
- Provide consultation to substance abuse services and detox staff
- Conduct trainings for nursing, social work and recovery coach staff

Therapist, Ionia, MI

Comprehensive Recovery Services Inc., May 2018-present

- Provide individual and group therapy
- Provide clinical expertise to Ionia Treatment and Sobriety Court staff
- Facilitate economic crimes therapeutic group
- Facilitate women, trauma and addiction therapeutic group
- Collaborate with child welfare and criminal justice systems to meet clinical needs of court appointed clients
- Supervise MSW intern

Medical Social Worker, Grand Rapids, MI

Spectrum Health Helen Devos Children's Hospital Emergency Department, July 2015-November 2017

- Provide social work services to children and families
- Respond to medical traumas and provide psycho-social needs during the crisis
- Complete biopsychosocial assessments and discharge plans with patients

- Complete suicide assessments and create safety plans with patients and families
- Provide social work coverage for Adult Emergency Department as needed

Behavioral Health Specialist, Sparta, MI

Spectrum Health Medical Group Sparta Family Medicine, January 2015- July 2015

- Provide behavioral health services to patients in primary care office
- Complete biopsychosocial assessments and create treatment plans
- Complete trauma assessments and refer patients to appropriate clinical services
- Collaborate with interdisciplinary team to assist patients in improving their behavioral and physical health
- Provide clinical consultation and trainings to medical staff
- Provide therapy to patients
- Supervise master level social work students

Medical Social Work, Grand Rapids, MI

Spectrum Health Medical Group, July 2010- January 2015

- Provide social work services to patients through primary care physician offices
- Supervise master and bachelor level social work students
- Coordinate student internships with area universities
- Develop social work program and create self-sufficient department
- Provide clinical consultation and trainings to medical staff
- Facilitate Parent Support Group at Pediatric Medical Office

Clinical Case Manager, Grand Rapids, MI

Pine Rest Christian Mental Health Mother/Baby Program, October 2013-August 2014

- Provide therapy to women diagnosed with Perinatal/Postpartum Mood Disorders and Post Traumatic Stress Disorder
- Complete diagnostic clinical assessments and formulate treatment plan
- Create after care plan upon patients discharge

Clinical Program Supervisor/Therapist, Kentwood, MI

Lutheran Child & Family Service of Michigan, September 2009 – July 2010

- Supervised therapists, students and behavior modification specialists
- Coordinated ongoing personnel issues of unit and conduct evaluations
- Tracked and reported program data and maintained
- Provided child, adolescent, adult, group and couples therapy
- Completed diagnostic assessments
- Developed and implement treatment plans

Foster Care Program Supervisor, Kentwood, MI

Lutheran Child & Family Service of Michigan, March 2005 – September 2009

- Supervised team of therapists, case managers, support staff, and students
- Coordinated ongoing personnel issues of unit
- Developed employee performance expectations and conduct evaluations

- Managed ongoing quality monitoring, policy review and process improvement activities
- Organized and lead weekly staff meetings
- Worked with program director in developing and maintaining budget
- Assured overall unit compliance with state/agency policies and procedures

Therapist, Kentwood, MI

Lutheran Child & Family Service, April 2004 – March 2005

Private Practice, March 2005 - 2010

- Provided child, adolescent, adult, group and couples therapy
- Provide trauma focused cognitive behavioral therapy
- Proficient in play therapy
- Completed diagnostic assessments, developed and implement treatment plans
- Presented trainings to foster parents, co-workers and community organizations

Foster Care Caseworker/Therapist, Kentwood, MI

Lutheran Child & Family Service of Michigan, May 2001 – April 2004

- Provided therapy and case management for foster children and families
- Completed required reports for DHS, court and schools
- Gave testimony and made recommendations at court hearings
- Performed emergency on-call intervention

Residential Counselor, Grand Rapids, MI

Horizons of West Michigan, August 2000 – May 2002

- Support adults with mental illness, substance abuse and trauma
- Assist clients in daily living skills
- Provide direct crisis intervention and support

Social Worker, Galway, Ireland

GVSU Study Abroad Program, May 2001

- Complete assessments and develop treatment plans
- Provide home based counseling
- Facilitate substance abuse group

AmeriCorps National Rapid Response Corps Member, Philadelphia, PA

American Red Cross, September 1998 – August 1999

- Provide community disaster education and emergency assistance to victims of local and national disasters
- Educate youth and adults on emergency services provided by the American Red Cross

SERVICE

2019-Present Kent County Board of Commissioners Community Corrections Board Member

2019-Present DWC Teaching and Pedagogy Committee Member
 2018-Present JustLeadershipUSA Member
 2018-Present Division on Women & Crime American Society of Criminology Member
 2017-Present WMU Grand Rapids MSW Program Advisory Board Member
 2017-Present Humanity for Prisoners Advisory Panel
 2015-Present Women’s Recovery Meeting Volunteer Kent County Correctional
 Facility
 2013-Present MomsBloom Community Liaison
 2010-Present Kent County Postpartum Depression Coalition Member
 2009-2013 Kent County Trauma Awareness Task Force Member
 2010-2014 Spectrum Health Postpartum Depression Support Group Therapist
 2013-2014 Michigan Eating Disorders Alliance Board of Directors Member
 2005-2010 Pathways of Kent County Committee Member
 2004-2010 Michigan Federation for Children and Families Member

CERTIFICATIONS

Beyond Trauma: A Healing Journey for Women 2017
 International Inside-Out Prison Exchange Program Instructor 2018
 Prison Yoga Project Certification 2017
 Academy of Certified Social Workers (ACSW) N.A.S.W. Certification

LICENSURES

Licensed Clinical and Macro Social Worker (LMSW) State of Michigan

HONORS

Lisa Putman Award for Excellence in Child Welfare Recipient 2009
 Helen DeVos Children’s Hospital Emergency Department Customer Service of the Month
 Award 2017