11TH ANNUAL
GREAT LAKES SUMMER INSTITUTE
Advancing knowledge in clinical and macro social work practice

Choose from two-day, one-day, and half-day intensive professional development courses designed to advance your practice

July 23, 24, 25 & 26, 2019
at the Great Wolf Lodge
3575 N. US Highway 31 South, Traverse City, MI 49684

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Designed to blend meaningful learning with maximum relaxation, the Great Lakes Summer Institute is held in beautiful Traverse City. Minutes from the famous Grand Traverse Bay, the Institute will be held at the Great Wolf Lodge where you can enjoy the premiere Elements Spa, play in Fort Mackenzie, splash around a four-story interactive waterpark, and choose any or all of three onsite dining experiences.

A special room rate is available to GLSI attendees until June 23, 2019, so register today! Come, relax and learn!

To make your hotel reservation, call: 1-866-962-9653.
Mention immediately upon talking to a reservationist that you are booking a room from the MSU Social Work room block and that your group number is 1709MSUS.

Check in is at 4:00 PM; check out is at 11:00 AM. All guests arriving before 4:00 PM will be accommodated as rooms become available. Waterpark passes will be issued upon check in if your party wishes to use the waterpark before the overnight room is available. An additional $14.99 resort fee per room, per night applies.

Great Lakes Summer Institute customers needing a check out later than 11:00 AM must mention this when checking in. Additional fees may apply.

Reservations must be made using this information and be received by June 23, 2019. Reservation requests received after this date will be taken on a space available basis.

Family Suite Group Rate, includes 4 waterpark passes

<table>
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<th>Dates:</th>
<th>July 23–26, 2019</th>
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| $149*  | Extra person charge beyond 4 people: $50 per person, per night

*Rates are per room, per night. Rates are subject to a 6% Michigan Sales Tax and a local CVB Assessment Tax.

REGISTER FOR COURSES BY JULY 9 AND SAVE!
ROOM RATES ARE AVAILABLE UNTIL JUNE 23, 2019
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2019 Great Lakes Summer Institute
July 23, 24, 25, 26, 2019 • Traverse City, MI

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- Organization/agency ad in the institute registration packet, on our website and social media and in our 2019 Summer/Fall Catalog (distributed to over 18,000 social workers).
- Free registration packet insert.
- Two complimentary full institute registrations.

Keynote Sponsor: $2,000
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- Free registration packet insert.
- Two complimentary full institute registrations.

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- Organization/agency ad included in the institute registration packet and social media.

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Purchase an Ad: $500
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- Purchase an Ad $500

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Contact Amanda Dubey-Zerka at dubeyama@msu.edu with questions and to reserve your sponsorship.
# 11th Annual Great Lakes Summer Institute

**Monday, July 22, 2019**

**Pre-Institute**
- Full Day
- More information coming soon!
- National Speaker and Author: Maggie Kline, MS, LMFT, SEP

**Tuesday, July 23, 2019**

**Keynote**
- Registration 1:30 PM
- Program 2:00 PM – 4:00 PM
- Welcome and Keynote: More information coming soon!
- Speaker: Maggie Kline

**Wednesday, July 24, 2019**

**Full-Day**
- Registration 7:30 AM
- Program 8:00 AM – 3:45 PM
- Love, Loss, and Forgiveness
- Resolving Rather than Managing Chronic Pain: The Brain’s Response to Trauma
- The Science of Clinical Supervision: Advancing Competency in Clinical Social Work

**AM Session**
- Registration 7:30 AM
- Program 8:00 AM – 11:15 AM
- Trauma Informed Organizations
- Healing Racial Violence: The Power of Consciousness and Communication

**PM Session**
- Registration 12:00 PM
- Program 12:30 PM – 3:45 PM
- Intergenerational Trauma: The Impact on Indigenous Communities
- Mental Health in Disaster Settings

**Thursday–Friday, July 25-26, 2019**

**Full-Day**
- Registration 7:30 AM
- Program 8:00 AM – 3:45 PM
- Emotional Resilience in Social Work Practice

**Thursday, July 25, 2019**

**Full-Day**
- Registration 7:30 AM
- Program 8:00 AM – 3:45 PM
- Seeking CALM in Chaos: Empowering the Helper and Client
- Involved in the Business of Death

**AM Session**
- Registration 7:30 AM
- Program 8:00 AM – 11:15 AM
- Sandtray: Getting Started (Play Therapy Technique)
- Trauma Assessment for Use in Child Practice
- Mental Health in the Foster Home: Coaching Foster Parents in Suicide Prevention***Registration is online only***

**PM Session**
- Registration 12:00 PM
- Program 12:30 PM – 3:45 PM
- Advanced Sandtray Interventions (Play Therapy Technique)
- Trauma Assessment for Use in Adult Practice
- Family Interventions and Therapy for Adolescent Substance Abuse***Registration is online only***

**Friday, July 26, 2019**

**Full-Day**
- Registration 7:30 AM
- Program 8:00 AM – 3:45 PM
- Advanced Adolescent Substance Abuse Treatment
- Igniting Greatness: Building Resilience in Traumatized Families and the Nurtured Heart Approach

**AM Session**
- Registration 7:30 AM
- Program 8:00 AM – 11:15 AM
- Ethics for Social Workers and Substance Use Disorder Providers in the 21st Century

**PM Session**
- Registration 12:00 PM
- Program 12:30 PM – 3:45 PM
- Promoting Resiliency Through Trauma Informed Supervision
- Promoting Resiliency Through Leading and Belonging to Trauma Informed Teams
Comments from GLSI attendees...

“Nice program and casual setting was comfortable and conductive to learning. Thanks!”

—Mary Corrigan, Foster Care Therapist

“This is my 2nd time attending GLSI. It is well organized. The conference setting is comfortable; the course material is relevant and well presented. I also love paying only for what I register for.”

—Mary T. Kinzie, Social Worker

“I love this training and location…. I have increased my tool box while being able to have fun with my family!”

—Heather Ketzler, Clinical Therapist

“I am very pleased overall with the conference and will most likely return next year! The location was perfect as my family could enjoy their time while I was learning.”

—Jennifer Thayer, Clinical Supervisor

“Conference and accommodations were fantastic!”

—Susan Hoffman

“Wonderful overall conference.”

—Mary Cook

“Again, another great conference—great place, great topic, great time of year :) The perfect trifecta.”

—Cathy Stinson, School Social Worker

“I am never disappointed in the Summer Institute. I appreciate the a la carte approach.”

—Anonymous
Join us in welcoming Maggie Kline, MS, LMFT, SEP!
More information on this keynote session coming soon!
#4426

Date: Tuesday, July 23, 2019
Time: Registration 1:30 PM • Program 2:00 PM – 4:00 PM
CECHs: 1.5*
Questions: swkce@msu.edu or call 517-353-3060

2:00 PM – 2:05 PM Great Lakes Summer Institute Welcome
2:05 PM – 2:10 PM Introduction of Speaker
2:15 PM – 3:55 PM Keynote by Maggie Kline
3:55 PM – 4:00 PM Conclusion

*FREE EVENT
*Registration still required

CE faculty: Maggie Kline has been a marriage, family, and child therapist in private practice for over 30 years. She studied with Dr. Peter A. Levine, the originator of Somatic Experiencing, a physiologically-based trauma prevention and treatment method based on the most up-to-date neuroscience. Kline was soon recognized as a trauma expert, integrating S.E. with art, movement, play, dream work, and social engagement games. Additionally, she created “Trauma Through a Child's Eyes PlayShops,” taught in 35 cities on five continents for professionals who help children, parents, and schools. Maggie led the first team of volunteers to use SE in Thailand after the Southeast Asian Tsunami and conducted an emotional first aid workshop for teachers and parents after the Norwegian massacre in 2011. She presents at play therapy and trauma conferences in the U.S. and in Europe. She is the co-author of It Won't Hurt Forever—Guiding Your Child through Trauma (Mothering Magazine, Jan-Feb 2002), Trauma Through a Child's Eyes—Awakening the Ordinary Miracle of Healing (North Atlantic, Berkeley, 2007, and Trauma Proofing Your Kids—A Parents’ Guide to Instilling Confidence, Joy and Resilience, March, 2008—all with Dr. Peter Levine. Maggie also completed a series of 15 video interviews produced and offered free to parents by www.kidsinthehouse.com to help children cope with trauma and grief. Her current project for North Atlantic Books is HeARTwork, Bringing Kids to Their Senses, an essential handbook for educators eager to teach traumatized children to become aware, embodied, focused, empathetic, and successful.
Love, Loss, and Forgiveness #4427

The consequences of unresolved grief and traumatic losses contribute to depression, anxiety, and a host of other mental health difficulties. For you, having effective tools to help clients face and work through these difficulties is essential. In addition, you must address your own loss and grief history in order to keep from projecting it onto clients. It is helpful to develop an arsenal of tools to guide us from a paradigm of fear and/or denial, to shifting toward one of compassion and forgiveness. You will learn concepts and techniques to help with unresolved grief and traumatic losses. This workshop is practical and experiential, working in both large and small group formats. You will learn about the notion of a storytelling triad (storyteller, guide, witness), and the use of these roles in exploring unresolved grief and trauma. As you work in small groups of three, you will learn how each of those roles can give a unique perspective on healing our losses and wounds. Throughout the workshop, you will participate in exercises that address developmental, psychological, creative, and spiritual aspects of love, loss, and forgiveness.

Date: Wednesday, July 24, 2019
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6
CE faculty: Cynthia Morgan, PhD
Bonnie Wheeler, MA

Resolving Rather than Managing Chronic Pain: The Brain’s Response to Trauma* #4428

Health professionals often work with patients who present with chronic health symptoms that appear to have no direct explanation, including pain, anxiety, depression, fatigue, and insomnia. In this workshop, you will learn about the individual differences between clients who are experiencing pain and how trauma and unresolved emotional experiences often contribute to these conditions. You will learn about the current research related to clients with chronic pain who do not have a nociceptive component to their pain, but rather pain that is generated by neural pathways in the brain. You will learn about the neurological basis for this view and strategies for working with such clients. In addition, you will learn about the overall impact of trauma on the brain and how it contributes to chronic pain. This workshop will incorporate small and large group interactive activities and discussions.

Date: Wednesday, July 24, 2019
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6
CE faculty: Howard Schubiner, MD

The Science of Clinical Supervision: Advancing Competency in Clinical Social Work #4429

In a 2013 published study, 93% of counselors were receiving inadequate supervision, and 35% were receiving harmful supervision. Many organizations are challenged to provide supervision due to multiple facilities, supervisors performing both clinical and administrative duties, with some supervisors even carrying a partial client caseload. Yet, insuring clinician competency, guarding against liability issues, adhering to evidence-based practices, and retention of counseling staff all require consistent, competent, and conceptually sound supervision. With behavioral health programs experiencing staff shortages, supervision represents an investment returning multiple dividends.

Date: Wednesday, July 24, 2019
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6
CE faculty: Thomas (Tom) L. Moore, LMSW, LLP, CAADC, CCS

*Trauma Certificate elective and core courses can be taken as part of the Trauma Certificate or as stand-alone courses.
Trauma Informed Organizations* #4430

There are a number of distinct characteristics of trauma-informed organizations. It is important that organizations intentionally assess and examine how these characteristics present themselves within different service settings within a community. You will learn about and understand the characteristics typically seen, while discussing and creating specific strategies to become a more trauma-informed organization. By becoming more trauma informed at the organizational level, you will develop tools to avoid re-traumatizing consumers starting at the front door.

Date: Wednesday, July 24, 2019
Time: Registration 7:30 AM • Program 8:00 AM – 11:15 AM
CECHs: 3
CE faculty: Cheryl Williams-Hecksel, LMSW

Healing Racial Violence: The Power of Consciousness and Communication* #4431

Understanding the origins of racial conflict and trauma from a human services perspective, allies within our community will be able to assist in addressing privilege and oppression, address and acknowledge hate crime concerns, while promoting equal opportunity efforts that help communities, public agencies, businesses, and schools identify and prevent or eliminate illegal discrimination, bias, and unfair practices. This will open up a cross-cultural communication among peers and colleagues that will offer incident response methods and address the underlying, long-term effect on community relations.

Date: Wednesday, July 24, 2019
Time: Registration 7:30 AM • Program 8:00 AM – 11:15 AM
CECHs: 3
CE faculty: Shani Saxon, LMSW
Marya Sosulski, PhD, MSW

Intergenerational Trauma: The Impact on Indigenous Communities* #4432

For generations, Indigenous and Tribal Nations have endured ongoing, intermittent trauma through colonialism, mass forced migration, war, and many other present day incidents. This intergenerational trauma has resulted in studies supporting the idea that long-term trauma affects families and communities across generations, negatively affecting mental and physical health. In this workshop, you will explore the impact of historical trauma on communities. You will also learn about strength-based approaches to helping communities face crisis and trauma. You will learn practical and theory-based examples of helping communities create positive space for empowering resilience and protective factors toward transcending trauma and promoting healing.

Date: Wednesday, July 24, 2019
Time: Registration 12:00 PM • Program 12:30 PM – 3:45 PM
CECHs: 3
CE faculty: Don Lyons

Register for the above workshops by July 9 to receive a discount. Pricing available online or on page 15.
Mental Health in Disaster Settings* #4433

Providing mental health during a disaster is different from everyday practice. This workshop will look at those practice differences and what skill set is needed to be a mental health provider in this setting. There will be a review of the principles of psychological first aid, understanding the disaster environment, and promoting client resilience. This workshop will also prepare you for disaster in personal and professional settings.

Date: Wednesday, July 24, 2019
Time: Registration 12:00 PM • Program 12:30 PM – 3:45 PM
CECHs: 3
CE faculty: Susan Sefansky, LMSW, ACSW

Emotional Resilience in Social Work Practice #4422

Emotional Resilience is an often untapped resource in all people. Building capacity for emotional resilience and psychological flexibility is essential for effective social work practice, while also protecting you against the impact of secondary trauma. Resilience training will allow you to do good work at less physical and emotional cost to you. These core skills can easily and effectively transfer to your work and clientele in a wide variety of clinical and non-clinical settings. This trauma-informed, research-based course will introduce you to a resilience training model that incorporates basic principles of healthy human psychological functioning as well as other theories such as: Acceptance and Commitment Theory, Shame Resilience Theory, Mindfulness-based Stress Reduction, Mindful Self-compassion, and Oppression Theory. You will be able to recognize common strategies we use to discharge pain and shame, incorporate compassion practices, and implement strategies from various evidence-based resilience models.

Date: Thursday–Friday, July 25–26, 2019
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM both days
CECHs: 12
CE faculty: Lisa Laughman, LMSW

Seeking CALM in Chaos: Empowering the Helper and Client #4434

This workshop is designed to be a day of self-discovery as well as an introduction to the evidence-based Internal Family Systems (IFS) Model created by Richard Schwartz. This model is intended to revitalize both internal healing as well as work with clients. IFS is based on the principle that we all have different sub-personalities or parts that have positive intent but when out of balance can create havoc. The “self” is our true and spiritual center. According to IFS, qualities of the “self” include compassion, curiosity, connection, calm, courage, clarity, caring, and creativity. As clinicians, the tool we bring to our work is our selves. In order to be an effective tool, it requires a willingness to look inward. You will learn and practice skills that support a non-pathologizing and empowering method in service of the helper as well as client. You will integrate principles and concrete strategies related to shame resilience, mindfulness, and self-compassion in support of inviting “self” to be the leader. Be prepared to participate in small and large group discussions, activities, and strategy building that will help you learn tools you can use in practice.

Date: Thursday, July 25, 2019
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6
CE faculty: Annie Lange, BSN, LMSW, ACSW

Register for the above workshops by July 9 to receive a discount. Pricing available online or on page 15.
Involved in the Business of Death #4435

Talking about death often provokes discomfort, anxiety, and fear. This workshop will provide an opportunity to explore issues surrounding one’s own death, including the business of death, funerals and rituals, and end-of-life conversations with family and friends. Examining these components of death will enable social workers to increase their comfort level in conversations with clients, become better advocates, and understand how the grief trajectory may be influenced by events that do or do not happen at the time of death.

Date: Thursday, July 25, 2019
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6
CE faculty: Susan Sefansky, LMSW, ACSW

Sandtray: Getting Started (Play Therapy Technique) #4436

Sandtray World Play is a unique model and intervention that provides the client with the opportunity to make sense of their world through the use of sand, figurines, and play. It can be used with children/teens, adults, and in group processes. In this workshop, you will learn about the history and development of Sandtray as a therapeutic intervention. You will learn about the basic concepts of Sandtray Worldplay as well as the basic steps to implementing Sandtray Worldplay. The workshop will include a combination of history, theory, and experiential processing, including use of sand, figurines, and practice segments.

Date: Thursday, July 25, 2019
Time: Registration 7:30 AM • Program 8:00 AM – 11:15 AM
CECHs: 3 • APT - #08-229
CE faculty: Shana Bombrs, LCSW
Kelly Thomas, LCSW

Play therapy credit will not be awarded to non-mental health professionals.

Trauma Assessment for Use in Child Practice* #4437

This workshop will teach evidence-based, theoretically informed trauma assessment for young children, school-age children, and adolescents. A developmentally and culturally informed perspective on traumatic experiences in children will be discussed and used to help practitioners choose appropriate assessments. Best practices, using a culturally informed lens, for assessment in each of the age groups will be presented, and case examples will be used for the purpose of discussion and application.

Date: Thursday, July 25, 2019
Time: Registration 7:30 AM • Program 8:00 AM – 11:15 AM
CECHs: 3
CE faculty: Alytia Levendosky, PhD

*Trauma Certificate elective and core courses can be taken as part of the Trauma Certificate or as stand-alone courses.
Mental Health in the Foster Home: Coaching Foster Parents in Suicide Prevention #606-19

Children in foster care are at a significantly higher risk of suicidal thoughts and action than the general population, but foster parents typically have little to no training in basic youth mental health issues, prevention, or crisis planning. In this workshop, you will learn strategies for coaching foster parents on issues of mental health awareness and suicide prevention. You will develop an expanded awareness of the importance of risk factors and safety planning and be better able to coach foster parents on these topics.

Date: Thursday, July 25, 2019
Time: Registration 7:30 AM • Program 8:00 AM – 11:15 AM
CECHs: 3
Price: Free to all DHHS and private agency child welfare workers. All others, register by July 18 to SAVE. Pricing and REGISTRATION ONLINE ONLY.
CE faculty: Jody Nelson, LMSW

Advanced Sandtray Interventions (Play Therapy Technique) #4438

Sandtray has been in practice since the 1940s but is becoming more and more researched as an evidence-informed model of therapy. This workshop will build on the morning workshop or your previous experience with Sandtray, moving into more advanced techniques utilizing an experiential journey in Sandtray/Sandtray World Play technique. You will have the opportunity to practice directive and non-directive techniques utilized in the Sandtray. You will have the opportunity to use Sandtrays and sand with imagery to build a Sandtray World and discuss adaptations that will enhance your current use of Sandtray.

Date: Thursday, July 25, 2019
Time: Registration 12:00 PM • Program 12:30 PM – 3:45 PM
CECHs: 3 • APT - #08-229
CE faculty: Shana Bombrys, LCSW  
Kelly Thomas, LCSW

Play therapy credit will not be awarded to non-mental health professionals.

Trauma Assessment for Use in Adult Practice* #4439

This workshop will teach evidence-based, theoretically-informed trauma assessment for adults, with a focus on assessment of post-traumatic stress disorder (PTSD). A culturally informed perspective on traumatic experiences in adults will be discussed and used to help practitioners choose appropriate assessments. Using a culturally informed lens, best practices for assessment will be presented, and case examples will be used for the purpose of discussion and application.

Date: Thursday, July 25, 2019
Time: Registration 12:00 PM • Program 12:30 PM – 3:45 PM
CECHs: 3
CE faculty: Jason Moser, PhD

*Trauma Certificate elective and core courses can be taken as part of the Trauma Certificate or as stand-alone courses.
Family Interventions and Therapy for Adolescent Substance Abuse #607-19

Unhealthy adolescent behaviors occur due to past experiences and often have roots in family systems or family dysfunction. This workshop will address different levels of parent and family interaction in different phases of an adolescent’s treatment. An emphasis will be placed on how to negotiate the disclosure of information between adolescent and parents, ideas to assess and identify parental personal issues that impact the adolescent, an overarching philosophy of adolescent substance abuse therapy, and ideas on how to present this to parents as well as techniques for parents and adolescents to engage in productive work once a philosophy and alliance have been built between therapist, adolescent, and parent.

Date:  Thursday, July 25, 2019  
Time:  Registration 12:00 PM • Program 12:30 PM – 3:45 PM  
CECHs:  3 • Substance Use Specific  
Price:  Free to all DHHS and private agency child welfare workers. All others, register by July 18 to SAVE. Pricing and REGISTRATION ONLINE ONLY.  
CE faculty:  Anthony Muller, MA, LPC, CAADC, CCS

Advanced Adolescent Substance Abuse Treatment #4440

Effective adolescent substance abuse treatment requires different and unique perspectives than adult substance abuse treatment. Adolescent treatment requires that the clinician or program understands what creates change with adolescents, the unique challenges and strengths of adolescents, philosophies of adolescent substance abuse treatment, and the best practice interventions that can be tailored to an adolescent client. These topics and more will be discussed throughout the course of this workshop.

Date:  Friday, July 26, 2019  
Time:  Registration 7:30 AM • Program 8:00 AM – 3:45 PM  
CECHs:  6 • Substance Use Specific  
CE faculty:  Anthony Muller, MA, LPC, CAADC, CCS

Igniting Greatness: Building Resilience in Traumatized Families and the Nurtured Heart Approach* #4441

In the human service world and that of our community, we are continually faced with challenges that can lead to tremendous suffering. This workshop will focus on tools, skills, and models that support resiliency. Concrete strategies related to mindfulness, shame resilience, psychological flexibility, and self-compassion will be discussed. The framework of the Nurtured Heart Approach will also be discussed in depth. This is a model designed to develop the greatness in every child and family even in the most difficult circumstances. By combining both resiliency strategies and the Nurtured Heart Approach, you will learn techniques and strategies to create powerful experiences of success for families. This interactive workshop will include large/small group discussion and small group practice.

Date:  Friday, July 26, 2019  
Time:  Registration 7:30 AM • Program 8:00 AM – 3:45 PM  
CECHs:  6  
CE faculty:  Annie Lange, BSN, LMSW, ACSW

Register for the above workshops by July 9 to receive a discount. Pricing available online or on page 15.
Ethics for Social Workers and Substance Use Disorder Providers in the 21st Century #4442

The conceptual foundation of ethics represents an inherent and essential framework for behavioral health, including clinical social work. While assuming all ethical standards and professional codes of ethics represent identical approaches to care, however, significant differences exist. In this workshop, emphasis will be given to examining personal values and ethical concepts, contrasting those personal beliefs to professional codes of ethics, and determining appropriate approaches to clientele. In addition, given the demands within behavioral health, boundary crossings as well as boundary violations receive prominent focus and attention. While some presentations in ethics exhibit a dry, boring, and sterile coverage of standards and professional codes, this workshop will actively engage participants, prioritizing current issues in the field through use of controversial topics and issues. Participants should come prepared for a thought-provoking, emotionally challenging, actively engaged day via a multi-media, multi-sensory format, teaching to all styles of learning. Case study material will be utilized, with video clips presented from various health care disciplines, and didactic material that addresses both the conceptual and practical levels.

Date: Friday, July 26, 2019
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6 • Substance Use Specific
CE faculty: Thomas (Tom) L. Moore, LMSW, LLP, CAADC, CCS

Promoting Resiliency Through Trauma Informed Supervision* #4443

Providing support to those who have experienced trauma exposes helpers to traumatic stress. The supervisory relationship is an important tool that fosters resiliency, well-being, compassion, and ultimately positive outcomes for those served. This workshop will explore the supervisory relation-ship and specific strategies that supervisors and workers can use to promote resiliency. This work-shop will be useful to staff as well as those in supervisory and leadership roles.

Date: Friday, July 26, 2019
Time: Registration 7:30 AM • Program 8:00 AM – 11:15 AM
CECHs: 3
CE faculty: Cheryl Williams-Hecksel, LMSW

Promoting Resiliency Through Leading and Belonging to Trauma Informed Teams* #4444

Relationships with colleagues and the teams that we belong to can be significant resources for managing secondary traumatic stress and vicarious trauma. This workshop will explore strategies for building and using teams as a tool to build resilience, well-being, and compassion to bolster worker success and ultimately contribute to positive outcomes for those we serve.

Date: Friday, July 26, 2019
Time: Registration 12:00 PM • Program 12:30 PM – 3:45 PM
CECHs: 3
CE faculty: Cheryl Williams-Hecksel, LMSW

Register for the above workshops by July 9 to receive a discount. Pricing available online or on page 15.
ABOUT THE GLSI FACULTY

Shana Bombyrs is a clinician and certified alcohol drug counselor in private practice in East Lansing, MI. She helps children and adults with a variety of concerns with a focus on trauma. Bombyrs has over 12 years of training in Sandtray-Worldplay. She has worked in a variety of settings utilizing play therapy with children in the foster care system and with refugee families through St. Vincent Catholic Charities. Bombyrs is the current president of the Michigan Association of Play Therapy.

Annie Lange, BSN, LMSW, ACSW, has served as a clinical faculty member for the MSU School of Social Work. Lange has an active private practice with special interest in self-care, attachment, interpersonal neurobiology, and adoption issues. Lange has advanced trainer certification in the Nurtured Heart Approach. She readily admits that her greatest teachers have been her six children, five of whom are adopted.

Lisa Laughman, LMSW, has worked in the areas of foster care, substance abuse, employee assistance counseling, community development, workplace wellness, and stress reduction coaching. Her passions include teaching principles of healthy human functioning, including a focus on shame resilience theory (SRT), psychological flexibility, and acceptance commitment theory (ACT) within a social justice framework that includes looking at things from four levels—personal, interpersonal, institutional, and cultural. Laughman is a counselor for the MSU Employee Assistance Program and an emotional wellness consultant for the MSU Health4U Program. Laughman is also the owner of Wisdom Heart Life, a counseling and coaching practice that helps people live their life aligned with their deepest wisdom and their greatest sense of meaning and purpose.

Alytia Levendosky, PhD, earned her doctoral degree in clinical psychology at the University of Michigan in 1995. She has been a faculty member in the Department of Psychology at Michigan State University since August 1995. She co-directs a trauma assessment supervision team with Dr. Jason Moser for clinical psychology students interested in learning more about trauma assessment, run through the MSU Psychological Clinic. She is also an associate editor of the Journal of Traumatic Stress.

Don Lyons is a citizen of the Anishinabe nation. An enrolled citizen of Leech Lake Band of Ojibwe in Northern Minnesota, he is Bear Clan as well as Haudenosaunee from Six Nations and Turtle Clan. He earned his BA and MSW degrees from Michigan State University and has over 10 years of international, domestic, state, and tribal experience related to wellness, prevention, treatment, program evaluation, and community development.

Cynthia Morgan, PhD, is currently in private practice. She has worked in a variety of other settings, including university and college counseling centers, managed care, and as an assistant professor in the MSU College of Medicine, Department of Psychiatry. Her area of clinical specialization is in grief and loss, with extensive postgraduate training. Dr. Morgan has participated in co-presented Love, Loss, and Forgiveness workshops and currently serves as a regional guide for the Love, Loss, and Forgiveness Project.

Jason Moser, PhD, is an associate professor for MSU Department of Psychology with targeted clinical training in Cognitive Processing Therapy, Prolonged Exposure Therapy, and Cognitive Behavioral Therapy, with special focuses on PTSD and Social Phobia. In addition, he co-directs a trauma assessment supervision team with Dr. Alytia Levendosky for clinical psychology students interested in learning more about trauma assessment.

Anthony Muller, MA, LPC, CAADC, CCS, has worked in the mental health and substance abuse field for 20 years. He is an experienced trainer with local, statewide, national, and international training experience. He currently works for Wedgewood Christian Services and is the director of clinical and business development.

Jody Nelson, LMSW, graduated from MSU and has worked as a home-based therapist for ten years and a children’s emergency services therapist for seven. He is currently a prevention therapist in Families Forward at the Community Mental Health Authority of Clinton Eaton & Ingham Counties.

Shani Saxon, LMSW, is the owner of Turning Corners Consulting, where she provides holistic mental health counseling. She also offers consulting services to community agencies working through social justice and racial healing issues, including the My Brothers’ Keeper (MBK) initiative and their commitment to dissolve unfair injustices and racial inequity.

Dr. Howard Schubiner is an internist and directs the Mind Body Medicine Center at Providence Hospital–Ascension Health in Southfield, MI. He has authored more than 100 scientific publications. He is the author of Unlearn Your Pain and Unlearn Your Anxiety and Depression, and the co-author of Hidden First Aid and Disaster Mental Health for many years. She also is a member of MIMort, the mortuary response team.

Marya Sosulski, PhD, MSW, teaches social welfare policy and community organizing to undergraduate, MSW, and doctoral students at Michigan State University. Her research focuses on the intersections of race, class, and gender within systems and institutions such as labor, welfare, and higher education, as well as how civic engagement, economic development, and social change processes impact the growth of neighborhoods and individuals.

Kelly Thomas is in private practice in Okemos, MI. She enjoys using an integrative approach to help children, teens, and adults recover from the effects of developmental trauma, PTSD, depression, anxiety, grief, relationship struggles, and addictions. Thomas completed Dr. Gisela DeDomenico’s six-level intensive training program in Sandtray Worldplay™. Thomas is also a certified advanced alcohol and drug counselor. She earned her MSW at the University of Michigan.

Bonnie Wheeler, MA, is specially trained in grief and loss, multicultural counseling, and treating sexual abuse survivors. She holds an Advanced Bereavement Facilitator Certificate from the American Academy of Bereavement. Wheeler has presented frequently on expressive techniques used in grief and loss treatment and co-presented Love, Loss, and Forgiveness with Dr. Cynthia Morgan previously.

Cheryl Williams-Hecksel, LMSW, is on the faculty of the MSU School of Social Work. She brought to MSU more than 20 years of clinical and administrative experience in public and private child welfare and mental health agencies. She is the coordinator of the School’s Evidence Based Trauma Treatment Certificate. She is involved in MSU’s work with the National Child Welfare Workforce Institute.
Who should attend your continuing education workshops? Each course listing includes a skill level box, indicating if a course is intended for a beginning, intermediate, or advanced level Master of Social Work practitioner unless otherwise indicated. In addition, Macro, Clinical, or both will be listed to identify the focus of the primary content. Professionals practicing in human service and healthcare fields will benefit from attending programs described in this catalog. Courses have been designed for the licensed master’s-level social worker except where noted. All courses are open to LLBSWs, LBSWs, LLMSWs, and LMSWs practicing in both clinical and macro roles. The general public is invited to attend any of the programs listed in this catalog.

Will I earn Social Work Continuing Education Credit if I attend a program described in this catalog? Michigan State University School of Social Work, provider #1136, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org through the Approved Continuing Education (ACE) Program. Michigan State University School of Social Work maintains responsibility for the program. ASWB Approval Period: 6/1/2016 – 6/1/2019. Social workers should contact their regulatory board to determine course approval for continuing education credits. We are also an approved MISCEC Provider (provider #0001) through August 2019.

What are course completion requirements?
- **Face-to-face or live video/audio webinars or conferences:** To receive continuing education contact hours (CECHs) for programs listed in this catalog, you must arrive by the advertised starting time, and you stay until the end of the program. You must be present for the entire course or conference session and complete an evaluation. Partial credit is not allowed. For webinars, you additionally need to pass a post-test with 75% accuracy to receive credit. If you object to the program provider’s decision regarding the award of CECHs, you are entitled to file a grievance form provided by program staff upon request within two weeks of the program end date.

- **Online On-Demand Continuing Education Credit:** To receive credit for an online continuing education course, you must watch the video in its entirety and complete the attendance record, evaluation, and pass a post-test with 75% accuracy. If you do not pass, you will be able to retake one additional time. Upon passing the post-test, your certificate will generate at the end of your survey. You MUST print/save your certificate immediately. No paper certificates will be mailed. You have access to material for the time period the class is scheduled. We are unable to offer additional CECHs for extra time you spend with the course material. These courses are ONLINE CECHs; check with your state’s social work regulatory body to see how these may count toward required CECHs.

- **School Social Work Competency Courses:** Details can be found online: socialwork.msu.edu/ceu/catalog.php
  The course will include readings, discussion board postings, and quizzes which must be passed by 80% overall. Once we receive your passing score and you complete a survey that will be emailed to you, you will be mailed a letter of completion within 30 days of passing the course. These courses are ONLINE CECHs; check with your state’s social work regulatory body to see how these may count toward required CECHs.

How and when do I pay? All of our in-person programs require pre-registration and payment prior to the course. You may pay by credit card at the time of your registration with our online registration system. You may fax or mail credit card information with your registration, or send a check or money order with your registration by mail. We are unable to accept cash. Payment must be received with registration in order to reserve a space. Some programs are offered free of charge; if this is indicated, registrations will be accepted on a first-come first-serve basis. Email or call to request a receipt. Field instructor, field liaisons, and MSU School of Social Work faculty receive discount category D (see page 2 of the Registration Form) except for some special programs. Retirees are defined as individuals who are no longer employed.

If I need to cancel, can I get a refund? If you cancel by faxing or mailing in a refund request form (available at socialwork.msu.edu/ceu) under “Forms” or contact swkce@msu.edu to obtain) at least one week prior to the course start date, you will receive a refund less a 20% administrative fee. Cancellations and requests for refunds received after this time are not eligible for a refund. In the event the MSU School of Social Work cancels an event, you will receive a FULL refund.

Do you send a confirmation for my registration? If you provide an email address, you will receive a confirmation email one week prior to the event for which you have registered, delivered to the email address provided. We cannot guarantee you are registered for a program unless you receive an email confirmation from swkce@msu.edu or you contact us to verify confirmation. Email swkce@msu.edu or call (517) 353-3060.

How do I request an accommodation? Michigan State University is committed to providing equal opportunity for participation in all programs, services, and activities. Accommodations for persons with disabilities may be requested by writing the request on page 2 of the Registration Form, or including the request when registering online, or by contacting us at swkce@msu.edu; include “Accommodations request” in the subject line, or call (517) 353-3060 at least two weeks prior to the program start date. Requests received after this date will be honored whenever possible.

When will certificates be issued? Certificates of attendance will be awarded to individuals upon request provided the individual’s account is paid in full and all required continuing education documentation is completed. In most cases for face-to-face programs this will be at the completion of training or within 30 days of the training.

Can I request a duplicate certificate? Yes. On our website, under “Forms” you will find a “Duplicate Certificate Request.” There is a $10 charge for replacement of each duplicate certificate, and they will be marked as such.

What does Substance Use Specific mean? Courses identified in this way will be accepted by MCBAP (Michigan Certification Board for Addiction Professionals) as meeting criteria for substance use credits.

What should I wear? Dress comfortably and in layers as each location has varied temperatures.

In the event of inclement weather? It is unlikely MSU cancels an event due to weather. Call (517) 353-3060; the outgoing message will provide an announcement if an event is cancelled. An email will also be sent to the email address provided.

NOTE: All programs are scheduled on Eastern Standard Time and may be photographed and/or audio/videotaped. If you do not wish to be photographed or recorded during a face-to-face event, contact us at (517) 353-3060.
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**TOTAL:** $
Please do not email your registration information as email is not a secure registration method.

Satisfaction guaranteed!
Ryan Hasselbach is your CE customer service specialist.
517-353-3060

3 EASY WAYS TO REGISTER

Online
Visit socialwork.msu.edu/ce and follow instructions for online registration.

Fax
Complete this two-page form, including your credit card payment information, and fax to 517-353-2599.

Mail
Return this two-page form with payment to:
MSU–Social Work Continuing Education
Baker Hall
655 Auditorium Road, Room 2
East Lansing, MI 48824

MAIL/FAX REGISTRATION CHECKLIST:
- Fill in name, address, email, and accommodations request below.
- If eligible, select discount criteria on below.
- Select classes on page 15.
- Write total payment amount at the bottom of page 15.
- Check payment type below and include payment.
- Submit this two-page form by mail or fax listed above.

Confirmations, including directions will be sent via email only, one week prior to the event for which you have registered.

PLEASE PRINT CLEARLY

Name: ________________________________________________________________________________
Home address: __________________________________________________________________________
City: __________________________ State: ________ Zip: ________________
Daytime phone: __________________________ Email: _________________________________________________________________________________
Social work license number and type: __________________________ State: ________________
Accommodations: _______________________________________________________________________
Dietary requests: _______________________________________________________________________

☐ Please check if your information has changed since your last registration with us!

Am I eligible for a discount?
If you meet one of the following categories, please check a box below.
Mail or fax this form with payment BEFORE the early registration discount date listed and attend at the reduced rate.

☐ A – MSU alumni, MSU faculty, and groups of four+
☐ B – Retirees
☐ C – Students
☐ D – MSU School of Social Work faculty, field instructors, and field liaisons for 2018–2019 academic year

PAYMENT INFORMATION • PLEASE COMPLETE

☐ Checks and money orders payable to: MSU–Social Work Continuing Education
Baker Hall
655 Auditorium Road, Room 2
East Lansing, MI 48824

or supply your credit card information below:

☐ ☐ ☐
Card #: __________________________ - _______ - _______ - _______
Security code #: __________ Expiration date: _____/______ Billing address zip code: __________
Cardholder name: _____________________________________________________________________
Cardholder signature: ___________________________________________________________________