Whether you want to learn about the nature, scope, and impact of ethics within the social work field, or you are interested in learning new skills involved in specialized treatment and therapies for youth and families, the IN-PERSON electives offered this summer by faculty in the MSU School of Social Work provide you the opportunity to expand your horizons, cover new territory, and have some fun while you earn elective credits.

Summer Session A: 1-CREDIT COURSES

- **SW891, Section 303 – Advanced Adolescent Substance Abuse Treatment.** Class meets 5/17 & 5/18 from 9:00-4:30. Room 300 Human Ecology Building.
- **SW891 Section 301 – Doing the Right Thing in Times of Uncertainty: Ethical and Transformative Leadership.** Class meets 6/1 from 9:00-4:30. Room 300 Human Ecology Building.
- **SW891, Section 305 – Finding Opportunities in Crisis: A Practical Approach to Crisis Intervention Work.** Class meets 6/7 & 6/8 from 9:00-4:30. Room 300 Human Ecology Building.

Summer Session B: 1-CREDIT COURSES

- **SW891, Section 302 – Dialectical Behavior Skills Training.** Class meets 7/12 & 7/13 from 9:00-4:30. Room 300 Human Ecology Building.
- **SW891, Section 307 – Ethical Use of Technology in Social Work.** Class meets 7/19 & 7/20 from 9:00-4:30. Room 300 Human Ecology Building.
- **SW891, Section 701 – Cognitive Behavioral Therapy (CBT) for Anxiety.** Class meets 7/26 & 7/27 from 8:00-3:45, Great Wolf Lodge, Traverse City, MI

See descriptions of 6 in-person courses in this flier and online at https://socialwork.msu.edu/Students/Summer-Electives
You may send general inquires to socialwork@ssc.msu.edu.

How to enroll for Summer 1-Credit Electives:

All current MSU students will follow standard enrollment procedures for summer courses. Specific information is at http://reg.msu.edu/roinfo/Enrollment.aspx

All of these courses are open to non-social work majors as well. Please contact Brooke Pline (plinebro@msu.edu) and provide the course number, section and PID to receive an override to register. These classes are available on a first-come, first served basis.
Advanced Adolescent Substance Abuse Treatment

Effective adolescent substance abuse treatment requires different and unique perspectives than adult substance abuse treatment. Adolescent treatment requires that the clinician or program understands what creates change in adolescents, the unique challenges and strengths of adolescents, understanding of philosophies of adolescent substance abuse treatment, and understanding the best practice interventions that can be tailored to an adolescent client. These topics and more will be discussed throughout this course. This course will use a variety of engagement techniques for learning, including small group, visual aids, and practical techniques.

**SW891, Section 303 • 1 credit**

Class meets 5/17 & 5/18 from 9:00-4:30. Room 300 Human Ecology Building.

Instructor: Anthony Muller, MA, LPC, CAADC, CCS, has worked in the mental health and substance abuse field for 21 years. He is an experienced trainer with local, statewide, national, and international training experience. He currently works for Wedgewood Christian Services and is the director of clinical and business development. Although he has administrative responsibilities, he is able to continue doing weekly clinical work with adolescents in Kent County. He has been married for 20 years and has 4 sons ages 14, 11 and two 7-year-olds.

Doing the Right Thing in Times of Uncertainty: Ethical and Transformative Leadership

Leading social or organizational change with integrity, especially in times of uncertainty such as these, takes a solid set of resources (concepts, skills, and tools) that many social work managers, leaders, and macro-practitioners lack. Drawing on some of the best writing and thinking in the fields of leadership, social and organizational change, and ethics, this course provides the participants with the concepts and tools necessary for effective ethical leadership and management, with an emphasis on transformative leadership/change management. These tools include an approach to the resolution of the ethical dilemmas inherent in leadership, change agency, and a wide variety of macro social work practices.

**SW891, Section 301 • 1 credit**

Class will meet 6/1 from 9:00-4:30. Room 300 Human Ecology Building.

Instructor: Robert Sheehan, LMSW, MBA, is the CEO of the Community Mental Health Association of Michigan, representing Michigan’s mental health system, its private sector partners, and those served by this system. He has worked in a range of social work settings, focusing on a range of social issues, including anti-poverty programs, migrant farmworker needs, at-risk youth, women’s health, and mental health and substance use disorders.

Finding Opportunities in Crisis: A Practical Approach to Crisis Intervention Work

Crisis work can be some of the most challenging and rewarding work in the mental health field. Individuals and families in crisis present professionals with a unique opportunity to have a major impact in a very short amount of time. Crisis intervention also comes with its own notable risks. In this two-day course, you will go through the basics of crisis intervention from the moment of first contact to the aftermath you arrange. You will learn about the importance of how family dynamics can affect crises in addition to the other risk factors that influence crisis work.

**SW891, Section 305 • 1 credit**

Class meets 6/7 & 6/8 from 9:00-4:30. Room 300 Human Ecology Building.

Instructor: Jody Nelson, LMSW, graduated from MSU and has worked as a home-based therapist for ten years and a children’s emergency services therapist for seven years. He is currently a prevention therapist in the Families Forward program at CEI-CMHA.

Dialectical Behavior Skills Training

DBT is a multi-modal treatment. Although skills training is a single mode, it is by far the most popular mode of DBT. Many programs begin implementing this mode in the beginning of learning how to develop their DBT program. Perfect for support staff, those working on the front lines, and for direct care clinicians, this course will primarily focus on the concepts and the foundation of the DBT skills while at the same time helping those clinicians experienced in DBT expand their knowledge. You can also expect to learn how to structure and format a skills training group, understand the roles and functions of facilitators, begin to teach the concepts of the DBT skills, identify and confront specific therapy-destroying behaviors found in group, lead meaningful mindfulness exercises, and assign specific homework assignments to help strengthen skill generalization.

**SW891, Section 302 • 1 credit**

Class meets 7/12 & 7/13 from 9:00-4:30. Room 300 Human Ecology Building.

Instructor: Josh Smith, LMSW, BCD, is a licensed clinical social worker in the State of Michigan. He is the owner of the DBT Institute of Michigan and supervises clinicians in DBT. Josh completed his 10-Day Intensive DBT training in 2004 through Behavioral Tech, a company founded by Marsha Linehan, PhD. He has trained and given numerous lectures on DBT and topics related to Borderline Personality Disorder within various settings, including universities, hospitals, outpatient programs, and residential treatment centers. He is currently leading the training initiative of evidenced-based DBT for the Michigan Department of Health and Human Services.

Ethical Use of Technology in Social Work

Facebook, Snapchat, Instagram, LinkedIn, and other social media advances have left many professionals confused about the potential benefits and challenges of incorporating technology into practice. Many of us are also unaware of the best ways to protect our online identities and how to create a professional online presence. This course will give you tools and strategies for separating personal and professional online identities, with a focus on the new NASW rules and regulations around technology use in professional practice (professional networking, continuing education, evidence-based practice, professional consultation). This course will also provide ethical considerations of technology and social media related to each (connecting with clients online, “safe sharing,” protecting online identities, professional conduct online). You will learn best practice strategies for online professional interaction via small and large group discussions and practical applications. Please bring your laptop, tablet, or smart phone to fully participate in this course.

**SW891, Section 307 • 1 credit**

Class meets 7/19 & 7/20 from 9:00-4:30. Room 300 Human Ecology Building.

Instructor: Erica Shifflet-Chila, PhD, LMSW
https://socialwork.msu.edu/About-Us/Faculty-Staff/Erica-D-Shifflet-Chila

Cognitive Behavioral Therapy (CBT) for Anxiety

Anxiety disorders are extremely prevalent; however, finding access to evidence-based treatment remains a challenge. The focus of this skill-based mini course is on the concepts, theory, principles, and procedures appropriate to the assessment and effective cognitive-behavioral therapy of adults with anxiety disorders. In addition, the diagnostic changes in the anxiety disorders spectrum that occurred in DSM-5 will be addressed. The course content reflects advanced material of current relevance for effective clinical practice and issues associated with effective assessment and implementation of a variety of anxiety disorders.

**SW891, Section 701 • 1 credit**

Class meets 7/26 & 7/27 from 8:00-3:45, Great Wolf Lodge, Traverse City, MI.

Instructor: Laura Lokers, LMSW, is a licensed clinical social worker and co-founder of the Anxiety and OCD Treatment Center of Ann Arbor. She is an adjunct professor at the University of Michigan School of Social Work. She has specialized training in Cognitive Behavioral Therapy for a variety of anxiety, mood, OCD, and OCD-related disorders. In addition to clinical treatment and clinical supervision, Lokers has also been involved in clinical research, primarily in the area of Obsessive Compulsive Disorder and OCD spectrum disorders. Currently, she is a member of the Washtenaw Hoarding Task Force.