At the 2018 Case Management Conference, healthcare professionals will actively engage with experts to refine and enhance case management skills in order to advocate and mindfully lead patients and families, navigating through complex conditions and changing times. Timely topics will include:

- Principles and strategies of an integrated case management approach to reduce risk and improve health outcomes of medically and behaviorally complex patients in practice
- Telehealth interventions applied in case management practice for the benefit of individual patients and specific targeted populations
- Strategies and interventions to support elderly individuals to safely and independently “age in place” within their homes in the community
- Mindfulness skills, practiced and applied for self-care in the professional setting.
- Role of case management in the awareness, identification and care of victims and survivors of human trafficking in health care settings
- Pharmacologic and non-pharmacologic alternatives to opioids in chronic pain management

Case studies and interactive strategies are designed to facilitate the transfer of knowledge to action in your clinical practice.

Join colleagues at the 2018 Case Management Conference in this changing healthcare environment and learn practical strategies from nationally recognized experts and providers to care for yourself and those you serve.

PROGRAM OUTCOMES

Upon completion of this conference, participants will:

- Incorporate the principles and strategies of an integrated case management approach in case examples to achieve reduced risk and improved health outcomes of medically and behaviorally complex patients in practice.
- Explore telehealth interventions to apply in case management practice for the benefit of individual patients and specific targeted patient populations.
- Explore assistive technology and other strategies to help older adults and people with disabilities maintain or obtain their independence.
- Experience and identify mindfulness skills to apply in practice for self-care in the professional setting
- Increase awareness/understanding of human trafficking and the role of case management in caring for victims/survivors of human trafficking
- Identify pharmacologic and non-pharmacologic alternatives to opioids in chronic pain management

WHO SHOULD ATTEND?

This conference is designed for registered nurses, social workers, case managers, and other professionals who work in case management across healthcare settings.

WHY ATTEND?

The conference brings nationally recognized leaders in case management to Michigan. You can benefit from collective knowledge, experience, and contacts. In addition, learning takes place in smaller sessions around specific areas of case management practice. **We hope you join us!**

**Mindful Leadership in Case Management**

**OPTIMIZING ADVOCACY**

**NOVEMBER 1, 2018**

Michigan State University
College of Nursing
Kathy Forrest, MSN, MA, RN
(Chair)
Nancy Schmitt, PhD, RN, CCM
Denise Ferrell, DNP, RN

Michigan State University School of Social Work
Amanda Dubey-Zerka, LMSW
Kelley Blanck, LMSW

Michigan State University College of Human Medicine
Institute for Healthcare Policy
Debra Darling, RN, BSN, CCP
Christine Karl, RN, BA

Michigan Department of Health and Human Services (MDHHS)
Suzette Burkitt-Westdek, RN, BSN

Rehabilitation Case Management Consultants
Maggie Milz, RN, CRRN, CDMS, CCM

Faith Community Nursing/Parish Nursing
Christie Hansard, RN, BSN

Community Member
Susan E. McCarty, RN
Registration in the south lobby

Concurrent Sessions & Exhibitors in Big Ten B & C

Welcome and Overview
Dennise Fordy, DNS, DNP – Associate Dean for Community Engagement & Public Service at MSU College of Nursing (NSU CDN)
Kathy Fordy, DNS, MA, RN – Coordinator Professional Programs at NSU CDN

8:15 – 10:00 a.m.
The Integrated Case Manager: Champion for the Most Vulnerable
Rebecca Perez, RN, BSN CCN – Director of Professional Development for Case Managers and the Executive Director of the Case Manager Society of America (CMSA) Foundation. She is currently enrolled in a Master’s of Nursing program with a focus on Care Coordination, has a Bachelor’s Degree in Nursing and is a Certified Case Manager with extensive clinical and case management experience. Much of her case management career has been to hone skills to better communicate with patients, and to move them toward self-advocacy and improved health outcomes. She has been involved with the Case Management Society of America since 1997, holding both local and national leadership positions and honored with the 2015 National CMSA Case Manager of the Year Award. She is a published author of professional articles, Case Management Adherence Guidelines and a co- author of the 2010 Integrated Case Management Manual. Rebecca was a developer of CMSA’s Integrated Case Management training curriculum and was a master trainer for the program. She has created CMSA’s new Integrated Case Management Training Program to coincide with this manual, providing advanced practical skills and training to case managers who work with patients with health care complexities. Rebecca’s experience includes 16 years in the acute care setting and 25 years of case management experience. Case management experience includes both direct patient contact and management for payors and a large managed health care organization.

Closing Plenary

Leah Simons, DNP, ANP-BC is an Assistant Professor of Health Programs in the College of Nursing at Michigan State University where she teaches graduate and undergraduate students. Dr. Simons is an advanced practice provider with Sparrow Pain Center in Lansing, MI where she has practiced since 1999, focusing specifically on adults with nonmalignant pain. Dr. Simons began her nursing career with a BSN from Lake Superior State University in 1978. For more than two decades she worked as a staff nurse in the emergency department and an adult medical/surgical intensive care unit. Dr. Simons received a Master of Science degree from the University of Michigan, became certified as an Adult Nurse Practitioner, and also certified in Case Management Nursing. In 2014, Dr. Simons earned a Doctorate of Nursing Practice from the University of Michigan. Dr. Simons continues to engage in scholarship with regional and international podium presentations addressing pain management. She specializes in the management of pain in highly complex older patients with both physical and behavioral health needs.

Anne Ottnay, PharmD, BCPS is an Associate Professor of Case Management in the Case Management Department at Ferris State University. Dr. Ottnay is an advanced practice provider with Sparrow Health System in Lansing, Michigan. Dr. Ottnay is the Director of the Integrated Case Management Program in Lansing, Michigan. Dr. Ottnay received her PharmD degree from Midwestern University in Glendale, Arizona in 1999. She has over 20 years of experience working in a variety of roles with pain. For more than 15 years Dr. Ottnay has taught the Integrated Case Management Program at Ferris State University. She has authored and co-authored numerous publications related to pain management. She is also a certified pain management pharmacist. In 2014 Dr. Ottnay was elected to the Case Management Society of America Board of Directors and currently serves on the Designation Committee. She is the editor of the Pain Journal, a journal for case managers which is published quarterly. Dr. Ottnay is a frequent speaker and presenter at conferences and workshops including the 2018 Case Management Society of America Conference and at the Pain and Palliative Care Institute. She serves as the Volume Editor for the Case Management Society of America Encyclopedia of Case Management.