

The MSU School of Social Work Continuing Education Program is excited to announce the

Trauma Certificate

In-person, Live Webinar, and Online Courses!

Certificate Overview

The Trauma Certificate is designed to help human service professionals learn techniques to improve their work with children, adolescents, adults, and families who have experienced trauma.

Experiences of trauma are complex and unique to each individual, family, and community. Understanding the impact of trauma on the brain and on behavior is critical to inform your work and gives you the tools to apply a trauma-informed lens. The Trauma Certificate exposes you to innovative information, helps you prepare to support those who have experienced trauma, and gives you the opportunity to add specialization in your area of work. The Trauma Certificate courses are developed to meet the interdisciplinary needs of multiple systems and professions and also prioritize developing self-care practices in all professionals to reduce the risk of secondary traumatic stress and compassion fatigue.

Certificate Objectives

The Trauma Certificate will:

- Address trauma across the lifespan
- Emphasize interdisciplinary practice
- Enhance knowledge of self and secondary trauma
- Emphasize the impact of trauma on the brain and behavior
- Be culturally responsive
- Encourage professional interaction using a trauma-informed lens

The Trauma Certificate is relevant for:

- Social workers
- Educators
- Medical professionals
- Psychologists
- Law enforcement
- Child welfare workers
- Other behavioral health professionals

Course Requirements

Level 1 = Foundations of Working with Trauma:

- 45 hours total required:
 - 18 hours = three core courses (Understanding Trauma, Trauma and the Brain, Secondary Traumatic Stress and Self-care)
 - 27 hours = choose from a variety of electives
- Level 1 can be achieved in just one year.

Course Options

Choose from a variety of in-person workshops, live webinars, and/or online courses. Options that meet the requirement will be identified on our website:

<http://www.socialwork.msu.edu/CE/Certificates>

A Level 2 certification is also being developed. This option will include 45 additional hours of intermediate and advanced training that will support professional specialization in trauma work.

All courses can be taken as part of the certificate or on their own.

MICHIGAN STATE UNIVERSITY | School of Social Work Continuing Education

**TRAUMA
CERTIFICATE**

To learn more about the Trauma Certificate, visit
<http://www.socialwork.msu.edu/CE/Certificates>
or contact us at swkce@msu.edu | 517-353-3060



socialwork.msu.edu/ce

TRAUMA CERTIFICATE

Level 1 Course Offerings 2017-18

Core In-person Courses

Course #	Name of course	Date	Time	Location
4247	Understanding Trauma	September 14, 2017	9:00 AM - 4:30 PM	Lansing
4251	Trauma and the Brain	October 5, 2017	9:00 AM - 4:30 PM	Lansing
4260	Secondary Trauma and Self-care	November 17, 2017	9:00 AM - 4:30 PM	Lansing

Elective In-person Courses

Course #	Name of course	Date	Time	Location
4245	Assessing Risk for Children in Crisis	September 7, 2017	9:00 AM - 12:15 PM	Flint
4253	Moving Children in Adoption: Minimizing Trauma for Children and Families	October 19, 2017	9:00 AM - 12:15 PM	Troy
4254	Ethics in Child Treatment	October 26, 2017	9:00 AM - 4:30 PM	Lansing
4257	Resolving Rather Than Managing Chronic Pain: The Brain's Response to Trauma	November 2, 2017	9:00 AM - 12:15 PM	Lansing
4259	Sharing the Burden of War: "Thank You for Your Service" Isn't Good Enough	November 9, 2017	1:00 PM - 4:15 PM	East Lansing
4262	Using Play and Expressive Arts Therapies to Work With Traumatized Children	December 1, 2017	9:00 AM - 4:30 PM	Okemos

Elective Live Webinars

Course #	Name of course	Date	Time
506-17	Psychoeducation: Normalizing Trauma Reactions and Engaging With Families	October 24, 2017	12:00 PM - 1:15 PM
219-17	Child Welfare: Changing Outcomes Through Resiliency	November 2, 2017	9:00 AM - 10:15 AM
508-17	Beyond Breathing: Tools for Teaching Relaxation in Trauma Work	November 7, 2017	12:00 PM - 1:15 PM
221-17	Child Welfare: Preventing Further Harm: A Brief Overview of Trauma for the Child Welfare Professional	November 17, 2017	9:00 AM - 10:15 AM
222-17	Child Welfare: "I Love My Job": Supervision as a Tool for Preventing Burnout and Vicarious Trauma With Workers	December 7, 2017	12:00 PM - 1:15 PM
205-18	Child Welfare: Why It's Wrong to Assume Infants Are Resilient: Exploring the Effects of Trauma in Pregnancy and Infancy	February 16, 2018	9:00 AM - 10:15 AM

Elective Online, On-Demand Courses Available 24/7

Course #	Name of course
311-17	Hope and Resilience: Moving Past Secondary Traumatic Stress in Child Welfare Practice
312-17	Suicide Assessment, Management, and Intervention
316-17	Adolescent Self-harm
321-17	Clinical Trauma Informed Assessment
322-17	Parent-Child Attachment Relationships and the Effects of Attachment Disruption
355-17	Indicators and Trends of Domestic Violence and Intervention Services
359-17	The Healing Breath: Practicing Meditation and Self-care as a Child Welfare Professional
363-17	Mindfulness Tools to Combat Secondary Trauma and Build Well-being Among Child Welfare Professionals
365-17	Dissociative Coping in Traumatized Children
371-17	Child Abuse and Neglect, The Signs, Symptoms, and Consequences
381-17	Intergenerational Trauma and Our Work With Birth Parents: Understanding the Bridge to Success!
388-17	Psychological and Emotional Trauma in Children and Its Impact on Adoption/Foster Care and Family Development
390-17	Honoring and Empowering Adolescents