CUSTOMER HIGHLIGHT

Meet Cheryl, instructor and customer!

“...I have enjoyed the relationships and connections with other professionals.”

Learn more about her on page 2!

PROFESSIONAL DEVELOPMENT PROGRAMS
FOR SOCIAL WORK, HUMAN SERVICE,
AND HEALTHCARE PROFESSIONALS

Offering three evidence-based practice workshops in this catalog!

https://socialwork.msu.edu/CE • (517) 353-3060
Welcome

We are continuing to develop and grow our programs. We are thankful for the years of support, attendance, and great ideas that our customers have given us!

This summer/fall, we have decided to highlight another valued customer who is also a regular instructor for us! Cheryl Williams-Hecksel, LMSW, has been on the faculty of the MSU School of Social Work since 2006. Prior to joining the faculty at MSU, she spent more than 30 years in clinical and administrative roles in public and private child welfare and mental health agencies. She is also on the staff of the National Child Welfare Workforce Institute. She is the coordinator of the School’s Evidence Based Trauma Treatment Certificate. Her work includes consultation with child serving agencies around their capacity to be trauma informed. She provides frequent professional continuing education programs related to ethics, supervision, and child trauma.

Cheryl has been in attendance for GLSI every year since the first annual institute! When we asked her why she has never missed a GLSI, she stated, “I love Traverse City and have family and friends living there. I love that I can get away to a place I love and participate in continuing education. The programming at GLSI has consistently been interesting and appealing to social workers from across the state. I have enjoyed the relationships and connections with other professionals.”

Will you join us and Cheryl at this year’s GLSI? See pages 16–25 for more information.

Register NOW and save!

Contents

To see a list of classes by date, see page 31.
Find all program details on our website: https://socialwork.msu.edu/CE

- Aging
- Macro & Clinical Exam Prep
- Certificate Program – Trauma Courses
- Michigan Indian Day
- Certificate Program – Supervision Courses
- Children & Families
- Clinical Practice
- Ethics/Pain Management
- 10th Annual Great Lakes Summer Institute
- Online On-Demand Continuing Education
- School Social Work Competency
- Policies & Procedures
- Registration Form (pre-registration required)

Contact information

Phone: (517) 353-3060
Fax: (517) 353-2599
Email: swkce@msu.edu
Website: https://socialwork.msu.edu/CE
Address: MSU–Social Work Continuing Education
          Baker Hall
          655 Auditorium Road, Room 14
          East Lansing, MI 48824

At our workshops, photographs and/or video may be taken of you. Photos and videos may be used for legitimate purposes by the MSU School of Social Work Continuing Education Program for promotional purposes and/or inclusion on our social media accounts, online at https://socialwork.msu.edu/CE, or in our print materials. If you have any concerns, please contact us at swkce@msu.edu.

Each course in this catalog shows the number of CECHs offered, approved by ASWB and MICEC. For more information on CECH requirements and approval, please see page 29.
**Small Changes, Big Differences: Aging in Place with a Disability #4349**

Explore the effectiveness of assistive technology in helping older adults and people with disabilities maintain or obtain their independence. During this interactive workshop, you will have the ability to use and see many different low-tech devices that can impact independence and address bathing, grooming, cooking, eating, safety, hearing, memory, vision, mobility, recreation and more. You will also learn about the programs offered across the state through the Michigan Assistive Technology Program.

<table>
<thead>
<tr>
<th>Date/time:</th>
<th>Friday, September 14, 2018</th>
<th>Registration 9:30 AM • Program 10:00 AM – 12:00 PM</th>
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<tr>
<td>Location:</td>
<td>MSU Federal Credit Union, 4825 E. Mount Hope Road, East Lansing, MI 48823</td>
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<tr>
<td>CECHs:</td>
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<tr>
<td>Price:</td>
<td>Register by September 7 to SAVE. Pricing available on page 31 and online.</td>
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<tr>
<td>CE faculty:</td>
<td>Laura Hall, MSW, has over a decade of experience working within the disability community. A woman with Cerebral Palsy, Laura experienced first-hand the difficulties related to maintaining employment and navigating state and federal support benefits. Laura was instrumental in advocating for 2014 legislation that supports Michigan's Freedom to Work Medicaid Buy-In Program. Both Laura's undergraduate and graduate degrees are from Michigan State University. Aimee Sterk, LMSW, is a woman with invisible disabilities and has been working in the aging and disability community for over 20 years. She started her career helping people transition out of nursing homes and progressed to policy and program development to support community living using assistive technology. Aimee served on the national board of the Association of Assistive Technology Act Programs. She has a BA in Psychology from Hope College and an MSW from Michigan State University.</td>
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</table>

**Assisting the Social Security Disability Applicant: Strategies and Resources #4353**

In this workshop, you will learn about the best methods and practices necessary for assisting individuals with either an initial application for Social Security Disability benefits or in appealing an initial denial of benefits to the Federal Administrative Law Judge at a formal hearing. You will also learn about the resources necessary in gathering medical records, compiling applications, completing functional forms, and how Social Security has developed a disability case so the best information can be provided for the hearing date.

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<thead>
<tr>
<th>Date/time:</th>
<th>Friday, October 12, 2018</th>
<th>Registration 9:30 AM • Program 10:00 AM – 12:00 PM</th>
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<tr>
<td>Location:</td>
<td>MSU Federal Credit Union, 4825 E. Mount Hope Road, East Lansing, MI 48823</td>
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<td>CECHs:</td>
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<tr>
<td>Price:</td>
<td>Register by October 5 to SAVE. Pricing available on page 31 and online.</td>
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<tr>
<td>CE faculty:</td>
<td>Andrew Rockafellow, JD, is employed with the State of Michigan Disability Determination Service making initial disability decisions. He worked in private practice after graduating law school with a growing sole focus on representing Social Security Disability applicants and appeals for 11 years.</td>
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**Developmental Disabilities and Dementia: Where Do They Meet? #4357**

People with developmental disabilities are living longer than ever, and with longer life comes an increased risk of dementia. In this workshop, you will learn about the risk of dementia for those with developmental disabilities, the unique signs and symptoms of dementia in this population, how to screen for suspected dementia and respond to the changes that occur. Some of the changes that will be discussed include those in communication, self-care, and behavior. You will learn about interventions that are based on/incorporate a person-centered approach to care and the philosophy of behavior as communication, which is central to best dementia-care practices.

<table>
<thead>
<tr>
<th>Date/time:</th>
<th>Friday, November 2, 2018</th>
<th>Registration 9:30 AM • Program 10:00 AM – 12:00 PM</th>
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<td>Location:</td>
<td>MSU Federal Credit Union, 4825 E. Mount Hope Road, East Lansing, MI 48823</td>
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<td></td>
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<tr>
<td>Price:</td>
<td>Register by October 26 to SAVE. Pricing available on page 31 and online.</td>
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<tr>
<td>CE faculty:</td>
<td>Brandi Becker-Wright, MA, LLMSSW, has been working with the Alzheimer’s Association for five years, and has been in the human services field for over 10 years. Brandi obtained a Bachelor’s of Arts from Alma College in 2006, a Master of Arts in Family Studies from Michigan State in 2011, and a Master’s in Social Work from MSU in 2017. Brandi has been working to educate social workers, nurses, and other professionals, as well as direct care staff and families on the challenges those with developmental disabilities and dementia face since the inception of the Dementia and Disabilities Supportive Services Program in early 2016.</td>
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This 10-hour Social Work Licensure Examination Preparation Course is designed for recent graduates of social work and experienced professionals taking master’s-level Social Work Licensure Examinations in Michigan. This preparation course is designed for both macro- and clinical-level social workers. The course includes the following:

- **Information-packed** sessions focused on passing the licensing exam.
- **Thorough reviews** of social work practice and theory.
- **Comprehensive study material**, including study book and exam questions.
- **Extensive lecture outlines** to reinforce learning.
- **Practice examination questions** to sharpen test-taking skills.
- **Face-to-face instruction** from expert faculty, each highly qualified with extensive experience.
- **Advanced Generalist Course** and meets the preparation requirements for both macro- and micro-level social workers.

**NEXT DATES/LOCATION:**

November 30 – December 1, 2018 #946

Friday, 5:50 PM – 9:15 PM • Saturday, 8:30 AM – 4:30 PM

at

The Leona Group, 2123 University Park Drive, Okemos, MI 48864

No CECHs are offered for this course.

Materials provided by LEAP—Licensing Exam Preparation Services, LLC.

Our course materials are the most up-to-date on the market, developed by social workers for social workers.
Evidence Based Practices: Using Well Researched Models in Clinical Work

Evidence-based practices integrate clinical expertise; expert opinion; external scientific evidence; and client, patient, and caregiver perspectives so that providers can offer high-quality services that reflect the interests, values, needs, and choices of the individuals served. (SAMHSA, 2017)

McNeese and Thyer (2004) suggest that social workers have an ethical imperative to utilize an evidence-based conceptual model in their practice. This model suggests that evidence-based practice is intervention based upon the best available science that is integrated with a commitment to continued learning.

The School of Social Work is committed to assuring that our continuing education program offers professional development opportunities that are evidence based and promote intervention that is well-researched.

In this catalog, we are offering three established evidence-based practices that will support developing competence in providing services to individuals who have experienced trauma.

**Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)** is a psychosocial treatment model designed to treat posttraumatic stress and related emotional and behavioral problems in children and adolescents. The treatment model is designed to be delivered by trained therapists who initially provide parallel individual sessions with children and their parents (or guardians), with conjoint parent-child sessions increasingly incorporated over the course of treatment. See page 7 for more information.

**Cognitive Processing Therapy for Posttraumatic Stress Disorder (CPT)** is a cognitive behavioral therapy for posttraumatic stress disorder (PTSD), which is used for older adolescent and adult clients with a PTSD diagnosis. CPT for PTSD is primarily a cognitive therapy. The goal in CPT is that clients learn to make sense of their trauma and incorporate this understanding into their beliefs about themselves, others, and the world in a balanced way. Treatment can be delivered in individual or group format conducted by social workers, psychologists, psychiatrists, and other mental health therapists licensed to provide psychotherapy. Treatment consists of typically 12 sessions (range 10-15) conducted once or twice weekly for 60 minutes each (90 minutes in a group setting). See page 7 for more information.

**Seeking Safety** is a present-focused treatment for clients with a history of trauma and substance abuse. The treatment was designed for flexible use: group or individual format, male and female clients, and a variety of settings (e.g., outpatient, inpatient, residential). Seeking Safety focuses on coping skills and psychoeducation. See page 25 for more information.
Objectives for the Trauma Certificate are:

- Address trauma across the lifespan
- Emphasize interdisciplinary practice
- Enhance knowledge of self and secondary trauma
- Emphasize the impact of trauma on the brain and behavior
- Be culturally responsive
- Encourage professional interaction using a trauma-informed lens

The Trauma Certificate is designed to help human service professionals learn techniques to improve their work with children, adolescents, adults, and families who have experienced trauma.

Experiences of trauma are complex and unique to each individual, family, and community. Understanding the impact of trauma on the brain and on behavior is critical to inform your work and gives you the tools to apply a trauma-informed lens. The Trauma Certificate exposes you to innovative information, helps you prepare to support those who have experienced trauma, and gives you the opportunity to add specialization in your area of work.

The Trauma Certificate courses are developed to meet the interdisciplinary needs of multiple systems and professions and also prioritize developing self-care practices in all professionals to reduce the risk of secondary traumatic stress and compassion fatigue.

The Trauma Certificate is relevant for:
- Social workers
- Educators
- Medical professionals
- Psychologists
- Law enforcement
- Child welfare workers
- Other behavioral health professionals

Course Requirements

Level 1 = Foundations of Working with Trauma:
- 45 hours total required:
  - 18 hours = three core courses (Understanding Trauma, Trauma and the Brain, Secondary Traumatic Stress and Self-care)
  - 27 hours = choose from a variety of electives

Course Options

Choose from a variety of in-person workshops, live webinars, and/or online courses. Options that meet the requirement will be identified on our website: http://www.socialwork.msu.edu/CE/Certificates

Level 1 can be achieved in just one year, but you can take up to 3 years to complete the required training hours for level 1, and 3 years to complete the required training hours for level 2. You can take the courses in any order that fits your schedule.

A Level 2 certification is also being developed, with core courses coming in early 2019. This option will include 45 additional hours of intermediate and advanced training that will support professional specialization in trauma work.

ALL ELECTIVES IN THIS CATALOG CAN COUNT TOWARD LEVEL 2 TRAINING HOURS.
Cognitive Processing Therapy for PTSD #4328

The purpose of this workshop is to provide participants with knowledge and skills to implement Cognitive Processing Therapy (CPT); an evidence-based cognitive behavioral therapy for posttraumatic stress disorder (PTSD). CPT has been endorsed by the Institute of Medicine as a first line treatment for PTSD, and related disorders, with individuals who have experienced all types of trauma including sexual assault, accidents, natural disasters and combat. You will learn about the symptoms and theory underlying CPT. You will also gain knowledge and skills required to implement CPT with special populations. This workshop will include a didactic presentation, role-plays and videos to ensure the participants understand the theory, research and session by session information needed to conduct CPT.

Date/time: Monday–Tuesday, July 16–17, 2018
Registration 8:30 AM • Program 9:00 AM – 5:00 PM both days
Location: Lansing Community College West Campus
5708 Cornerstone Drive, Lansing, MI 48917
CECHs: 12
Price: Register by July 9 to SAVE. Pricing available on page 31 and online.
CE faculty: Kathleen M. Chard, PhD, is a graduate of Indiana University and serves as the associate chief of staff for research and director of the Trauma Recovery Center at the Cincinnati VA Medical Center. She is also a professor of clinical psychiatry and director of the UC Health Stress Center at the University of Cincinnati. She is the author of the CPT for Sexual Abuse Treatment Manual and is co-author of the Cognitive Processing Therapy: Military/Veteran Manual. Dr. Chard has contributed to over 60 research publications and 100 presentations at national and international conferences.

Trauma-Focused Cognitive Behavioral Therapy #4326

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is a components-based psychosocial treatment model that incorporates elements of cognitive–behavioral, attachment, humanistic, empowerment, and family therapy models. TF-CBT is an evidence-based therapy model that supports healing for children and adolescents, with a focus on youth and their families.

Date/time: Wednesday–Thursday, August 1–2, 2018
Registration 8:30 AM • Program 9:00 AM – 4:30 PM both days
Location: The Leona Group, 2123 University Park Drive, Okemos, MI 48864
Price: Register by July 25 to SAVE. Pricing available on page 31 and online.
CECHs: 12
CE faculty: Kris Buffington, MSW, LISW-S, earned her bachelor’s degree in psychology from Eastern Michigan University and was a cum laude graduate. She earned her MSW from Western Michigan University. She has over 27 years of experience as a clinical social worker, therapist, agency administrator, and a trainer and consultant in the area of child traumatic stress. She has published papers on trauma-informed policy and the connections between traumatic stress and risk of juvenile delinquency.

*Please note the following Introductory, online 11-hour course is a recommended pre-requisite and has a fee of $35. It is required if you seek national certification in TF-CBT. You can find the pre-requisite course at: www.musc.edu/tfcbt2. For more information about national certification, please visit tfcbt.org/tf-cbt-certification-criteria/*
Understanding Trauma #4350

Social workers and other helping professionals inevitably encounter individuals who have experienced trauma. A foundational understanding of the nature of trauma and its impact provides the groundwork for developing the ability to effectively serve people who have experienced trauma. In this workshop, you will explore the general nature and impact of trauma across the lifespan. You will learn the elements of trauma-informed care at the individual, family, organizational, and community levels.

Date/time: Thursday, September 20, 2018
Registration 8:30 AM • Program 9:00 AM – 4:30 PM
Location: VisTaTech Center, Schoolcraft College
18600 Haggerty Road, Livonia, MI 48152
CECHs: 6
Price: Register by September 13 to SAVE. Pricing available on page 31 and online.
CE faculty: Kelley Blanck, LMSW, is currently the professional development specialist for MSU School of Social Work Continuing Education Department. She is also a faculty member, teaching Macro level classes for the school. Prior to MSU, she worked for 20 years in the public mental health field, in both clinical and macro level areas. Her areas of specialty include grant writing, strategic planning, focus group facilitation, program development, and data analysis. In addition, she is a certified trauma trainer, with a particular focus on foster/adoptive trauma exposure.
Cheryl Williams-Hecksel, LMSW, is on the faculty of the MSU School of Social Work. Prior to MSU, she gained more than 20 years of clinical and administrative experience in public and private child welfare and mental health agencies. She is the coordinator of the School’s Evidence Based Trauma Treatment Certificate. She is involved in MSU’s work with the National Child Welfare Workforce Institute.

Trauma and the Brain 2.0 #4354

Science now demonstrates that an understanding of the impact of toxic stress on brain functioning is essential to effectively assess needs and plan interventions. Understanding the neurobiology of trauma from infancy through adulthood is essential to promote optimal development and resiliency for individuals. In this workshop, you will explore the impact of trauma on development, learning, memory, and coping. You will learn strategies to intersect what you see, what science tells you, and what your professional wisdom demonstrates.

This is a revised format from the initial sessions of Trauma and the Brain. While the description and objectives are much the same, the content will be presented integrating additional sources and revised learning activities.

Date/time: Thursday, October 18, 2018
Registration 8:30 AM • Program 9:00 AM – 4:00 PM
Location: VisTaTech Center, Schoolcraft College
18600 Haggerty Road, Livonia, MI 48152
CECHs: 6
Price: Register by October 11 to SAVE. Pricing available on page 31 and online.
CE faculty: Amanda Dubey-Zerka, LMSW, is the director of Continuing Education and a clinical instructor for MSU School of Social Work. She is TF-CBT certified and has over 14 years of experience working with children, teens, and adults who have survived trauma. She is a master trainer for the Michigan ACE Initiative.
Cheryl Williams-Hecksel, LMSW, is on the faculty of the MSU School of Social Work. Prior to MSU, she gained more than 20 years of clinical and administrative experience in public and private child welfare and mental health agencies. She is the coordinator of the School’s Evidence Based Trauma Treatment Certificate. She is involved in MSU’s work with the National Child Welfare Workforce Institute.

All workshops can be taken as part of the certificate program or can be taken as stand-alone workshops.
When Trauma Leads to Psychosis: Healing Begins by Finding the Story #505-18

Many studies now provide evidence that psychosis can be an understandable reaction to trauma, abuse, and other difficult experiences, with dissociation usually involved in that reaction. Learn about a science-based yet humanistic conceptualization of extreme human experiences, and discover ways to help people change their relationship with these experiences, by collaborating in building coherent and compassionate self-narratives that set the stage for real recovery. Even when trauma is only part of the story of what led to psychosis, clarifying the story may be very helpful in supporting a return to a meaningful life.

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<tr>
<td>Price:</td>
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<tr>
<td>CE faculty:</td>
<td>Ron Unger, LCSW, is a therapist and educator specializing in CBT for psychosis, with a focus on relationships between trauma, dissociation, and psychosis. His presentations emphasize practical and humanistic ways of working with difficult experiences.</td>
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Youth and Suicide: Understanding and Managing Risk #4356

A client suicide is a clinician's worst nightmare. As anxiety, depression, and self-harm in our youth rise across America at alarming rates, so does the risk of suicide. Understanding and managing this risk is a many-nuanced skill set that is critical to your clinical practice. This workshop will explore risk factors, risk assessment, and safety planning with clients when dealing with suicide risk. Group activities and role plays will be used to help you develop and practice relevant skills in understanding and managing this risk.

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<tr>
<td>Location:</td>
<td>Hannah Community Center, 819 Abbot Road, East Lansing, MI 48823</td>
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<td>Price:</td>
<td>Register by October 19 to SAVE. Pricing available on page 31 and online.</td>
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<tr>
<td>CE faculty:</td>
<td>Jody Nelson, LMSW, is a therapist and educator specializing in CBT for psychosis, with a focus on relationships between trauma, dissociation, and psychosis. His presentations emphasize practical and humanistic ways of working with difficult experiences.</td>
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To learn more about upcoming offerings for the Trauma Certificate, visit: [http://www.socialwork.msu.edu/CE/Certificates](http://www.socialwork.msu.edu/CE/Certificates)

All workshops can be taken as part of the certificate program or can be taken as stand-alone workshops.
“Only DEATH Can Set Me Free”: Moral Injury and the Veteran Suicide Epidemic #4359

As long as humans have engaged in war, moral injury has existed. Over the years, moral injury has taken on many names, including soldier’s heart, shell shock, battle fatigue, and most recently, Post Traumatic Stress Disorder. While some symptoms of moral injury overlap with PTSD, it is important to understand that moral injury and PTSD are not the same thing, and diagnosing moral injury as PTSD can result in a missed opportunity to help a veteran in need of healing. In this workshop, you will hear firsthand veteran accounts of combat exposure, the resulting trauma symptoms and injuries to the soul, and the difference between treatment and healing. With at least 20 veterans taking their lives every day, it is time to address moral injury as one of the root causes of veteran suicide.

Date/time: Friday, November 9, 2018
Registration 12:30 PM • Program 1:00 PM – 4:15 PM
Location: Bay de Noc Community College, Joseph Heirman University Center
2001 North Lincoln Road, Escanaba MI 49829
CECHs: 3
Price: Register by November 2 to SAVE. Pricing available on page 31 and online.
CE faculty: Tina Blaschke-Thompson, LMSW, is a senior clinical instructor and coordinator of the Statewide Blended and Weekend MSW programs for the MSU School of Social Work. Her teaching includes policy advocacy, lifespan development, introduction to infant mental health for MSW students. She also serves as coordinator and instructor for the Combat Veterans Certificate Program.
Glenn Stutsky, LMSW, is a senior clinical instructor for the MSU School of Social Work. His expertise and teaching includes school violence and bullying, policy analysis, and disaster preparedness. He is a co-instructor for the Combat Veterans Certificate Program.

Secondary Trauma and Self-care #4360

Secondary traumatic stress occurs because of exposure to the traumatic experiences of others. Professionals and other caregivers who are exposed to secondary traumatic stress can develop symptoms similar to post-traumatic stress disorder. This exposure results in adverse effects to the mind, brain, and body. In this workshop, you will learn about these adverse effects from a physical and emotional perspective. You will discuss concrete intervention models and strategies that promote reduced anxiety and a sense of well-being for both the client and the helper. You will also learn mindfulness techniques and the importance of self-compassion.

Date/time: Friday, November 16, 2018
Registration 8:30 AM • Program 9:00 AM – 4:30 PM
Location: VisTaTech Center, Schoolcraft College
18600 Haggerty Road, Livonia, MI 48152
CECHs: 6
Price: Register by November 9 to SAVE. Pricing available on page 31 and online.
CE faculty: Annie Lange, BSN, LMSW, ACSW, has served as a clinical faculty member for the MSU School of Social Work. Lange has an active private practice with special interest in self-care, attachment, interpersonal neurobiology, and adoption issues. Lange has Advanced Trainer Certification in the Nurtured Heart Approach. She readily admits that her greatest teachers have been her six children, five of whom are adopted.
Michigan Indian Day: Intergenerational Trauma: The Impact on Indigenous Communities #4351

For generations, Indigenous and Tribal Nations have endured ongoing, intermittent trauma through colonialism, mass forced migration, war, and many other present-day incidents. This intergenerational trauma has resulted in studies supporting the idea that long-term trauma affects families and communities across generations, negatively affecting mental and physical health. In this workshop, you will explore the impact of historical trauma on communities. You will also learn about strength-based approaches to helping communities face crisis and trauma. You will learn practical and theory-based examples for helping communities create positive space for empowering resilience and protective factors toward transcending trauma and promoting healing.

Schedule:
12:00 – 12:30 Networking Opportunity
12:30 Registration Opens for Workshop
12:30 Student Performance (tentative)
1:00 – 4:15 3-Hour CE Workshop

Date/time: Friday, September 28, 2018
Registration 12:30 PM • Program 1:00 PM – 4:15 PM
Location: MSU Federal Credit Union
4825 E. Mount Hope Road, East Lansing, MI 48823
CECHs: 3
Price: Register by September 21 to SAVE. Pricing available on page 31 and online.
CE faculty: Don Lyons, MSW, is a citizen of the Anishinabek nation. An enrolled citizen of Leech Lake Band of Ojibwe in Northern Minnesota, he is bear clan as well as Haudenosaunee from Six Nations and turtle clan. He has a BA and MSW degree from Michigan State University and over 15 years of international, domestic, state, and tribal experience related to wellness, prevention, treatment, program evaluation, and community development.

The Supervision in Child and Family Services Certificate is designed to promote retention of child and family services workers by increasing your skill sets if you are a current or aspiring task or program supervisor or agency leader. This series of courses includes six online self-study courses that are designed to teach you how to create a positive culture for staff retention, by giving you supervisory competencies, tools, and methods of supervision, and information on how to orient, support, and train new staff during their first six months on the job. By improving your supervision skills and retention practices, you will be able to improve outcomes for children and families.

This material was originally developed and organized in partnership with the Michigan Federation for Children and Families—a statewide association of private nonprofit child and family service agencies.

In order to be eligible for the certificate, all six self-study workshops must be completed. All courses can also be taken independently. All self-study courses are available online.

Online/self-study courses
- The Role of Leaders in Staff Retention 2 CECHs
- The Practice of Retention-focused Supervision 2 CECHs
- Working with Differences 2 CECHs
- Communication Skills 2 CECHs
- The First Six Months 2 CECHs
- Recruiting and Selecting the Right Staff 2 CECHs
The Role of Leaders #375 2 CECHs
As a leader in a child and family service agency, it is crucial to recruit, select, and retain the right staff to do the job. Attaining positive outcomes for children and families is a main priority for service leaders. It is very difficult to succeed in this area without a qualified and committed workforce. This course has been developed for child and family service leaders and anyone who aspires to have a leadership role in a child and family service agency. Topics such as leadership models for staff retention; leaders and relationships; developing a leadership team; staff development; mission and direction; salaries, benefits, and non-monetary rewards; accountability and outcomes; as well as developing a culture for staff retention will be covered.

The Practice of Retention-focused Supervision #300 2 CECHs
This online course is designed to help you become more intentional in your supervision and to make best use of supervisory time with your staff. It will introduce supervisory competencies known to motivate and encourage increasing confidence and staff commitment to a career in child and family services.

Working with Differences #333 2 CECHs
This online course will help you focus on working with issues of staff diversity in child and family agencies. As child and family service agencies move toward developing staff that are responsive to the diverse needs of their clientele, as a supervisor you will need to be able to maximize staff capabilities with an eye toward retaining trained and experienced staff. Diversity in child and family services means meeting the needs of families and children being served as well as the diverse staff working with them. Working with difference means that you will need to be self-aware, flexible, and have a desire to broaden your repertoire of responses to ever-changing situations and people coming from a wide variety of cultural contexts.

Communication Skills in Supervision #301 2 CECHs
As a supervisor, you can learn to use retention-focused communication skills to support staff in being the “expert” on their practice. This course will offer you a strengths-based approach that focuses on respecting the abilities of your staff and avoids dwelling on what they have done wrong. Learn about techniques that focus on asking about successes and giving positive feedback for accomplishments and find out how to help staff communicate their needs and assumptions. The benefit of looking beyond behavior to what underlies staff’s responses will be discussed, and confrontational skills that help staff grow and develop will be explored.

Recruiting and Selecting the Right Staff #332 2 CECHs
Having the right people in the right positions is a critical success factor for child and family agencies where the future lives of children and families are at stake. Having the capacity and the skill to hire good people effectively and efficiently must be a leadership priority. In this self-study course you will learn about five elements of recruiting and selecting the right staff. You will also have an opportunity to explore a six-step process for recruiting staff with an eye to retention.

The First Six Months #331 2 CECHs
This online course will help you understand and effectively deal with a staff person’s first six months on the job. As research indicates, the first six months for a new employee is the most vital as it applies to staff turnover. By focusing on the first six months, you will have an opportunity to sharpen and practice your retention skills through the use of a structured format designed to orient and develop skills in new staff. Lessons learned from this program can also help you to focus your supervision and agency practices on valuing and retaining experienced staff.
Engaging Ethnically Diverse Families of Children with Disabilities #4352

Who do you see when you are providing services for families of children with disabilities, and who aren’t you serving? Families of children with disabilities experience greater levels of multi-life stressors, and cultural misunderstandings often times contribute to this stress. Designed to increase awareness and skill, this workshop will prepare you to identify personal, professional, organizational, community, and systemic barriers that often restrict the full potential of ethnically diverse families. There will be a special focus on families from a Latin American background.

Date/time: Thursday, October 11, 2018
Registration 8:30 AM • Program 9:00 AM – 12:15 PM
Location: Troy Community Center, 3179 Livernois, Troy, MI 48083
CECHs: 3
Price: Register by October 4 to SAVE. Pricing available on page 31 and online.

CE Faculty:
Elizabeth Janks, LCSW, is the associate director of training and community support at the MI Developmental Disabilities Institute at Wayne State University and is an instructor at the School of Social Work at Wayne State University. She is an advocate who has extensive community connections to local and statewide associations that directly address the issues of families of children with disabilities. She brings a strong and sensitive dual expertise from her professional training and life experiences as a mother of a young man with intellectual disabilities.

Julia Hernandez, MA, BS, works at the MI Developmental Disabilities Institute as the project director for SEAM (Supporting Educational Achievement for Minorities), providing training and support to families of children with disabilities on special education and related topics. She is the mother of four children, her oldest son was born with congenital toxoplasmosis, a condition caused by a virus that can damage the eyes and brain of a fetus.

Meet our new CE staffer!

Help us welcome, Jenna, our new CE student employee! You will see her at an event soon!

Hi, my name is Jenna Pryor! I joined the Continuing Education team in March 2018 as the new student assistant. I'm a junior at Michigan State University, and I am working on my Bachelors of Social Work. After participating in the Inside/Out Program this past semester, I am now interested in criminal justice social work and hope to work with those affected by the prison system in the future.

Fun Fact: I'm a triplet!
Dialectical Behavioral Therapy Skills Training #4327

DBT is a multi-modal treatment. Although skills training is a single mode, it is by far the most popular mode of DBT. Many programs begin implementing this mode in the beginning of learning how to develop their DBT program. Perfect for support staff, those working on the front lines, and for direct care clinicians, this training will primarily focus on the concepts and the foundation of the DBT skills while at the same time helping those clinicians experienced in DBT expand their knowledge in them. You can also expect to learn how to structure and format a skills training group, understand the roles and functions of facilitators, begin to teach the concepts of the DBT skills, identify and confront specific therapy-destroying behaviors found in group, lead meaningful mindfulness exercises, and assign specific homework assignments to help strengthen skill generalization.

Date/time: Thursday–Friday, July 12–13, 2018
Registration 8:30 AM - Program 9:00 AM – 4:30 PM both days
Location: MSU Human Ecology Building, 552 West Circle Drive, East Lansing, MI 48824
CECHs: 12
Price: Register by July 5 to SAVE. Pricing available on page 31 and online.
CE faculty: Josh Smith, MSW, LMSW, is a licensed clinical social worker in the State of Michigan, co-owner of the DBT Institute of Michigan as well as a DBT-Linehan Board of Certification, Certified Clinician. Upon getting his master’s degree in social work in 2002, Josh became an outpatient therapist for Pines Behavioral Health in Coldwater, MI. After leaving Pines, Josh went on to lead numerous DBT program development trainings in all levels of care (inpatient, partial/day programs, outpatient, residential, and forensic) for both adolescents and adults. From 2005–2012, he was a trainer in DBT for PESI, LLC. During this time, he gave over 300 lectures on DBT all over the United States. He currently provides supervision to a number of clinicians in DBT from across the country in a variety of settings. Josh obtained his undergraduate and graduate degrees from Michigan State University and received his 10-Day Intensive DBT Training by Behavioral Tech in 2004. From 2012–2014, he received DBT supervision from international DBT expert and author Linda Dimeff, PhD. He is currently only one of four people in Michigan to have obtained Certification in DBT by the Linehan Board of Certifiers.

Ethical Use of Tech in Social Work Practice #4329

Facebook, Snapchat, Instagram, LinkedIn, and other social media advances have left many professionals confused about the potential benefits and challenges of incorporating technology into practice. Many of us are also unaware of the best ways to protect our online identities or how to create a professional online presence. This course will give you tools and strategies for separating personal and professional online identities, with a focus on the new NASW rules and regulations around technology use in professional practice (professional networking, continuing education, evidence-based practice, professional consultation). This course will also provide ethical considerations of technology and social media related to each (connecting with clients online, “safe sharing,” protecting online identities, professional conduct online). You will learn best practice strategies for online professional interaction via small and large group discussions and practical applications. Please bring your laptop, tablet, or smart phone to fully participate in this course.

Date/time: Thursday–Friday, July 19–20, 2018
Registration 8:30 AM - Program 9:00 AM – 4:30 PM both days
Location: MSU Human Ecology Building, 552 West Circle Drive, East Lansing, MI 48824
CECHs: 12
Price: Register by July 12 to SAVE. Pricing available on page 31 and online.
CE faculty: Erica Shiflett-Chila, PhD, MSW, is a clinical associate professor and coordinator of instructional technology for the MSU School of Social Work. She has taught classes at the undergrad and graduate level for 11 years and focuses her research on technology and social work practice. Dr. Shiflett-Chila received her BASW and MSW from U of M, and PhD from MSU.

This course can be taken for University Credit through MSU School of Social Work. Visit https://schedule.msu.edu/#s97KAKS *course SW891-307
Legal and Ethical Considerations in Domestic Abuse Screening #4355

This workshop is an overview of the more subtle forms of domestic abuse. It takes a look at women who abuse, child abuse, and elder abuse. You will be introduced to a screening tool for you to use. You will discuss the importance of safety planning and how to work through a potentially dangerous assessment. In addition, you will discuss the specific ethical dilemmas and how the revised NASW Code of Ethics can help guide you when working with domestic abuse.

Date/time: Friday, October 19, 2018
Registration 8:30 AM - Program 9:00 AM – 3:30 PM
Location: VisTaTech Center, Schoolcraft College
18600 Haggerty Road, Livonia, MI 48152
CECHs: 5
Price: Register by October 12 to SAVE. Pricing available on page 31 and online.
CE faculty: Ellen Craine, JD, LMSW, ACSW, INHC, is in private practice. She has over 20 years of experience in working with couples, families, and individuals in a variety of capacities. She teaches CEU courses for Eastern Michigan University and for NASW–Michigan Chapter. She has recently published two social work-related articles online and is in the process of writing two books. She is also writing a third book on social work ethics, which she hopes to have published in the fall of 2018.

Pain Symptoms as Messengers: Listening to the Body as a Pathway to Healing #4358

This workshop will reveal how physical pain symptoms are bodily messengers that can help individuals understand and manage pain symptoms. These pain symptoms can be caused by persistent unhealthy beliefs and difficult emotions as well as physical injury. The unpleasant nature of pain symptoms generally lead to difficult emotions, which can then generate more pain. When this cycle of pain symptoms goes unnoticed or unaddressed, the cumulative effect can lead to more serious physical and mental health problems. In this workshop, you will learn to differentiate difficult emotions from physical pain sensations, as you practice a body-based strategy to manage pain symptoms for optimal health. The workshop will offer brief lecture, discussion, and experiential exercises. The presenter aims to have participants leave with practical strategies and a renewed charge for reading and managing pain symptoms while moving forward with their work and life goals when working with clients.

Date/time: Friday, November 2, 2018
Registration 9:30 AM - Program 10:00 AM – 12:00 PM
Location: The MTG Space, 4039 Legacy Parkway, Lansing, MI 48911
CECHs: 2
Price: Register by October 26 to SAVE. Pricing available on page 31 and online.
CE faculty: Yvonne Unrua, PhD, LMSW, is a professor of social work and director of the Center for Fostering Success at Western Michigan University. She received her PhD in social work from the University of Utah. She is a licensed social worker (clinical and macro), a registered yoga teacher, and a certified teacher of Integrative Restoration Yoga Nidra.
Celebrating the GLSI’S 10th Anniversary!

10TH ANNUAL
GREAT LAKES SUMMER INSTITUTE
Advancing knowledge in social work practice
Choose from two-day, one-day, and half-day intensive professional development courses designed to advance your practice

July 24, 25, 26 & 27, 2018
at the Great Wolf Lodge, 3575 N. US Highway 31 South, Traverse City, MI 49684

REGISTER BY JULY 10 and SAVE!
Earn as many as 18 social work continuing education credits

For more information, visit https://socialwork.msu.edu/CE or call (517) 353-3060

Designed to blend meaningful learning with maximum relaxation, the Great Lakes Summer Institute is held in beautiful Traverse City. Minutes from the famous Grand Traverse Bay, the Institute will be held at the Great Wolf Lodge where you can enjoy the premiere Elements Spa, play in Fort Mackenzie, splash around a four-story interactive waterpark, and choose any or all of three onsite dining experiences. A special room rate is available to GLSI attendees until June 30, 2018, so register today! Please note: There are a limited number of rooms offered at this special rate and they reserve quickly.

To make your hotel reservation, call: 1-866-962-9653.
Mention immediately upon talking to a reservationist that you are booking a room from the MSU Social Work room block and that your group number is 1807MSUS.
Check in is at 4:00 PM; check out is at 11:00 AM. All guests arriving before 4:00 PM will be accommodated as rooms become available. Waterpark passes will be issued upon check in if your party wishes to use the waterpark before the overnight room is available. A $14.99 resort fee per room, per night applies.

Great Lakes Summer Institute customers needing a check out later than 11:00 AM must mention this when checking in. Additional fees may apply.
Reservations must be made using this information and be received by June 30, 2018. Reservation requests received after this date will be taken on a space available basis.

<table>
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<tr>
<th>Family Suite Group Rate, includes 4 waterpark passes</th>
<th>Dates: July 24–27, 2018</th>
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<td>Extra person charge beyond 4 people: $50 per person, per night</td>
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*Rates are per room, per night. Rates are subject to a 6% Michigan Sales Tax and a local CVB Assessment Tax.
Welcome and Keynote:
**Michigan ACE Initiative: The Impact of Traumatic Experiences**

#4330

**Date:** Tuesday, July 24, 2018  
**Time:** Registration 1:30 PM • Program 2:00 PM – 4:00 PM  
**CECHs:** 1.5*  
**Questions:** swkce@msu.edu or call 517-353-3060

- **2:00 PM – 2:05 PM** | Pre-Institute Welcome  
- **2:05 PM – 2:25 PM** | History of Great Lakes Summer Institute  
- **2:25 PM – 2:30 PM** | Introduction of Speaker and MSU SSW Trauma Work  
- **2:30 PM – 3:55 PM** | Keynote: Michigan ACEs Initiative: The Impact of Traumatic Experiences  
  - Denise Busley, Co-owner, Grand Traverse Pie Company, MI ACE Initiative Master Trainer  
  - Mary Gruman, LPC, MI ACE Initiative Master Trainer  
- **3:55 PM – 4:00 PM** | Conclusion  

*Free if no CECH requested

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**Special thanks to our Summer Institute Snack Sponsor, Havenwyck Hospital**

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**Thank you to our exhibitors!**  
- Forest View Hospital  
- Havenwyck Hospital  
- Hope Network  
- Midwest Center for Youth & Families  
- Self Esteem Shop  
- Social Security Disability  
- Stonecrest Center  
- This End Up Furniture
#10TH ANNUAL GREAT LAKES SUMMER INSTITUTE

## SCHEDULE AT A GLANCE

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*Course descriptions not listed in catalog. For full course details and registration, visit our website at [https://socialwork.msu.edu/CE/](https://socialwork.msu.edu/CE/). Courses 609-18 and 610-18 are free to all DHHS and private agency child welfare workers. All others can register for a fee. Registration online only.
Group Therapy: Using Creativity to Break Through Challenges #4331

Group therapy has vital importance in behavioral health treatment. Too often clinicians do not receive enough training and fresh ideas to be effective. In this workshop, you will learn about and understand the stages of group therapy as well as identify and understand common therapeutic issues that arise from groups. You will explore creative interventions to help groups and families talk about and work through many of these common issues. This interactive workshop will incorporate small/large group discussion and small group practice.

Date: Wednesday, July 25, 2018
Time: Registration 7:30 AM - Program 8:00 AM – 3:45 PM
CECHs: 6
CE faculty: Anthony Muller, MA, LPC, CAADC, CCS

Understanding Trauma #4332

Social workers and other helping professionals inevitably encounter individuals who have experienced trauma. A foundational understanding of the nature of trauma and its impact provides the groundwork for developing the ability to effectively serve people who have experienced trauma. In this workshop, you will explore the general nature and impact of trauma across the lifespan. You will learn the elements of trauma-informed care at the individual, family, organizational, and community levels.

Date: Wednesday, July 25, 2018
Time: Registration 7:30 AM - Program 8:00 AM – 3:45 PM
CECHs: 6 - MCOLES approved; SCECHs pending
CE faculty: Cheryl Williams-Hecksel, LMSW

Play, Create, and Move! Play, Creative Art and Movement Therapy Techniques That Inspire Healing #4333

Play and creative techniques have been used to help with healing for many years. The processing that happens during the actual act of play, art creation, and movement helps clients move through their healing. In this experiential workshop, you will learn specific techniques that utilize various play, creative art and movement in therapeutic settings. Each of the techniques covers a wide range of uses so that you may adapt them for your specific area of theory in play therapy, including individual, family and group techniques. Please remember to dress comfortably and be ready for some fun and self-care.

Date: Wednesday, July 25, 2018
Time: Registration 7:30 AM - Program 8:00 AM – 3:45 PM
CECHs: 6 - APT Provider #08-229
CE faculty: Christine Davis Zouaoui, LPC, RPT-S
Kaitlynn Sinke, R-DMT, LLPC, CYT

*Play therapy credit will not be awarded to non-mental health professionals.

Register for the above workshops by July 10 to receive a discount. Pricing available online or on page 13.
Building Recovery Capital: A Strength-based Approach to Relapse Prevention #4334

In the past, the field of substance use disorder treatment has emphasized “relapse prevention strategies.” A relapse prevention approach has numerous limitations, including not being a strength-based model and focusing on abstinence. This workshop focuses on working with individuals with chronic conditions, especially substance misuse, mental health, and medical conditions. You will learn about a strength-based model which emphasizes optimal functioning and consumer empowerment to make healthy choices, while still recognizing high-risk situations or problematic behavior. This model addresses William White’s, Tom McClellan’s, Ed Wagner’s, Rami Shapiro’s, and Rick Gray’s philosophies of care, focusing on an integrated care service delivery model.

Date: Wednesday, July 25, 2018
Time: Registration 7:30 AM • Program 8:00 AM – 11:15 AM
CECHs: 3 • Substance Use Specific
CE faculty: Tom Moore, LMSW, LLP, CAADC, CCS

Interdisciplinary Approach to Trauma Treatment for Refugee Youth #4335

In this workshop, you will learn how the stages of adjustment, migration, and resettlement experiences impact trauma treatment for refugee youth, including how to adapt trauma treatment approaches to increase resiliency and prevent isolation of refugee youth. You will also be equipped with culturally specific resources to use in your practice. Interdisciplinary focus includes the following areas practice: advocacy, child welfare, clinical, community, and school-based interventions.

Date: Wednesday, July 25, 2018
Time: Registration 7:30 AM • Program 8:00 AM – 11:15 AM
CECHs: 3
CE faculty: Diane Baird, LMSW

“Only DEATH Can Set Me Free”: Moral Injury and the Veteran Suicide Epidemic #4336

*Will contain graphic content*

As long as humans have engaged in war, moral injury has existed. Over the years, moral injury has taken on many names, including soldier’s heart, shell shock, battle fatigue, and most recently, Post Traumatic Stress Disorder. While some symptoms of moral injury overlap with PTSD, it is important to understand that moral injury and PTSD are not the same thing, and diagnosing moral injury as PTSD can result in a missed opportunity to help a veteran in need of healing. In this workshop, you will hear firsthand veteran accounts of combat exposure, the resulting trauma symptoms and injuries to the soul, and the difference between treatment and healing. With at least 20 veterans taking their lives every day, it is time to address moral injury as one of the root causes of veteran suicide.

Date: Wednesday, July 25, 2018
Time: Registration 12:00 PM • Program 12:30 PM – 3:45 PM
CECHs: 3
CE faculty: Tina Blaschke-Thompson, LMSW
Glenn Stutzky, LMSW

All workshops can be taken as part of the certificate program or can be taken as stand-alone workshops.
Using Mindfulness for Chronic Pain #4337

Mindfulness is recognized as a component of Dialectical Behavior Therapy; however, it has now been expanded into Mindfulness Based Stress Response, Mindfulness Based Cognitive Therapy, and Mindfulness Based Relapse Prevention. In this workshop, you will specifically look at the role of mindfulness in relation to chronic pain. You will learn about mindfulness-based pain management strategies commonly used today. You will discuss pain pathways and the impact that mindfulness could play in treatment. Learning in this workshop will be through interactive large and small group discussion and practice.

Date: Wednesday, July 25, 2018
Time: Registration 12:00 PM • Program 12:30 PM – 3:45 PM
CECHs: 3 • Meets Pain Management Criteria
CE faculty: Tom Moore, LMSW, LLP, CAADC, CCS

Cognitive Behavioral Therapy for Anxiety Disorders #4338

Anxiety disorders are extremely prevalent; however, finding access to evidence-based treatment remains a challenge. The focus of this skill-based mini course is on the concepts, theory, principles, and procedures appropriate to the assessment and effective cognitive-behavioral therapy of adults with anxiety disorders. In addition, the diagnostic changes in the anxiety disorders spectrum that occurred in DSM-5 will be addressed. The course content reflects advanced material of current relevance for effective clinical practice and issues associated with effective assessment and implementation of a variety of anxiety disorders.

Date: Thursday–Friday, July 26–27, 2018
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM both days
CECHs: 12
CE faculty: Laura Lokers, LMSW

Igniting Greatness: Building Resilience in Traumatized Families and the Nurtured Heart Approach #4339

In the human service world and that of our community, we are continually faced with challenges that can lead to tremendous suffering. This workshop will focus on tools, skills, and models that support resiliency. Concrete strategies related to mindfulness, shame resilience, psychological flexibility, and self-compassion will be discussed. The framework of the Nurtured Heart Approach will also be discussed in depth. This is a model designed to develop the greatness in every child and family even in the most difficult circumstances. By combining both resiliency strategies and the Nurtured Heart Approach, you will learn techniques and strategies to create powerful experiences of success for families. This interactive workshop will include large/small group discussion and small group practice.

Date: Thursday, July 26, 2018
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6 • Meets Pain Management Criteria
CE faculty: Annie Lange, BSN, LMSW, ACSW

All workshops can be taken as part of the certificate program or can be taken as stand-alone workshops.

Register for the above workshops by July 10 to receive a discount. Pricing available online or on page 13.
Trauma and the Brain – Version 2.0 #4340

Science now demonstrates that an understanding of the impact of toxic stress on brain functioning is essential to effectively assess needs and plan interventions. Understanding the neurobiology of trauma from infancy through adulthood is essential to promote optimal development and resiliency for individuals. In this workshop, you will explore the impact of trauma on development, learning, memory, and coping. You will learn strategies to intersect what you see, what science tells you, and what your professional wisdom demonstrates.

This is a revised format from the initial sessions of Trauma and the Brain. While the description and objectives are much the same, the content will be presented integrating additional sources and revised learning activities.

Date: Thursday, July 26, 2018
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6 • MCOLES approved; SCECHs pending
CE faculty: Cheryl Williams-Hecksel, LMSW

Dancing with the Hungry Ghost: Assessing and Treating Cannabis Dependence #4341

With society’s growing acceptance of marijuana use, a percentage of regular cannabis consumers are recognizing issues related to their using. In this workshop, you will learn strategies for identifying, assessing, and treating these issues. Using evidence-based methodologies derived from SAMHSA research, you will learn intervention techniques based in Motivational Interviewing and Cognitive Behavioral Therapy that will assist you in working with this population. In addition, you will practice using an assessment tool that measures the “relationship with marijuana,” providing a useful medium to prevent avoidance and arguments regarding addiction and marijuana use. This interactive and entertaining workshop is wrapped in the poetry of Buddhist metaphors and Shamanic wisdom, feeding both your heart and your head.

Date: Thursday, July 26, 2018
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6 • Substance Use Specific
CE faculty: Mike Stratton, ACSW, LMSW

A Is for Action: Experiential Methods in Clinical Social Work #4342

Experiential Therapy draws its base from a number of approaches, including Psychodrama and Action Methods, Gestalt, Sculpting, Recreation Therapy, and Satir’s methodology. This model uses therapeutic and educational tools that involve the enactment of the client’s story under the guidance and direction of a trained mental health professional. This workshop will provide an overview of and an introduction to individual and group process, facilitative skills, and action techniques. The basic concepts of psychodrama and experiential therapy will be presented. You should come prepared to engage in activities and experiential methods during this interactive workshop.

Date: Thursday, July 26, 2018
Time: Registration 7:30 AM • Program 8:00 AM – 11:15 AM
CECHs: 3
CE faculty: Tom Moore, LMSW, LLP, CAADC, CCS
Eating Disorders: How Media and Culture
Impact Assessment and Treatment #4343

The risks to develop, and dangers of, eating disorders continues to be all too prevalent in our society. It is critical to understand the relationship between self-esteem, compulsive behaviors, trauma, and social media, and how they are intertwined in our relationships with self and others. In this workshop, you will learn some strategies for assessing for eating disorders. You will also discuss how social media has played an increased role in perceptions of eating disorders. Possible treatment options and strategies for relapse prevention will be discussed.

Date: Thursday, July 26, 2018
Time: Registration 12:45 PM - Program 1:15 PM – 4:30 PM
CECHs: 3
CE faculty: Rhonna Nelson, LMSW, ACSW, CAADC

Social Work Ethics: Boundary Management
for Clinical Practice #4344

Ethics are the practice guidelines of how we provide all treatment services to our clients. It is critical for us to stay cognizant of maintaining appropriate and ethical relationships with our clients, to provide services in their best interest. The need for a continuous review of boundaries in social work is essential to providing appropriate and truly beneficial treatment for our clients. In this workshop, you will enhance your ability to set and maintain boundaries through the use of ethical decision-making skills, incorporating the Code of Ethics, Conflicts of Interest, and Values. This workshop is designed for multiple skill levels to teach and learn from each other through questions, answers, and small group discussion opportunities.

Date: Friday, July 27, 2018
Time: Registration 7:30 AM - Program 8:00 AM – 3:45 PM
CECHs: 6 - Meets Ethics Criteria
CE faculty: Rhonna Nelson, LMSW, ACSW, CAADC

Secondary Trauma and Self-care #4345

Secondary traumatic stress occurs because of exposure to the traumatic experiences of others. Professionals and other caregivers who are exposed to secondary traumatic stress can develop symptoms similar to Post-Traumatic Stress Disorder. This exposure results in adverse effects to the mind, brain, and body. In this workshop, you will learn about these adverse effects from a physical and emotional perspective. You will discuss concrete intervention models and strategies that promote reduced anxiety and a sense of well-being for both the client and the helper. You will also learn mindfulness techniques and the importance of self-compassion.

Date: Friday, July 27, 2018
Time: Registration 7:30 AM - Program 8:00 AM – 3:45 PM
CECHs: 6 - MCOLES approved; SCECHs pending
CE faculty: Annie Lange, BSN, LMSW, ACSW

All workshops can be taken as part of the certificate program or can be taken as stand-alone workshops.

Register for the above workshops by July 10 to receive a discount. Pricing available online or on page 13.
Mothers Who Can’t Love: Breaking the Cycle of Toxic Parenting for Adult Daughters #4346

This interactive workshop will begin with a thought-provoking literature review and discussion on the topics of mothers that have toxic tendencies and the impact of being raised in this environment. Specifically, you will examine the impact of early maternal neglect and abuse on the developmental outcomes of young daughters. You will then examine the experiences of these daughters once they reach adulthood and are charged with the task of mothering their own infants and toddlers. Videotaped interviews of these daughters will be presented throughout this workshop and will be used to illustrate (in the words of the daughters) the challenges they face in the aftermath of their challenging relationships with their own mothers. Evidenced-based clinical practices used to work with young mothers and their children will also be explored.

Date: Friday, July 27, 2018
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6 • Substance Use Specific
CE faculty: Tina Blaschke-Thompson, LMSW
Molly A. Minnick, LMSW, IMH-E (Level III)

Seeking Safety©: An Evidence-based Model for Substance Use and PTSD #4347

Seeking Safety© is a dynamic evidenced-based practice (EBP) model created by Dr. Lisa Najavits. This EBP addresses simultaneously both PTSD symptoms and substance use disorders with individuals challenged by addiction and histories of trauma. This model is utilized in a small group format and has proven effective in helping individuals to cope safely with PTSD symptoms and triggers for relapse. Individuals also learn to practice these techniques in a safe group environment with supportive peer interaction and feedback. In this workshop, you will learn about the purpose and use of Seeking Safety© as an evidenced-based practice. You will also have the opportunity to learn and practice skills in small and large group settings. This workshop is multi-modal, including skill development, practice opportunities, role play, and video clips.

Date: Friday, July 27, 2018
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6 • Substance Use Specific
CE faculty: Andrea J. Calabrese, DSW, MSW

All workshops can be taken as part of the certificate program or can be taken as stand-alone workshops.
About the GLSI faculty

Diane Baird, LMSW, has worked with refugees for 20 years, including refugee and immigrant youth placed in foster care and families resettling in the U.S. She is a trainer for the Michigan Human Trafficking Task Force. She currently works for General Dynamics Information Technology as a program monitor with the Administration for Children and Families, Department of Health and Human Services, Office of Refugee Resettlement.

Tina Blaschke-Thompson, LMSW, is an award-winning senior clinical instructor and coordinator of the Statewide Blended and Weekend MSW programs for the MSU School of Social Work. She teaches policy advocacy, lifespan development, and introduction to infant mental health for MSW students. She is the coordinator and an instructor for the Combat Veterans Certificate Program.

Andrea J. Calabrese earned her Doctor of Social Work degree from Rutgers University School of Social Work and her MSW from Hunter College. She currently holds the position of chief operations officer at Child and Family Charities in Lansing, MI.

Annie Lange, BSN, LMSW, ACSW, has served as a clinical faculty member for the MSU School of Social Work. Lange has an active private practice with special interest in self-care, attachment, interpersonal neurobiology, and adoption issues. Lange has Advanced Trainer Certification in the Nurtured Heart Approach. She readily admits that her greatest teachers have been her six children, five of whom are adopted.

Laura Lokers is a licensed clinical social worker and co-founder of the Anxiety and OCD Treatment Center of Ann Arbor. She is an adjunct professor at the University of Michigan School of Social Work. She has specialized training in Cognitive Behavioral Therapy for a variety of anxiety, mood, OCD, and OCD-related disorders. In addition to clinical training and clinical supervision, Lokers has also been involved in clinical research, primarily in the area of Obsessive Compulsive Disorder and OC spectrum disorders. Currently, she is a member of the Washtenaw Hoarding Task Force.

Molly Minnick, LMSW, is a level III endorsed IMH specialist with over 25 years of experience working with mothers, fathers, and babies at risk for disorders of attachment. In addition to her full-time position in this capacity at Gratiot Integrated Health Network, Minnick also teaches advanced clinical practice in the MSU School of Social Work. She maintains a small private practice where she sees children, adolescents, couples, and families.

Tom Moore, LMSW, LLP, CAADC, CCS, founded Two Moons LLC in 2014, providing consultation, training, and supervision. A part-time instructor for Western Michigan University since 1986, he taught courses in experiential art therapy. Moore holds master’s degrees from Indiana University and Norwich University in education and psychology.

Anthony Muller, MA, LPC, CAADC, CCS, has worked in the mental health and substance abuse field for 20 years. He is an experienced trainer with local, statewide, national, and international training experience. He currently works for Wedgwood Christian Services and is the director of clinical and business development.

Rhonna Nelson, LMSW, ACSW, CAADC, is a licensed psychotherapist who has been in practice since 1979 and is currently in private practice in Bingham Farms, MI. Nelson received her MSW from Wayne State University. She is certified in EMOR, is a Certified Advanced Alcohol and (Other) Drug Counselor, and is qualified as a DOT/SAP. She has worked in outpatient treatment settings for mental health and in outpatient treatment, detoxification units, and inpatient treatment settings for chemical dependency services. Nelson has been teaching continuing education seminars since 2008.

Susan Radzilowski, LMSW, earned her MSW at the University of Michigan where she majored in interpersonal practice. She has over 25 years experience as a school social worker and currently serves as the lead social worker for the Detroit Institute for Children. Radzilowski was a founding co-chair of the SE Michigan chapter of GLSEN (Gay, Lesbian, Straight, Education Network). She also served on the National Advisory Council. Radzilowski has developed and delivered training materials, ethics articles, educational workshops, and a university mini-course on support strategies for transgender and gender non-conforming youth in the context of their families, schools, and communities.

Kaitlyn Sinke, R-DMT, LLP, CYT, holds a master’s degree from Columbia College Chicago in dance/movement therapy and counseling. She currently works as a registered dance/movement therapist, certified therapeutic yoga teacher, and limited licensed professional counselor. She has experience working in both clinical and community-based settings with children, adolescents, adults, and geriatrics. Sinke currently presents her body-based work in various settings including medical school programs, yoga studios, high schools, and community day care centers.

Mike Stratton, ACSW, LMSW, is a psychotherapist in East Lansing, MI. He is a national speaker on topics ranging from dreams to recovery. He specializes in working with recovery, trauma, and management consultation. Stratton has hosted a jazz radio program on WNIZ since 1997. His novel, Everybody Dreams, is currently available on Amazon.com.

Glenn Stutzky, LMSW, is a senior clinical instructor for the MSU School of Social Work. His expertise and teaching includes school violence and bullying, policy analysis, and disaster preparedness, and he is a co-instructor for the Combat Veterans Certificate Program.

Cheryl Williams-Hecksel, LMSW, is on the faculty of the MSU School of Social Work. Prior to MSU, she gained more than 20 years of clinical and administrative experience in public and private child welfare and mental health agencies. She is the coordinator of the School’s Evidence Based Trauma Treatment Certificate. She is involved in MSU’s work with the National Child Welfare Workforce Institute.

Christine Davis Zouaoui, LPC, RPT-S, has been in private practice for over 18 years. Her experience includes working with children, adolescent, and adult issues. In addition to her counseling degree, She is a play therapy supervisor. Zouaoui presents in many venues including schools, adoption support groups, day care providers, and other mental health professionals, teaching about art therapy techniques and the Nurtured Heart Approach by Howard Glasser. She has recently included a separate training for professionals specifically on how she combines play and art therapy techniques and the NHA to increase the effectiveness of therapy with clients.

Comments from 2017 GLSI attendees...

“Nice program and casual setting was comfortable and conducive to learning. Thanks!”
—Mary Conrigan, Foster Care Therapist

“This is my 2nd time attending GLSI. It is well organized. The conference getting is comfortable; the course material is relevant and well presented. I also love paying only for what I register for.”
—Mary T. Kinzie, Social Worker

“I love this training and location… I have increased my tool box while being able to have fun with my family!”
—Heather Ketzler, Clinical Therapist

“I am very pleased overall with the conference and will most likely return next year! The location was perfect as my family could enjoy their time while I was learning.”
—Jennifer Thayer, Clinical Supervisor

“Conference and accommodations were fantastic!”
—Susan Hoffman

“Wonderful overall conference.”
—Mary Cook

“Great opportunity for fun and learning with my entire family.”
—Denise Smith, LMSW

“Again another great conference! Great place, great topic, great time of year :) The perfect trifecta.”
—Cathy Stinson, SSW
Michigan State University School of Social Work seeks to be as accessible as possible. You can now receive social work continuing education credit at your leisure—when it’s convenient for you! Save travel time and cost.

For program descriptions, details and registration, please visit: https://socialwork.msu.edu/ceu/catalog.php.

These courses are approved by ASWB and MICEC. For more information, visit page 29.

Online On-Demand courses are considered online, non-interactive, asynchronous CECHs. If you live outside of Michigan, check with your state’s social work regulatory body.

Current Online On-Demand Courses

These courses rotate each catalog cycle.

### Identifying and Assisting Victims of Trafficking #393-18

Human trafficking is a crime that impacts vulnerable youth and adults through dynamics of exploitation and abuse in order to obtain financial gain. Social workers and health care providers have the unique opportunity to prevent, identify, and assist victims of this crime and to help its victims move toward lives of empowerment. In this recorded webinar, you will gain knowledge about human trafficking, its intersections with other forms of abuse, the populations affected by trafficking, and indicators to lookout for in everyday practice.

**CE faculty:**
Elisabet Medina, MSW. The focus of Elisabet’s work has been with immigrant victims of domestic violence, sexual assault and human trafficking. She works at San Francisco Child Abuse Prevention Center, coordinating strategic partnerships to address Commercial Sexual Exploitation of Children and youth.

### When Stress Causes Pain: Innovative Treatments for Mind–Body Disorders #394-18

Clients often present with chronic physical symptoms for which there is no clear medical explanation. New research and clinical practices have been shown to be effective for helping these individuals significantly reduce or eliminate pain. This recorded webinar offers you the opportunity to gain knowledge and learn skills that will be immediately applicable to your practice.

**CE faculty:**
Alan Gordon, LCSW, is the founder and director of the Pain Psychology Center in Los Angeles. A psychotherapist specializing in the treatment of chronic pain, Alan is an assistant adjunct professor at the University of Southern California.

### Beyond Breathing: Tools for Teaching Relaxation in Trauma Work #397-18

One of the most common components across a variety of trauma treatment models is the inclusion of relaxation skills. When people think of teaching relaxation techniques, they often think of deep breathing exercises. While those are incredibly important, there are many ways relaxation can be incorporated. This recorded webinar will identify the importance of relaxation for those who have experienced trauma and how to teach it to individuals across the lifespan. A variety of practical application exercises will be demonstrated so you can begin using the interventions immediately in your work.

**CE faculty:**
Megan Spedoske, LMSW. Megan’s clinical work has focused on grief, loss, trauma, and compassion fatigue prevention in community-based organizations and academic settings. She is the program coordinator for Veterinary Social Work Services at the MSU Veterinary Medical Center.
Michigan State University School of Social Work offers a rigorous professional development competency series for master’s-level social work practitioners interested in advancing their knowledge in social work intervention in educational settings, assessment, and integration of psychological and educational testing and intervention with children with special needs in educational settings.

The School Social Work Competency Series in the School of Social Work at Michigan State University is an INTERACTIVE ONLINE PROGRAM designed to meet specific educational requirements set forth by the Michigan Department of Education. To learn about school social work eligibility requirements to become a school social worker in Michigan, visit socialwork.msu.edu/school_sw. If you live outside of Michigan, we encourage you to contact the Department of Education in the state you wish to practice to learn about the competencies and requirements set forth by that state.

Unless otherwise stated, School Social Work Competency Courses are worth 36 ONLINE Social Work Continuing Education Hours and are $500; this price does not include course texts also required for the course. To learn more about the programs, instructors, and to register, visit https://socialwork.msu.edu/CE/School-Social-Work-Competency-Series.

FREQUENTLY ASKED QUESTIONS

What are the course requirements? To take this course, you must meet technology requirements at help.d2l.msu.edu/technical-requirements

How do I earn CECHs? To obtain social work continuing education credit, you must:
1. Complete and pass all tests administered throughout the course, following the instructions provided.
2. Complete an attendance record and evaluation online that will be emailed to you after the course.

Students who take the course for continuing education or for school social work approval and pass will receive a letter verifying their successful completion of each course. To receive credit on a University transcript, students MUST take this for University credit at a different rate; for details, visit reg.msu.edu/(429 = SW873, 428 = SW874, 430 = SW875)

What if I am not from Michigan? The title “School Social Worker” is a regulated title in at least 32 states, with varying requirements. Some states have accepted completion of one or more of the courses offered in the Competency Series in School Social Work at Michigan State University to meet some of these requirements. Many states regulate this title through their state Department of Education.

How do I apply for Temporary Approval? Information regarding the application for temporary approval for school social work can be found at: http://www.michigan.gov/documents/mde/School_Social_Worker_Approval_544628_7.pdf

Additional information: These courses are ONLINE CECHs; check with your state’s social work regulatory body to see how these may count toward required CECHs. Fees for this course do not include textbooks or additional materials you may have to purchase. To learn more about accommodation requests, grievance procedure, refund policy, and other policies and technical information, visit https://socialwork.msu.edu/CE. You can also view our policies and procedures on page 29.
School Social Work Assessment: Integrating Psychological and Educational Testing* #428

36 Online CECHs  
#428-19.1 March 11 – April 28, 2019  
#428-19.2 May 13 – June 30, 2019

This course delves into the integral place of assessment within the roles and functions of school social work services. The course examines theoretical and practical knowledge about how psychological and educational testing and measurement procedures are included in problem-solving processes within schools, and how they are embedded within the broader context of psycho-social assessment that leads to evidence-based interventions.

CE faculty: Mark A. Nester, LMSW, has been a school social worker for over 30 years and teaching undergraduate and graduate students at MSU for the past five years. He has recently consulted with the Michigan Office of Special Education and is currently working with a private K-8 school.

School Social Work in Educational Settings* #429

36 Online CECHs

#429-19.1 May 13 – June 30, 2019  
#429-19.2 September 9 – October 27, 2019

This course considers social work practice in the “host” setting of schools. It examines the challenges and opportunities of social work practice in educational settings by addressing the roles and functions of social workers within a complex ecological system of home/school/community. Topics are addressed from a multi-system, multi-modal approach to practice. Implications for social work practice involving prevention and intervention with a variety of client systems are examined.

CE faculty: Stephene Diepstra, PhD, LMSW, received her master’s degree in social work from the University of Michigan and her PhD in social work from Michigan State University. Stephene has been a practicing school social worker for nine years.

School Social Work Intervention: Children with Special Needs* #430

36 Online CECHs

#430-19.1 January 7 – February 24, 2019  
#430-19.2 July 1 – August 18, 2019

This course focuses on identifying children with special needs and providing evidence-based school social work interventions within the complex interactions and relationships of home, school, and community contexts. Children’s learning, social, medical, emotional, and behavioral difficulties are examined.

CE faculty: Kim Battjes, LMSW, was a school social worker for 16 years and currently serves as the MSU school social work consultant and interuniversity representative for the MSU School of Social Work non-credit School Social Work Competency Series and works in MSU’s Chance at Childhood Program as the coordinator.

*This course can be taken for University credit through MSU School of Social Work. Visit reg.msu.edu/(429 = SW873, 428 = SW874, 430 = SW875)
Policies & Procedures

Who should attend your continuing education workshops? Each course listing includes a skill level box, indicating if a course is intended for a beginning, intermediate, or advanced level Master of Social Work practitioner unless otherwise indicated. In addition, Macro, Clinical, or both will be listed to identify the focus of the primary content. Professionals practicing in human service and healthcare fields will benefit from attending programs described in this catalog. Courses have been designed for the licensed master’s-level social worker except where noted. All courses are open to LLBSWs, LBSWs, LLMSWs, and LMSWs practicing in both clinical and macro roles. The general public is invited to attend any of the programs listed in this catalog.

Will I earn Social Work Continuing Education Credit if I attend a program described in this catalog? Michigan State University School of Social Work, provider #1136, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org through the Approved Continuing Education (ACE) Program. Michigan State University School of Social Work maintains responsibility for the program. ASWB Approval Period: 6/14/2016 – 6/14/2019. Social workers should contact their regulatory board to determine course approval for continuing education credits. We are also an approved MISCEC Provider (provider #0001) through August 2018.

What are course completion requirements?

- **Face-to-face or live video/audio webinars or conferences:** To receive continuing education contact hours (CECHs) for programs listed in this catalog, you must arrive by the advertised starting time, and you must stay until the end of the program. For webinars, you additionally need to pass a post-test with 75% accuracy to receive credit. The event will be canceled if an unforeseen emergency causes you to arrive late or leave early. Part credit may be awarded at the sole discretion of the continuing education committee (and in compliance with the rules promulgated by the State of Michigan Board of Social Work and regulations of Association of Social Work Boards). If you object to the program provider’s decision regarding the award of CECHs, you are entitled to file a grievance form provided by program staff upon request within two weeks of the program end date.

- **Online On-Demand Continuing Education Credit:** To receive credit for an online continuing education course, you must complete the attendance record, evaluation, and a post-test with 75% accuracy. If you do not pass, you will be able to retake one additional time. Once all materials are submitted and a passing score is obtained, you will receive your certificate within 30 days. You have access to material for the time period the class is scheduled. We are unable to offer additional CECHs for extra time you spend with the course material. These courses are ONLINE CECHs; check with your state's social work regulatory body to see how these may count toward required CECHs.

How and when do I pay? All of our in-person programs require pre-registration and payment prior to the course. You may pay by credit card at the time of your registration with our online registration system. You may fax or mail credit card information with your registration, or send a check or money order with your registration by mail. We are unable to accept cash. Payment must be received with registration in order to reserve a space. Some programs are offered free of charge; if this is indicated, registrations will be accepted on a first-come first-serve basis. We are unable to maintain a wait list at this time. Email or call to request a receipt. Field instructor, field liaisons, and MSU School of Social Work faculty receive discount category D (see page 13) for in-person sessions and webinars only. Retirees are defined as individuals who are no longer employed.

If I need to cancel, can I get a refund? If you cancel by faxing or mailing in a refund request form (available at https://socialwork.msu.edu/CE/ under “Forms” or contact swkce@msu.edu to obtain) at least one week prior to the course start date, you will receive a refund less a 20% administrative fee. Cancellations and requests for refunds received after this time are not eligible for a refund. In the event the MSU School of Social Work cancels an event, you will receive a FULL refund.

Do you send a confirmation for my registration? If you provide an email address, you will receive a confirmation email one week prior to the event for which you have registered, delivered to the email address provided. We cannot guarantee you are registered for a program unless you receive an email confirmation from swkce@msu.edu or you contact us to verify confirmation. Email swkce@msu.edu or call (517) 353-3060.

How do I request an accommodation? Michigan State University is committed to providing equal opportunity for participation in all programs, services, and activities. Accommodations for persons with disabilities may be requested by writing the request on the registration form on page 34, or including the request when registering online, or by contacting us at swkce@msu.edu; include “Accommodations request” in the subject line, or call (517) 353-3060 at least two weeks prior to the program start date. Requests received after this date will be honored whenever possible.

When will certificates be issued? Certificates of attendance will be awarded to individuals upon request provided the individual’s account is paid in full and all required continuing education documentation is completed. In most cases for face-to-face programs this will be at the completion of training or within 30 days of the training.

Can I request a duplicate certificate? Yes. On our website, under “Forms” you will find a “Duplicate Certificate Request.” There is a $10 charge for replacement of each duplicate certificate, and they will be marked as such.

What does Substance Use Specific mean? Courses identified in this way will be accepted by MCBAP (Michigan Certification Board for Addiction Professionals) as meeting criteria for substance use credits.

What should I wear? Dress comfortably and in layers as each location has varied temperatures.

In the event of inclement weather? It is unlikely MSU cancels an event due to weather. Call (517) 353-3060: the outgoing message will provide an announcement if an event is cancelled. An email will also be sent to the email address provided.

**NOTE:** All programs are scheduled on Eastern Standard Time and may be photographed and/or audio/video taped. If you do not wish to be photographed or recorded during a face-to-face event, contact us at (517) 353-3060.
PAYMENT INFORMATION • PLEASE COMPLETE

☑ Checks and money orders payable to: MSU–Social Work Continuing Education
Baker Hall
655 Auditorium Road, Room 14
East Lansing, MI 48824

or supply your credit card information below:

☑ Visa ☑ Mastercard ☑ American Express

Card #: ___________________________ Security code #: ___________ Expiration date: _____/______
Billing address zip code: __________

Cardholder name: __________________________________________________________________

Cardholder signature: ______________________________________________________________

☑ Please check if your information has changed since your last registration with us!

Please do not email your registration information as email is not a secure registration method.
| Check | Date       | Workshop Number and Name                                                                 | Page | Price for All Categories | Early Registration Discounts | By This Date | General Price | Discount Price |
|-------|------------|-----------------------------------------------------------------------------------------|------|--------------------------|-------------------------------|--------------|---------------|----------------|----------------|
| 7/12  | 7/13       | 4327 – Dialectical Behavioral Therapy Skills Training                                     | 14   | $249                     |                               | 7/5          | $229          | A $219; B $215; C $199; D $60 |
| 7/16  | 7/17       | 4328 – Cognitive Processing Therapy for PTSD                                           | 7    | $449                     |                               | 7/9          | $429          | A $399; B $389; C $349; D $299 |
| 7/19  | 7/20       | 4329 – Ethical Use of Tech in Social Work Practice                                       | 14   | $249                     |                               | 7/12         | $229          | A $219; B $215; C $199; D $60 |
| 7/24  |            | 4330 – Michigan ACE Initiative: The Impact of Traumatic Experiences                     | 17   | $20                      |                               | 7/10         | $15           | A $12; B $10; C $8; D $6; Free if no CECH requested |
| 7/25  |            | 4331 – Group Therapy: Using Creativity to Break Through Challenges                      | 19   | $159                     |                               | 7/10         | $139          | A $129; B $119; C $59; D $30  |
| 7/25  |            | 4332 – TRAUMA CERTIFICATE CORE COURSE: Understanding Trauma                             | 19   | $159                     |                               | 7/10         | $139          | A $129; B $119; C $59; D $30  |
| 7/25  |            | 4333 – Play, Create, and Move! Play, Creative Art and Movement Therapy Techniques That Inspire Healing | 19   | $159                     |                               | 7/10         | $139          | A $129; B $119; C $59; D $30  |
| 7/25  |            | 4334 – Building Recovery Capital: A Strength-based Approach to Relapse Prevention        | 20   | $99                      |                               | 7/10         | $79           | A $69; B $65; C $29; D $15    |
| 7/25  |            | 4335 – Interdisciplinary Approach to Trauma Treatment for Refugee Youth                  | 20   | $99                      |                               | 7/10         | $79           | A $69; B $65; C $29; D $15    |
| 7/25  |            | 4336 – “Only DEATH Can Set Me Free”: Moral Injury and the Veteran Suicide Epidemic       | 20   | $99                      |                               | 7/10         | $79           | A $69; B $65; C $29; D $15    |
| 7/25  |            | 4337 – Using Mindfulness for Chronic Pain                                                | 21   | $99                      |                               | 7/10         | $79           | A $69; B $65; C $29; D $15    |
| 7/26  | 7/27       | 4338 – Cognitive Behavioral Therapy for Anxiety Disorders                                | 21   | $249                     |                               | 7/10         | $229          | A $219; B $215; C $199; D $60 |
| 7/26  |            | 4339 – Igniting Greatness: Building Resilience in Traumatized Families and the Nurtured Heart Approach | 21   | $159                     |                               | 7/10         | $139          | A $129; B $119; C $59; D $30  |
| 7/26  |            | 4340 – TRAUMA CERTIFICATE CORE COURSE: Trauma and the Brain – Version 2.0               | 22   | $159                     |                               | 7/10         | $139          | A $129; B $119; C $59; D $30  |
| 7/26  |            | 4341 – Dancing with the Hungry Ghost: Assessing and Treating Cannabis Dependence         | 22   | $159                     |                               | 7/10         | $139          | A $129; B $119; C $59; D $30  |
| 7/26  |            | 4342 – A Is for Action: Experiential Methods in Clinical Social Work                    | 22   | $99                      |                               | 7/10         | $79           | A $69; B $65; C $29; D $15    |
| 7/26  |            | 4343 – Eating Disorders: Assessment, Media/Cultural Impact and Treatment                 | 23   | $99                      |                               | 7/10         | $79           | A $69; B $65; C $29; D $15    |
| 7/26  |            | 4346 – Resilience Film Screening – No CECH offered                                       | —    | Free                     |                               | 7/10         | Free          | Free for all categories        |
| 7/27  |            | 4344 – Social Work Ethics: Boundary Management for Clinical Practice                    | 23   | $169                     |                               | 7/10         | $149          | A $139; B $129; C $59; D $30  |
| 7/27  |            | 4345 – TRAUMA CERTIFICATE CORE COURSE: Secondary Trauma and Self-care                    | 23   | $159                     |                               | 7/10         | $139          | A $129; B $119; C $59; D $30  |
| 7/27  |            | 4346 – Mothers Who Can't Love: Breaking the Cycle of Toxic Parenting for Adult Daughters | 24   | $159                     |                               | 7/10         | $139          | A $129; B $119; C $59; D $30  |
| 7/27  |            | 4347 – Seeking Safety©: An Evidence-based Model for Substance Use and PTSD               | 24   | $169                     |                               | 7/10         | $149          | A $139; B $129; C $59; D $30  |
| 8/1   | 8/2        | 4326 – Trauma-Focused Cognitive Behavioral Therapy                                      | 7    | $349                     |                               | 7/25         | $329          | A $299; B $289; C $199; D $60 |
| 9/14  |            | 4349 – Small Changes, Big Differences: Aging in Place with a Disability                 | 3    | $59                      |                               | 9/7          | $49           | A $35; B $29; C $10; D $10    |
| 9/20  |            | 4350 – TRAUMA CERTIFICATE CORE COURSE: Understanding Trauma                            | 8    | $159                     |                               | 9/13         | $139          | A $129; B $119; C $59; D $30  |
| 9/28  |            | 4351 – Michigan Indian Day                                                              | 11   | $79                      |                               | 9/21         | $69           | A $59; B $55; C $29; D $15    |
| 10/11 |            | 4352 – Engaging Ethnically Diverse Families of Children with Disabilities               | 13   | $99                      |                               | 10/4         | $79           | A $69; B $65; C $29; D $15    |
| 10/12 |            | 4353 – Assisting the Social Security Disability Applicant: Strategies and Resources     | 3    | $59                      |                               | 10/5         | $49           | A $35; B $29; C $10; D $10    |
| 10/18 |            | 4354 – TRAUMA CERTIFICATE CORE COURSE: Trauma and the Brain 2.0                        | 8    | $159                     |                               | 10/11        | $139          | A $129; B $119; C $59; D $30  |
| 10/19 |            | 505-18 – When Trauma Leads to Psychosis: Healing Begins by Finding the Story – Webinar   | 9    | $59                      |                               | 10/12        | $49           | A $33; B $35; C $10; D $5      |
| 10/19 |            | 4355 – Legal and Ethical Considerations in Domestic Abuse Screening                     | 15   | $139                     |                               | 10/12        | $119          | A $115; B $99; C $89; D $25    |
| 10/26 |            | 4356 – Youth and Suicide: Understanding and Managing Risk                                | 9    | $149                     |                               | 10/19        | $129          | A $119; B $115; C $99; D $30   |
| 11/2  |            | 4357 – Developmental Disabilities and Dementia: Where Do They Meet?                    | 3    | $59                      |                               | 10/26        | $49           | A $35; B $29; C $10; D $10     |
| 11/2  |            | 4358 – Pain Symptoms as Messengers: Listening to the Body as a Pathway to Healing       | 15   | $79                      |                               | 10/26        | $59           | A $49; B $45; C $10; D $10     |
| 11/9  |            | 4359 – “Only DEATH Can Set Me Free”: Moral Injury and the Veteran Suicide Epidemic      | 10   | $99                      |                               | 11/2         | $79           | A $69; B $65; C $29; D $15     |
| 11/16 |            | 4360 – TRAUMA CERTIFICATE CORE COURSE: Secondary Trauma and Self-care                   | 10   | $159                     |                               | 11/9         | $139          | A $129; B $119; C $59; D $30   |

**TOTAL:** $
The mission of the Michigan State University School of Social Work Continuing Education Program is to help people thrive in service to their communities by offering innovative, valuable, and accessible professional development opportunities throughout the State of Michigan and beyond.