The Trauma Certificate is designed to help human service professionals learn techniques to improve their work with children, adolescents, adults, and families who have experienced trauma.

Experiences of trauma are complex and unique to each individual, family, and community. Understanding the impact of trauma on the brain and on behavior is critical to inform your work and gives you the tools to apply a trauma-informed lens. The Trauma Certificate exposes you to innovative information, helps you prepare to support those who have experienced trauma, and gives you the opportunity to add specialization in your area of work.

The Trauma Certificate courses are developed to meet the interdisciplinary needs of multiple systems and professions and also prioritize developing self-care practices in all professionals to reduce the risk of secondary traumatic stress and compassion fatigue.

The Trauma Certificate is relevant for:
- Social workers
- Educators
- Medical professionals
- Psychologists
- Law enforcement
- Child welfare workers
- Other behavioral health professionals

Course Requirements
Level 1 = Foundations of Working with Trauma:
- 45 hours total required:
  - 18 hours = three core courses (Understanding Trauma, Trauma and the Brain, Secondary Traumatic Stress and Self-care)
  - 27 hours = choose from a variety of electives

Course Options
Choose from a variety of in-person workshops, live webinars, and/or online courses. Options that meet the requirement will be identified on our website: [http://www.socialwork.msu.edu/CE/Certificates](http://www.socialwork.msu.edu/CE/Certificates).

A Level 2 certification is also being developed, with core courses coming in 2019. This option will include 45 additional hours of intermediate and advanced training that will support professional specialization in trauma work.

Each level needs to be completed within a four-year timeframe, for a total of up to eight years to complete both levels 1 and 2.

**ALL ELECTIVES CAN COUNT TOWARD LEVEL 1 OR LEVEL 2 TRAINING HOURS.**

All workshops can be taken as part of the certificate program or can be taken as stand-alone workshops.