NOW available
free of charge to
family preservation
workers and
supervisors of
MDHHS-contracted
private agencies!



2025 Child Welfare In-Service Training

for the

Michigan Department of Health and Human Services and MDHHS-Contracted Private Agencies

ALL trainings
in this catalog
are approved
by the MDHHS for
in-service
training hours

Delivered by Michigan Graduate Schools of Social Work

OFFERING SOCIAL WORK CONTINUING EDUCATION CREDIT HOURS





Most trainings

in this catalog

are offered online!





















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Schools of Social Work

Andrews University
Eastern Michigan University
Ferris State University
Grand Valley State University
Madonna University
Michigan State University
Northern Michigan University
Saginaw Valley State University
Spring Arbor University
University of Michigan
Wayne State University
Western Michigan University

Introduction

iven the challenges of the work and the importance of the outcomes the well-being and safety of children and families—a well-trained child welfare workforce is essential. That knowledge acquisition and skill development began in colleges and universities, was focused through preservice training, and is continued and deepened through in-service training. We are proud to offer these courses for your consideration and participation in your ongoing professional development.

Our mission is clear and important: the schools of social work partnering to provide in-service training that aims to serve Michigan children and families by strengthening the child welfare workforce.

We value:

1. **Anti-racism**. We promote training that advances anti-racist child welfare practice and encourages respect for diversity, equity, and inclusion.

"Child welfare isn't rocket science. It is harder."

—David Liederman, former director of the Child Welfare League of America

- 2. **Collaboration**. We value partnerships and working together with the Michigan Department of Health and Human Services (MDHHS), private agencies, and social work education programs.
- 3. **Quality**. We are committed to high quality, relevant, and up-to-date training topics and teaching methods.
- 4. **Responsiveness**. We listen to our partners and participants and value feedback to adapt to the training needs of the workforce.
- 5. **Accessibility**. We want our training to be readily available and affordable across the state of Michigan.

We are pleased to present this in-service training catalog—the product of this dynamic partnership between MDHHS and the 12 Michigan graduate social work programs. We appreciate the commitment and support of MDHHS Director Elizabeth Hertel and her Children's Services Administration leadership team led by Senior Deputy Director Demetrius Starling. A special thanks to the MDHHS training team led by Dr. Stacie Gibson and including Laura Schneider and Meon Stubbs.

Each training is supported by a school of social work. Questions about individual trainings should be directed to the sponsoring school. With the support of MDHHS, we are able to offer these sessions free of charge. Each training is approved for social work continuing education credit hours. We encourage all Children's Protective Services, foster care, adoption, residential care, and prevention services professionals and their supervisors to enroll.

Thank you for your interest and support.

Kalah M. Villagrana, PhD, MSW, MPA, Assistant Professor Kadi M. Prout, LMSW, In-Service Project Manager Michigan State University School of Social Work trainings are offered FREE OF CHARGE for MDHHS child welfare and family preservation workers and supervisors and MDHHS-contracted private agencies' child welfare and family preservation workers and supervisors on a

These child welfare



FIRST COME, FIRST

SERVE BASIS.

REGISTRATION for each training will close once the 35-person capacity has been reached.

If you register and know in advance you cannot attend, you must contact the university so your slot can be offered to another individual.



This Child Welfare In-Service Training initiative was made possible through a grant from the Michigan Department of Health and Human Services.

FAQs

As a child welfare worker or supervisor, how many in-service training hours do I need to complete? All public and private child welfare staff are required to complete 32 hours of in-service training each calendar year (January through December). This includes caseload carrying and other child welfare staff with specialized and supportive positions to CPS, foster care, and adoption. Additionally, child welfare supervisors are required to obtain 16 hours of in-service training each fiscal year.

2 How do I record these in-service training hours to show that I am meeting this requirement? Add the training to the Michigan Department of Health and Human Services (MDHHS) Learning Management System (LMS) as external training. Your supervisor will receive an email to approve it to be added to your transcript.

3 I see that each training in this catalog has a curriculum reference. What does this mean? Child welfare and family preservation workers have the opportunity to attend training each year that is based upon a curriculum developed in partnership with the MDHHS Office of Workforce Development and Training and the workforce. Workers should have the opportunity to sit down with their supervisors regularly to assess which trainings would be most beneficial and most relevant to their caseloads so that training progress is pre-planned and helps each worker advance professionally. The LMS website includes a tool called "Create Employee Training Plan CWTI" that can assist with this effort.

4 Do I register to attend the training with the university that is hosting the training or through the MDHHS Learning Management System (LMS)? In order to register to attend a training, you should follow the registration instructions found in this catalog. In order to record your in-service training hours with the MDHHS Office of Workforce Development and Training, please follow the directions found in FAQ 2.

5 Is it true, I can attend any in-service training listed in this catalog for FREE? Yes! The child welfare in-service trainings provided through this collaborative effort are FREE OF CHARGE for child welfare and family preservation workers and supervisors—both MDHHS and contracted private agencies—on a first come, first serve basis. These trainings are eligible for social work continuing education credit hours, too! Happy training!

Are there any expectations around participation in these training events? Yes! In-service training is an opportunity to gain knowledge and develop your skills in areas that are relevant to your casework practice and professional growth. As such, it is important to ensure you have the time carved out on your schedule to be fully present at training. We know this is a challenge in your roles, and there are many competing priorities for your time and attention in most effectively serving families, and ask that you think of your time in training as having a positive impact on the families you work with. When you attend live synchronous or virtual trainings, please ensure you have your camera on when feasible to do so, you are prepared to engage with the content and trainers, and actively participate as it will enhance your experience overall. Your learning is the most important use of your time while attending training!

In addition to the in-person training listed in this catalog, webinars are offered through several universities.

See pages 25-29.



Unmasking Domestic Violence

Curriculum: Domestic violence

Date/time: **Friday, March 14, 2025 •** 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers:

\$15 for students; \$45 all others

Presenters: **Deborah Hackworth**

Elizabeth Alderson, LMSW

Intermediate skill level





Target audience:

✓ Family Preservation Workers

- Children's Protective Services Workers
- Foster Care Workers
- √ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Increase understanding about domestic violence among our community pillars and provide reliable, up-to-date information and resources on domestic violence in our region.
- Define appropriate responses and ways to support the survivors of abuse in our lives and shed light on the complex effects of domestic violence on individuals, children, and communities.
- Emphasize the need to hold batterers accountable in order to end their abusive behaviors, educate for signs of abuse in a relationship, bring awareness around cultural influences that perpetuate domestic violence, and increase understanding of the challenges a victim might face in reaching out for help.

Description: Knowledge is power. The more our neighbors understand domestic violence, the closer we will get to eliminating it in our communities. In the past, domestic violence was invisible, and governments did little to recognize abuse in our homes. An important part of our mission since 1984 is to raise community awareness about domestic violence in Southwest Michigan. Survivors, friends, neighbors, colleagues, and family members, often feel powerless because they do not know where to turn for help, especially if they are fearful of involving police. We seek to change that through our free education programs. Our trained staff often work with local businesses and nonprofit organizations to create and implement comprehensive awareness programs designed to address the ways in which domestic violence impacts the workplace, including the impact on employee's productivity and the safety risk to onsite persons and visitors. By having a dynamic domestic violence workplace policy in place, employers promote healthy relationships for employees and their families, and demonstrate both their commitment to supporting colleagues who are survivors of domestic violence and to disciplining batterers. This training will utilize small and large group discussion and visual displays.



Educational Opportunities

Curriculum: Educational opportunities: Understanding a foster child's rights in education/special education; understanding a child's rights through the *McKinney-Vento Act*; navigating higher education with youth; preschool/early education and child welfare services; navigating the special education system for children with disabilities; navigating the education system with children who have experienced trauma; understanding the autism spectrum and neurodiversity.

Date/time: **Friday, August 22, 2025** • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers:

\$15 for students; \$45 all others

Presenter: **Beth Fairchild, LMSW**

Beginning skill level



- √ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- √ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the difference between a medical diagnosis and an educational label, including autism spectrum, ADHD, and mood disorders.
- Understand how a student becomes eligible for special education services and what types of services are available.
- Understand what services look like in action, beginning with Early-on/preschool up through college.

Description: This comprehensive training provides participants with a foundational understanding of the special education process within the educational system. Designed for educators, support staff, and family advocates, the training distinguishes between educational labels and medical diagnoses, clarifying their implications for student support. Participants will explore the eligibility process for special education services, gaining insight into the steps required for a student to qualify. The training will also cover the range of services available across different age groups, emphasizing practical applications in various educational settings. By the end of the training, participants will be equipped with the knowledge and tools to effectively support parents and families navigating the complexities of special education, fostering a more inclusive environment for all students. This training will utilize small and large group discussion and visual displays.



How to register: Go to www.andrews.edu/cas/socialwork/continuing and click on the link provided.

Contact: Panankosi Mbunjwa Email: panambunjwa@yahoo.com



Why Do They Behave as They Do: Engaging and Working with Children/Youth Who Have Experienced Trauma

Curriculum: Trauma and crisis management: Effects of abuse and neglect on children

Date/time: **Thursday, March 13, 2025** • 9:00 AM – 12:15 PM (ET)

Location: **Live synchronous training via Zoom** Social Work CECHs: 3 hours • Approved #MICEC-0031

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Tana Bridge, PhD, LMSW

Intermediate skill level



- √ Family Preservation Workers
 - Children's Protective Services Workers
 - Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Articulate the cumulative effect of Adverse Childhood Experiences on the brain and child well-being.
- Identify the impact trauma has on coping.
- Engage in activities that support, address, and build resilience for those children/youth impacted by trauma.

Description: Child abuse and neglect are traumatic events that have a profound impact on children and youth. Further, while removal may be necessary, child removal or replacement compounds the impact. This training will explore the neurobiological basis of complex trauma and the impact trauma has on child/youth behavior, their view of themselves, and their relationships with others. This training will focus on opportunities to mitigate harm and advance child/youth resilience through core principles of a trauma responsive approach. This training will utilize large group discussion and visual displays.

Compassion Fatigue, Burnout, and Moral Injury in Child Welfare

Curriculum: Secondary trauma: Compassion fatigue and how to recognize it; prevent burnout and manage stress

Date/time: **Wednesday, August 13, 2025 •** 9:30 AM – 11:30 PM (ET)

Location: Live synchronous training via Zoom
Social Work CECHs: 2 hours • Approved #MICEC-0031

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Margaret Ann Paauw, PhD, LMSW, LCSW

Beginning skill level

Target audience:

- Family Preservation Workers
- Children's Protective Services Workers
- Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify the key indicators of burnout and compassion fatigue among child welfare workers, enabling early detection and intervention.
- Utilize evidence-based strategies and preventive measures that promote mental well-being, helping to minimize the
 onset of burnout and compassion fatigue in their roles.
- Utilize practical skills to manage stress and emotional strain effectively, fostering resilience and sustaining a supportive, balanced approach to working with diverse clients and their needs.

Description: This training program addresses the critical issue of burnout and compassion fatigue among child welfare workers by providing strategies to recognize, prevent, and manage these challenges. In a profession that involves frequent interactions with diverse patrons and their unique needs, understanding the signs of burnout and compassion fatigue is crucial for sustaining a healthy and resilient child welfare workforce. This training will utilize large group discussion and visual displays.

How to register: March 13: https://forms.gle/85pAguz4pR2Q4jBY9

August 13: https://forms.gle/xL9uuMUQ6mdPjmyj6

Phone: 734-487-4429

Email: emu_socialworkce@emich.edu





Best Practices for Out-of-home Placement for Children of Color with Disabilities

Curriculum: Mental and behavioral health: Health and wellness needs of youth in foster care

Date/time: **Friday, April 4, 2025** • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Rita Walters, PhD

Beginning and intermediate skill levels

Target audience:

- **Family Preservation Workers**
- **Children's Protective Services Workers**
- **Foster Care Workers**
- **Adoption Workers**

- Training objectives: As a result of this training, participants will be prepared to:

 Understand the unique challenges children of color with disabilities face in out-of-home placements, including developmental, emotional, and social impacts.
 - Identify key factors to consider when making placement decisions such as accessibility, caregiver training, and support
 - Learn effective strategies for collaborating with families, schools, healthcare providers, and other stakeholders.

Description: Children from marginalized communities often face compounded challenges in out-of-home placements, including systemic bias, cultural misunderstandings, and inequitable access to resources. To address the systemic inequities that often result in children of color with disabilities being underserved in child welfare, strategies should focus on addressing bias, increasing equity, and ensuring culturally responsive and disability-inclusive care at every stage of the child welfare process. This training is designed to introduce critical tools and knowledge to support children of color with disabilities during out-ofhome placements, ensuring these children receive the care and resources they need to thrive in their new environments. This training will utilize exercises, large group discussion, and visual displays.

Empowering Futures: Supporting Black Youth Aging Out of Foster Care to Achieve Success

Curriculum: Placement: Helping children to prepare for transition in placement

Date/time: **Friday, May 16, 2025** • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Rita Walters, PhD

Beginning and intermediate skill levels

Target audience:

- **Family Preservation Workers**
- **Children's Protective Services Workers**
- **Foster Care Workers**
- √ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify the systemic challenges Black youth face in foster care, including racial disparities in service access, education, and career opportunities.
- Explore strategies to help Black youth develop essential life skills, emotional resilience, and the ability to navigate systemic challenges as they transition to adulthood.
- Learn how to collaborate effectively with families, schools, community organizations, and mentors to create a supportive network for Black youth.

Description: This training will present tools and strategies necessary to help Black youth aging out of foster care successfully transition to independence. The training will focus on addressing the unique challenges Black youth face due to systemic racism, cultural barriers, and socioeconomic disparities. Yosso's Cultural Wealth Model will be explored, introducing culturally responsive approaches and evidence-based practices to help Black youth access education, employment, and supportive networks. This training will utilize exercises, large group discussion, and visual displays.

How to register: Email SocialWork@ferris.edu

> Carrie Thompson Contact: Phone: 231-250-7517

CarrieThompson@ferris.edu





Family-School Partnerships in Early Childhood Education

Curriculum: Educational opportunities: Preschool/early education and child welfare services

Date/time: **Thursday, March 27, 2025** • Program 8:45 AM – 12:00 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approved #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$59 all others

Presenter: Tara Gwamna, LMSW

Beginning skill level



- √ Family Preservation Workers
- Children's Protective Services Workers
- ✓ Foster Care Workers
- √ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand complex service delivery options in early childhood education such as multi-tiered funding models, collaborative partnerships, and specialized roles for family engagement.
- Identify three ways to combat power dynamics in the education system.
- Understand how to leverage parent expertise and grow a partnership mindset.

Description: This training will offer child welfare professionals an in-depth look at creating inclusive, family-centered early childhood programs by leveraging innovative service delivery models, collaborative partnerships, and empowering family engagement practices. We'll explore how community partnerships enhance service options, provide families with autonomy, and build a network of support. The training will also focus on combating power dynamics in early learning environments, with practical strategies to promote trust, dignity, respect, and meaningful family engagement. Finally, attendees will discover ways to leverage parent expertise, integrating parents into program planning and creating peer-learning opportunities that foster a true partnership mindset. Through hands-on exercises and real-world examples, participants will gain actionable insights to support and uplift families, creating a more equitable, responsive, and family-centered approach to early childhood education. This training will utilize exercises, small and large group discussion, and visual displays.

Human Trafficking Overview

Curriculum: Trauma and crisis management: Human trafficking

Date/time: Tuesday, September 23, 2025 • Program 1:00 PM – 3:00 PM (ET)

Location: Live synchronous training via Zoom Social Work CECHs: 2 hours • Approved #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$59 all others

Presenter: Diana Lamphiere, JD

Beginning skill level

Target audience:

- Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Explain what is and what is not human trafficking.
- Recognize signs of human trafficking.
- Identify resources for human trafficking victims/survivors.

Description: This training will provide an overview of human trafficking, with particular focus on sex and labor trafficking. This training will utilize exercises, small and large group discussion, and visual displays.

How to register: Visit www.gvsu.edu/swce.

Contact: Lauren Fodor Phone: 616-331-7180 Email: learn@gvsu.edu





Understanding Emotional and Mental Health Needs of Youth

Curriculum: Mental and behavioral health: Understanding emotional and mental health concerns of youth

Date/time: **Wednesday, April 16, 2025 •** 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$15 students;

\$45 all others

Presenter: Irena J. Glover, PhD, LMSW

Beginning, intermediate, and advanced skill levels

Target audience:

- √ Family Preservation Workers
- ✓ Children's Protective Services Workers

√ Foster Care Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the prevalence and impact of mental health concerns among youth.
- Discuss how developmental changes influence emotional and mental health issues.
- Examine the role of technology, social media, and digital interactions and the impact on youth mental health.
- Develop skills for engaging youth in discussions about mental health and emotional well-being.

Description: This training will explore the complex landscape of youth mental health, equipping participants with the knowledge and skills necessary to recognize, understand, and effectively respond to emotional and mental health concerns among young people. Participants will delve into the developmental stages of youth, examine the impact of technology and social media on youth mental health and well-being, and discuss skills to engage youth in discussions about mental health. The training will emphasize the inclusivity and anti-racist principles in addressing mental health disparities. Through interactive sessions, case studies, and discussions, participants will gain practical insights and strategies for promoting positive mental health outcomes in diverse youth populations. This training will utilize small and large group discussion.



How to register: Email Jessica Grima, GA for the Madonna University School of Social Work at

j.grima@madonna.edu to register. Please note the training date/title in your

message.



Trauma Informed Supervision

Curriculum: Trauma and crisis management

Date/time: Wednesday, February 19, 2025 • Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval #MICEC-0001

Cost: Free to all MDHHS and private agency child welfare workers;

all others check online for pricing

Cheryl Williams-Hecksel, ACSW, LMSW Presenter:

Beginning and intermediate skill levels

Target audience:

- **Family Preservation Workers**
- **Children's Protective Services Workers**
- **Foster Care Workers Adoption Workers**

Training objectives: As a result of this training, participants will be prepared to:

- Understand the 4NCTSN Core Competencies.
- Incorporate reflection into supervision.
- Apply learning to problem-based learning scenario.

Description: The goal of trauma informed supervision is to reduce secondary traumatic stress through quality supervision. The supervisory relationship is an important tool that fosters resiliency, well-being, compassion, and ultimately positive outcomes for those served. This training will explore the supervisory relationship and specific strategies that supervisors and workers can use to promote resiliency. This training will utilize large group discussion and visual displays.

Motivational Interviewing: Beyond the Basics

Curriculum: Mental and behavioral health

Date/time: **Thursday, March 6, 2025 •** Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom Social Work CECHs: 3 hours • Approval #MICEC-0001

Cost: Free to all MDHHS and private agency child welfare workers;

all others check online for pricing

Presenter: Bernie Showers, DSW, LCSW

Intermediate skill level

Target audience:

- **Family Preservation Workers Children's Protective Services Workers**
- **Foster Care Workers**
- **Adoption Workers**

Training objectives: As a result of this training, participants will be prepared to:

- Discover how Motivational Interviewing's emphasis on change talk makes it unique.
- Name the four processes of Motivational Interviewing, Engagement, Focusing, Evoking, and Planning.
- Recognize change talk and effectively respond in a way that evokes additional change language.

Description: This training will target clinicians seeking an intermediate level of Motivational Interviewing training. The learner will consider MI's application to a broad use of behavior changes ranging from health behaviors to substance use. The training is comprised of a largely didactic model. Learners will leave with an enhanced knowledge of tangible clinical interventions to be utilized with clients, targeting collaboratively identified problem behaviors. Participants will learn how Motivational Interviewing's emphasis on change talk makes it unique. Participants will learn tangible skills for eliciting change talk with their clients, helping them to gain and enhance motivation toward making meaningful behavioral changes. This training will utilize large group discussion and visual displays.





Avoiding Adversarial Relationships with Youth and Emerging Adults

Curriculum: Mental and behavioral health

Date/time: **Friday, March 28, 2025 •** Program 11:00 AM – 1:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 2 hours • Approval #MICEC-0001

Presenter:

Cost: Free to all MDHHS and private agency child welfare workers;

all others check online for pricing **Christopher C. Harris, LPC**

Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers

✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Discover the strengths and challenges present within the narratives, identities, and motivators to action of today's youth and emerging adults.
- Examine the similarities and differences between the narratives, identities, and sociocultural norms within the Chronology of American Generations.
- Apply best practices in developing effective professional and personal relationships with youth and emerging adults.

Description: This training is designed to support The Fourth Turning, defined by Strauss-Howe Generational Theory. This theory calls this paradigm-shift The Millennial Transition. In this training, attendees will learn about the micro, mezzo, and macro-origin and impact of this global transition that is changing the way humans interact with each other in families and communities as they reshape institutions that have governed human life in our time. The training will also support attendees' ability to balance their independent and interdependent agencies while effectively integrating their private and personal experiences being impacted by The Fourth Turning, while remaining accountable for their role-related behaviors as a professional. This training will utilize large group discussion and visual displays.

Emotions: What They Are and How to Regulate Them

Curriculum: Secondary trauma

Date/time: **Thursday, May 8, 2025 •** Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom
Social Work CECHs: 3 hours • Approval #MICEC-0001

Cost: Free to all MDHHS and private agency child welfare workers;

all others check online for pricing

Presenter: Ginny Witte, PhD

Intermediate skill level

Target audience:

- Family Preservation Workers
- ✓ Children's Protective Services Workers
 ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe how emotions are created.
- Describe how family, community, gender, and culture can shape our emotions and behavior.
- Explain how to do three to five practices that help you regulate your emotions.

Description: Emotions can feel good. They can also hit us hard and overwhelm us. New research indicates that emotions are created in the moment by our experiences and that we can adjust our emotions, and patterns of behavior, by adjusting our internal and external experiences. We will talk about emotions, their function, and how they are created. We will talk about how our experiences in the world (community, gender, cultural) can impact our emotions. Finally, we will also discuss and practice a variety of ways we can strengthen our ability to hold these emotions and to build our tolerance for the big ones. This training will utilize large group discussion and visual displays.





Pics, Texts, and Tracking: Understanding and Addressing Digital Dating Abuse

Curriculum: Domestic violence

Date/time: **Thursday, May 22, 2025** • Program 9:00 AM – 12:15 PM (ET)

Location: **Live synchronous training via Zoom** Social Work CECHs: 3 hours • Approval #MICEC-0001

Cost: Free to all MDHHS and private agency child welfare workers;

all others check online for pricing

Presenter: Kaleigh Cornelison, LMSW, LCSW

Beginning skill level



- ✓ Family Preservation Workers
- Children's Protective Services Workers
- ✓ Foster Care Workers✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Define digital dating abuse and how it connects to larger systems of power and control.
- Understand how digital dating abuse shows up on different social media platforms and how it may impact
 young people's mental health.
- Identify how digital dating abuse can look different for youth depending on their identities.
- Apply strategies to open up conversations about digital dating abuse and be able to identify and support
 youth who are coping with or perpetrating it.

Description: Relationship violence is still a common problem for young people today, and while professionals may be familiar with common forms of power and control including verbal, emotional, and physical abuse, many adults are less familiar with the ways technology and social media can be used as tools of power and control in dating situations. This training will start by exploring the most common ways that technology and social media can be used in abusive situations and end with practical strategies that supportive adults can use to identify warning signs of digital dating abuse and have critical conversations with both survivors and perpetrators. This training will utilize visual displays.



How to register for online training: https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

Contact: Gina Tremonti Gembel, MSW

Phone: 517-353-3060 Email: swkce@msu.edu

Michigan State University School of Social Work, an accredited social work education program, is authorized by the Michigan Licensure Law Administrative Rule 338.2965 to award Michigan social work continuing education contact hours. We are also an approved Michigan Social Work Continuing Education Collaborative Provider (provider #0001) for all programs through August 2025, renewed annually.



Skill Building: Exploring Race Equity and Cultural Diversity

Curriculum: Racism: Race equity and systemic racism

Date/time: **Friday, April 11, 2025** • Program 10:00 AM – 1:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval #MICEC-0044

Cost: Free to all MDHHS and private agency child welfare workers;

free for students; \$40 all others

Presenters: Caroline Cheng, PhD, LLMSW

Vikash Kumar, PhD, MSW

Beginning skill level





Target audience:

- √ Family Preservation Workers
- Children's Protective Services Workers
- Foster Care Workers
- **Adoption Workers**

Training objectives: As a result of this training, participants will be prepared to:

- Enhance cultural competence: Equip social workers with the skills and knowledge to effectively engage with diverse
 populations, recognizing and respecting cultural differences.
- Promote race equity: Develop strategies to identify and address systemic racism and biases within child welfare
 practices, ensuring fair and equitable treatment for all children and families.
- Foster inclusive practices: Encourage the implementation of inclusive policies and practices that support the well-being and empowerment of marginalized communities.

Description: This training will aim to enhance participants' cultural competence, promote race equity, and foster inclusive practices. Through interactive sessions, case studies, and group discussions, attendees will gain practical tools and strategies to address systemic racism and biases, ensuring fair and equitable treatment for all children and families. By the end of the training, social workers will be better equipped to support and advocate for marginalized communities, ultimately contributing to a more just and inclusive child welfare system. This training will utilize small and large group discussion and visual displays.

Mitigations in Crisis Management in the Child Welfare Field

Curriculum: Trauma and crisis management: Safety planning with a family in crisis

Date/time: **Friday, July 11, 2025** • Program 10:00 AM – 1:15 PM (ET)

Location: **Live synchronous training via Zoom** Social Work CECHs: 3 hours • Approval #MICEC-0044

Cost: Free to all MDHHS and private agency child welfare workers;

free for students; \$40 all others

Presenter: Caroline Cheng, PhD, LLMSW

Beginning skill level



Target audience:

- ✓ Family Preservation Workers
- Children's Protective Services Workers
 Foster Care Workers
- Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand what constitutes crisis in a child welfare setting.
- Share first-hand experience the tools that they used in crisis.
- Utilize mitigations and interventions to handle crises commonly experienced.

Description: This training is designed to equip social workers with the knowledge, skills, and strategies they need to recognize crisis in their workplace, enhance their personal resilience, and promote a more supportive work environment. Participants will be able to recognize the signs and contributing factors of some of the crises they experience in their social worker role. In addition, participants will have the opportunity to develop strategies to mitigate crisis on a regular basis. This training will utilize small and large group discussion and visual displays.



Secondary Trauma: Strategies for Child Welfare Workers Witnessing Trauma

Curriculum: Secondary trauma

Date/time: **Friday, September 19, 2025 •** Program 9:00 AM – 12:15 PM (ET)

Location: **Live synchronous training via Zoom** Social Work CECHs: 3 hours • Approval #MICEC-0044

Cost: Free to all MDHHS and private agency child welfare workers;

free for students; \$40 all others

Presenter: Ashley Provost, LMSW, IMH-E

Beginning skill level



- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers

✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Define secondary traumatic stress (STS).
- Understand how STS impacts the self and the workforce.
- Identify at least three strategies for reducing risk for STS.

Description: This training will explore concepts such as secondary traumatic stress (STS) and its impact on the child welfare worker. This training is designed to educate workers about how the demands of their job can influence their response to trauma and how to utilize resiliency as a key to improving their response. This training will utilize exercises, small and large group discussion, and visual displays.



How to register: https://nmu.edu/continuingeducation/education

Contact: Megan Nowicki Email: mewales@nmu.edu



Implicit Bias in Agency Practice

Curriculum: Antiracism: Action-oriented strategies for institutional systemic change that addresses racism and other interlocking systems of social oppression

Date/time: **Monday, May 12, 2024** • Program 9:00 AM – 11:15 AM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 2 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers

Presenter: Lucy Mercier, PhD, LMSW

Beginning skill level



- Family Preservation Workers
- ✓ Children's Protective Services Workers
 ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Recognize implicit bias in agency practice.
- Describe impact of bias on outcomes for children and families.
- Name one strategy for changing bias in agency practice.

Description: This training will focus on recognizing implicit bias in agency social service practice. Participants will learn about how bias based on race, gender, and socioeconomic status impacts client outcomes and will be able to identify at least one strategy for addressing and changing agency practices that perpetuate bias in practice. This training will meet the criteria for training in implicit bias as required by the State of Michigan. This training will utilize small and large group discussion and visual displays.

Screening, Brief Intervention, and Referral to Treatment (SBIRT)

Curriculum: Substance abuse: Sharpening assessment skills, how to recognize signs/symptoms, when to make a referral for SUD services

Date/time: **Friday, June 13, 2024** • Program 9:00 AM – 12:15 AM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers

Presenter: Matthew Mitchell, PhD

Intermediate and advanced skill levels

Target audience:

- √ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Gain understanding of Screening, Brief Intervention and Referral to Treatment (S-BIRT).
- Discuss the screening used for S-BIRT.
- Learn how Motivational Interviewing is used in S-BIRT.

Description: This training will introduce the core concepts of S-BIRT and the importance of brief screening to the recovery process. This training will be lecture based and then will introduce simple but effective screens that can be used by any practitioner. This training will utilize role playing and exercises.





Self of the Therapist: Elevate Your Supervision

Curriculum: MiTEAM Principles (Teaming, Engagement, Assessment and Mentoring): Effective supervision and mentoring

Date/time: **Monday, September 22, 2025** • Program 9:00 AM – 11:15 AM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 2 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers

Presenter: Teresa Coker, PhD, LMFT, LMSW

Intermediate skill level



- Family Preservation Workers
- Children's Protective Services Workers
- √ Foster Care Workers
- √ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand Self of the Therapist theory and its application in supervision.
- Identify the fundamental aspects Self of the Therapist application to the supervisor/supervisee relationship and how this can minimize burnout and vicarious trauma.
- Learn strategies to improve supervision specifically related to assessment and intervention.

Description: This training will provide an overview of Self of the Therapist theory with an emphasis on knowledge needed for supervisors and clinicians. Participants will explore how resiliencies and hinderances originate from Self of the Therapist work, and how application of this work within the supervisory relationship can improve assessment and intervention strategies. Participants will also learn the isomorphic dynamic relationship between supervisor, clinician, and client, and how the Self of the Therapist process can assist in strengthening clinician resiliencies as they work with vulnerable populations. This training will utilize small and large group discussion and visual displays.



How to register: Email Diane Knights at djknight@svsu.edu with training title, your name, email address, and license number if requesting CEs.



Building Resilience in Helping Professionals: Strategies to Reduce Burnout, Secondary Traumatic Stress, and Vicarious Trauma

Curriculum: Secondary trauma: Witnessing trauma in the workplace; self-care for workers; compassion fatigue and how to recognize it; prevent burnout and manage stress

Date/time: **Friday, March 28, 2025** • Program 1:15 PM – 4:30 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$75 all others

Presenter: Jessica Hendricks, LMSW, IMH-E

Beginning skill level



- Children's Protective Services Workers
- ✓ Foster Care Workers✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Define the similarities and differences between secondary traumatic stress, vicarious trauma, and burnout.
- Understand the five components of CE-CERT: Components for Enhancing CAREER Engagement and Reducing Trauma.
- Create a personal, team, and agency action plan to address secondary traumatic stress and burnout.

Description: As helping professionals, we hear terms like *burnout*, *secondary traumatic stress*, or *vicarious trauma* thrown out at staff meetings or in trainings, but what do they really mean and, more importantly, how can we have an honest conversation about the impact they have on our work? If just doing self-care would be enough, we can all agree that none of us would feel burnt out. This training will introduce you to Dr. Brian Miller's research on CE-CERT: Components for Enhancing CAREER Engagement and Reducing Trauma. You will learn the five components that have been shown to reduce secondary traumatic stress and increase ability to stay engaged in this work. You will have an opportunity to create an action plan for yourself and brainstorm ways to incorporate these strategies within your team and your agency as a whole. This training will utilize role playing, exercises, and large group discussion.

Navigating Futures: Overcoming Barriers to College and Career Readiness for Youth from Foster Care and Non-traditional Backgrounds

Curriculum: Educational opportunities: Navigating higher education with youth

Date/time: **Tuesday, April 29, 2025** • Program 9:00 AM – 11:15 AM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 2 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$75 all others

Presenter: Brandi Anderson, PhD, LICSW, SSW, CFSW

Beginning and intermediate skill levels

Target audience: ✓ Foster Care Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify basic challenges placed youth may face in the domain of higher education.
- Explore ways in which inclusive approaches can be used to transform outcomes.
- Utilize cultural frameworks to cultivate students' strengths, thus increasing educational success.

Description: This training will introduce participants to many of the barriers confronting youth from non-traditional backgrounds, particularly those who have had exposure to the foster care system. Utilizing a strengths-based approach, risk and protective factors will be identified, and student assets (cultural and otherwise) will serve as a primary focus of the approaches introduced. Given that higher education continues to play an important role in future career outcomes, ways in which interest in college and career certification programs can be fostered will be emphasized. In addition to the use of theory and skills-based practices, an antiracist, anti-oppressive lens will be incorporated into this training. Individuals at a basic level of understanding as well as those possessing some intermediate skills in these areas will receive the most benefit from this training. This training will utilize role playing, exercises, small and large group discussion, and visual displays.





Supporting Children and Youth Through Grief, Loss, and Trauma: A Trauma-informed Approach for Caregivers and Educators

Curriculum: Trauma and crisis management: Trauma, grief, and loss

Date/time: **Tuesday, June 24, 2025 •** Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$75 all others

Presenter: Jerry D. Walden, LMSW

Intermediate skill levels

Target audience: ✓ Foster Care Workers

Training objectives: As a result of this training, participants will be prepared to:

- Have a basic understanding of grief and loss and their unique impact on children and youth. Participants will gain a basic understanding of grief and loss and be able to recognize how grief, loss, and trauma manifest in children and youth within the foster care system.
- Identify effective trauma-informed strategies. Participants will learn and practice trauma-informed strategies tailored
 to children and youth, aimed at supporting emotional regulation, resilience, and the development of healthy coping
 mechanisms.
- Develop empathy and communication skills for supporting foster youth. Participants will enhance their skills in empathetic listening, validating feelings, and fostering a safe, supportive environment that encourages open communication and trust-building with children and youth dealing with grief and trauma.

Description: This training is designed to equip care providers, educators, social workers, and other caregivers with the knowledge and skills to support children and youth as they navigate experiences of grief, loss, and trauma. Participants will explore the unique impact of trauma and loss on children and youth, learn trauma-informed strategies that promote resilience and healing, and practice empathetic communication techniques that foster trust and emotional safety. Through interactive discussions, video presentations, and small group activities, attendees will gain practical tools to help children and youth process their emotions, build coping skills, and cultivate a supportive environment. This training will utilize exercises and small and large group discussion.



How to register: March 28: https://forms.gle/fHQb5qeXZTsCenky8

April 29: https://forms.gle/mF1QqvNK6wrKY5Bz5 June 24: https://forms.gle/ZV2d9MjrsxR5nef69

Contact: Emily Dixon, LMSW

Phone: 616-558-9618 Email: edixon@arbor.edu



LGBTQIA+ Youth: Recognizing, Responding, and Managing Emotional Pain

Curriculum: Race equity and cultural diversity: Supporting LGBTQ youth

Date/time: **Friday, April 4, 2025 •** Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$69 all others

Presenter: Brodie Lobb, LMSW

Intermediate skill level

✓ Children's Protective Services Workers

✓ Foster Care Workers✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify what a mental disorder is and prevalence in United States.
- Describe signs and symptoms of a youth experiencing emotional pain.
- Describe NASW ethical obligation specific to client safety.

Description: Suicide is the second leading cause of death in the United States for youth ages 13-24. According to the National Council on Behavioral Health, youth that identify as LGBTQIA+ are 300% more at risk for attempting suicide and have identified rejection and negative reactions from family and social supports as precipitating factors to causing distress. Suicide and self-harm have been identified as the solutions to address mental, emotional, and social distresses that don't have a perceived solution. Youth engaged in child welfare programs have an increased rate of exposure to trauma and increased risk to engage in behaviors that are harmful. This training will provide an overview of the prevalence of mental health concerns of LGBTQIA+ youth, introduce emotional pain as a concept to consider as a need to manage in treatment, and methods to deliver services in accordance to ethical standards and obligations. This training will utilize small and large group discussion and visual displays.

Empowering Excellence: Unlocking Potential Through Strengths-based Supervision

Curriculum: MiTEAM Principles (Teaming, Engagement, Assessment and Mentoring): Effective supervision and mentoring

Date/time: **Friday, May 2, 2025 •** Program 1:00 PM – 4:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$69 all others

Presenter: Terri Gilbert, MSW

Intermediate skill level

√ Family Preservation Workers

Children's Protective Services Workers

Foster Care Workers
Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

• Explain at least three key principles of strengths-based supervision, including how it differs from traditional supervision approaches.

• Identify at least five strengths of a supervisee.

 Provide at least two examples of how to adapt a supervisory approach to meet the developmental needs of supervisees at different stages.

Description: A strengths-based approach to supervising child welfare workers sets the tone for a supportive work environment that values and builds on the competencies of staff, enhances problem-solving skills, promotes resilience, and prevents burnout. The strengths-based supervision approach supports the implementation of family-centered practice, modeling and reinforcing the same principles caseworkers use with families to explore family strengths and resources. This approach to supervision creates a supportive environment that nurtures the resilience of both workers and, by extension, the families they support. The training equips child welfare supervisors with the knowledge, skills, and tools to implement a strengths-based approach to supervision. Participants will learn how to apply strengths-based principles to support, develop, and empower their staff while promoting positive outcomes for children and families. This training will utilize small and large group discussion and visual displays.



Knowing What You See: Skills to Observe Parent-Infant/Young Child Relationships

Curriculum: Mental and behavioral health: Infant mental health—importance of bonding/attachment

Date/time: **Friday, June 20, 2025 •** Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$69 all others

Presenter: Julie Ribaudo, PhD, LMSW

Beginning skill level

Children's Protective Services Workers

Foster Care Workers
Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify three key domains of interaction to assess for relational health.
- Identify two markers of healthy parent–infant relationships.
- Identify and respond to two markers of worrisome parent-infant relationships.

Description: What do interactions between babies and their caregivers "tell us" about the nature of their relationship? Are there ways of interacting that can help us understand when the relationship is strong, at risk, or worrisome? This training is designed to help child welfare professionals attend to the more subtle aspects of parent–young child relationships as a way to be more helpful to strengthening or supporting the parent–infant/young child relationship. This training will utilize small and large group discussion and visual displays.



How to register: https://ssw.umich.edu/continuing-education/catalog/course/CAT6724

Contact: Alia Wesala, LMSW ssw.conted@umich.edu

Phone: 734-763-5723



The Importance of Attachment in Early Childhood: Patterns that Affect Outcomes

Curriculum: Mental and behavioral health: Infant mental health—importance of bonding/attachment

Date/time: **Friday, May 2, 2025** • Program 1:30 PM – 4:45 PM (ET)

Location: Live synchronous training via Zoom Social Work CECHs: 3 hours • Approval #MICEC-0058

Cost: Free to all MDHHS and private agency child welfare workers; \$25 all others

Presenter: Carla Barron, PhD, LMSW, IMH-E®

Beginning skill level

Target audience:

- ✓ Family Preservation Workers✓ Children's Protective Services Workers
- Foster Care Workers

Training objectives: As a result of this training, participants will be prepared to:

- Define features of attachment that are critical to child development.
- Identify factors that influence the quality of the attachment relationship.

Identify strategies to support building secure attachment relationships.

Description: Attachment relationships are an important part of a child's early experiences and provide a foundation for the child's ongoing development. Attachment relationships provide a relational template that helps children determine how to be in relationships and what they can expect from relationships as they grow into adulthood. This training will define features of attachment that are critical to early and later child development and identify factors that influence the quality of the attachment relationship, including temperament, race, culture, and environment. We will also discuss strategies that can be used to promote the development of secure attachment relationships. This training will utilize small and large group discussion and visual displays.



How to register: https://events.wayne.edu/2025/05/02/the-importance-of-attachment-in-early-

childhood-100178/

Contact: Shantalea Johns, EdD, LMSW Email: shantalea@wayne.edu

Phone: 313-577-4463

Website: https://socialwork.wayne.edu/ce



Experiential Activities Designed to Enhance Delivery of Recovery Concepts for Professionals Working with Families Suffering from Addiction

Curriculum: Substance abuse

Date/time: **Friday, March 14, 2025** • Program 9:00 AM – 12:15 PM (ET)

Location: WMU College of Health and Human Services

1240 Oakland Dr., Kalamazoo, MI 49008

Social Work CECHs: 3 hours • Pending approval

Cost: Free to all MDHHS and private agency child welfare workers; \$75 all others

Presenter: Allen Jake Ramsey, LLMSW, CAADC, I-PEER

Intermediate skill level



- Family Preservation Workers
- Children's Protective Services Workers
- ✓ Foster Care Workers✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify three types of negative cognitions and self-talk common in early recovery and learn to supply alternative positive ones as replacements.
- Identify and rehearse helping individuals recognize isolation patterns and learn to help replace them with positive social patterns in early recovery.
- Practice using at least three experiential activities helpful with individuals and groups with substance use disorders in order to enhance perspectives in recovery.

Description: This training is designed to assist individuals working with families where addiction is a challenge and be able to utilize experiential activities to better deliver the message of recovery to the specific populations they work with. Practice-based exercises will be demonstrated, designed to help professionals identify and begin to help correct negative self-narrative, disarm positive feedback loops (obsessive thoughts), dispel isolation mythologies, solicit emotional responsibility, and nurture novel perspectives as they relate to healing for individuals or families that they are working with. Participants will be encouraged to find ways to personalize said exercises. This training will utilize role playing, exercises, large group discussion, and visual displays.

Working with LGBTQ+ Young People

Curriculum: Cultural humility/cultural competence: Supporting LGBTQ+ youth

Date/time: **Friday, March 28, 2025** • Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Pending approval

Cost: Free to all MDHHS and private agency child welfare workers; \$75 all others

Presenter: Melinda McCormick, PhD, LMSW

Beginning skill level

Target audience:

- **Family Preservation Workers**
- Children's Protective Services Workers
- Foster Care Workers
- Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the different identities and identifiers used by young people in the LGBTQ+ community.
- Understand some prominent cultural myths that may interfere with effective treatment.
- Identify some steps to take in practice to support these young people.

Description: This training aims to inform practitioners and human services providers about the LGBTQ+ population, particularly young persons. These young people have multiple marginalized identities and are impacted by how society and their families of origin or foster families treat them based upon these identities. Information on changing identity categories and changing numbers of young persons claiming these identities will be shared. Additionally, cultural myths that may interfere with treatment will be shared, and best practices for the population will be highlighted. Considerations for agencies and cultural competence/humility will also be shared. This training will utilize exercises, small and large group discussion, and visual displays.





Using Problem-based Learning to Explore Refugee Post-resettlement for Children

Curriculum: Cultural humility/cultural competence: Cross-cultural knowledge

Date/time: **Friday, April 11, 2025** • Program 9:00 AM – 4:30 PM (ET)

Location: WMU College of Health and Human Services

200 Ionia Ave., SW, Grand Rapids, MI 49503

Social Work CECHs: 6 hours • Pending approval

Cost: Free to all MDHHS and private agency child welfare workers; \$75 all others

Presenter: Jessica Gladden, PhD, MSW

Intermediate skill level



- ✓ Family Preservation Workers
 ✓ Children's Protective Services Workers
- √ Foster Care Workers
- ✓ Foster Care Worker
 ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the refugee resettlement system in the United States.
- Understand the importance of self-care and secondary traumatic stress while working with cases involving trauma.
- Identify the 12 Corê Concepts of Childhood Trauma as developed by the National Child Traumatic Stress Network (NCTSN).
- Understand the problem-based learning system as developed by the NCTSN.
- Apply problem-based learning and the 12 Core Concepts to one specific case involving refugee childhood trauma.
- Illustrate the ability to break down and reconceptualize future cases using problem-based learning and the 12 Core Concepts.

Description: This training will begin by exploring the basics of refugee resettlement in the United States. Then, problem-based learning will be explored as a method to break down individual refugee cases involving trauma. The NCTSN's Core Curriculum on Childhood Trauma's problem-based learning system allows clinicians to consider new avenues of case presentations. The 12 Core Concepts of Childhood Trauma will be discussed and applied to one specific case involving a refugee child. This training will utilize exercises, small and large group discussion, and visual displays.



How to register: https://wmich.edu/hhs/academics/ce

Contact: Nancy Cretsinger

Email: nancy.cretsinger@wmich.edu

Phone: 269-387-3680

ndividuals from around the world can earn CECHs from the convenience of their home, office, or on the go. We offer interactive live presentations on various topics. You will view the one-hour webinar and then will be sent a link to a

■ survey to complete an attendance record, evaluation, and post-test. Pending a passing score of 75% or higher on the post-test, you will be able to download and print a certificate! Webinars allow us to be accessible and to collaborate globally on issues that affect individuals, organizations, and communities throughout the world.

Beginning and intermediate skill levels Target audience:

Target audience: ✓ Family Preservation Workers

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Understanding the Complexities of Kinship Care

Date/time: Monday, March 10, 2025 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0001

Presenter: Stormie Jacobs-Wakemup, MS

Intervention Program Manager, MSU Kinship Care Resource Center

Host: **Michigan State University** • Register at this link:

https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

Beginning skill level

Description: Kinship is an important component of prevention services and has been a traditional means of family system support. Kinship caregivers are diverse across multiple intersectional identities, not only due to the range of ages among caregivers, but also across culture, race/ethnicity. Historic oppressive practices to remove children from their parents have disproportionately impacted Black, Brown, and Indigenous children. Recognizing the importance of lived experience in informing the goals and supports available to families served is a vital component in addressing important policy changes. This webinar will provide some basics about kinship care and discuss not only the array of concerns faced by kinship caregivers but also the changes needed in mindset in order for the child welfare system and, ultimately, our communities to implement supports for kinship families, specifically according to what they need. This webinar will utilize large group discussion.

Self-care for Child Welfare Workers

Date/time: **Wednesday, March 12, 2025 •** Program 3:00 PM – 4:00 PM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0058

Presenter: **Jeffrey Williams, LMSW, LCSW**

CEO/Founder, Revived Mind Counseling Adjunct Professor, Wayne State University

Host: **Wayne State University** • Register at this link:

https://events.wayne.edu/2025/03/12/self-care-for-child-welfare-workers-100174/

Beginning skill level

Description: Social workers in welfare systems are concerned with the well-being and maltreatment of others and have the responsibility to protect their clients from abuse, neglect, and many other forms of maltreatment. Due to job demands, workers can be at risk of developing professional compassion fatigue and experiencing low job satisfaction. This webinar will help workers learn self-care strategies to prevent burnout, compassion fatigue, and secondary trauma. This webinar will utilize small and large group discussion and visual displays.

Introduction to Non-violent Communication

Date/time: Monday, March 24, 2025 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0001

Presenter: Krista Rowe, CFT

Director of Diversity, Equity, and Inclusion at Event Garde Certified Technology of Participation (ToP) Facilitator (CTF)

Host: **Michigan State University** • Register at this link:

https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

Beginning skill level

Description: Conflict is a healthy and inevitable part of personal and professional relationships. Conflict often arises because of breakdowns in communication, expectations (both spoken and unspoken), and trust. While many might prefer avoiding conflict altogether, it only manages to "pop-up" in unexpected ways at later times. Left unaddressed, it can have a negative and lasting impact on both relationships and outcomes. This is especially true when having difficult conversations around race and power. Non-violent Communication (NVC) uses a four-part guide as part of its conflict resolution philosophy that is used to address conflict in a productive and transparent way. This webinar will introduce you to the model of Non-violent Communication, review the four-part process, and identify opportunities to practice its application as a method for conflict resolution. This webinar will utilize large group discussion and visual displays.

Child Brains and Trauma: How ACEs May Predict Development

Date/time: **Friday, April 4, 2025** • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0001

Presenters: Julie Knop, MSW, MFI

Director, Child Abuse Training Unit

Prosecuting Attorneys Association of Michigan

Megan Auckerman, MSW

Host: **Michigan State University** • Register at this link:

https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

Beginning skill level

Description: Children who experience adverse events in childhood have a higher rate of developing multiple issues later in life, including health issues, development and behavior issues, and mental health issues. Varying levels of abuse or negative situations alter the way a child's brain develops. Participants will learn about ACES – Adverse Childhood Experiences, which are potentially traumatic events that occur in childhood and how they may manifest into adulthood. This webinar will utilize large group discussion and visual displays.

Empower Foster Youth to Access Higher Education: Navigating Resources and Supporting Success

Date/time: **Monday, April 7, 2025** • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0001

Presenter: Elizabeth Martin, LLMSW

Life Skills Coach

Host: **Saginaw Valley State University •** Register by emailing Diane Knights at djknight@svsu.edu with training title, your name, email

address, and license number if requesting CEs.

Beginning skill level

Description: This webinar will focus on the critical resources available to foster youth in Michigan for accessing and succeeding in higher education. Participants will learn about key programs such as the Fostering Futures Scholarship, Youth in Transition (YIT), Tuition Incentive Program (TIP), the Michigan Foster Care College Scholarship Program, Education and Training Vouchers (ETV), FAFSA, and campus-based programs (with specifics on SVSU and Delta College's FAST Program), along with how to help youth navigate eligibility criteria, application processes, and how to maximize these benefits. By the end of the webinar, attendees will be equipped with actionable strategies to support foster youth in overcoming barriers, persisting in their studies, and achieving success in higher education. This webinar will utilize large group discussion and visual displays.

Surviving the Moments: Suicide Awareness and Prevention

Date/time: **Friday, April 11, 2025** • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0001

Presenter: Christopher C. Harris, LPC

Owner, CCHARRIS Professional Counseling Services Clinical Therapist, Great Lakes Psychology Group

Adjunct Professor in Psychology, Lawrence Technological University

Host: **Michigan State University** • Register at this link:

https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

Beginning skill level

Description: This webinar is a suicide awareness and prevention initiative within the CCCH approach. In this webinar, Christopher Harris will support attendees' increased understanding and awareness of the origin and impact of suicidology in contemporary America. Attendees will also learn and apply an empirical-based suicide risk assessment scale to support diagnosis and best practices for person-centered interventions for individuals and families impacted by the reality of suicide. This webinar will utilize large group discussion and visual displays.

Understanding Your Own Personal Values and Beliefs and Their Relationship to Cultural Identification and Practice

Date/time: **Thursday, May 8, 2025 •** Program 1:00 PM – 2:00 PM (ET)

Social Work CECHs: 1 hour • Approval pending
Presenter: Anna Yelick, PhD, MSW

Assistant Professor; Director, Child Welfare Program, Western Michigan University

Host: Western Michigan University • Register at this link:

https://wmich.edu/hhs/academics/ce

Intermediate skill level

Description: This webinar will begin by exploring personal values and beliefs through an exercise. This will provide learners with an opportunity to begin to take an introspective review of their personal values and beliefs and reconcile any of those personal values and beliefs with their professional values and beliefs. This will be the framework for this important work. Once learners have fully explored their personal values and beliefs, this webinar will then provide an opportunity for learners to reflect on their own personal cultural identity, connecting their personal values and beliefs as they go, as well as identify how their personal values and beliefs align and conflict with the cultural identity of those they serve. This webinar will provide opportunities for learners to engage with scenarios that will help to highlight misalignment and steps to ensure cultural humility and respect is being practiced. Finally, this webinar will wrap up with the beginning steps to reconcile any misaligned values and beliefs to help learners ensure they are working toward diversity, equity, and inclusion for all those serve as well as social justice for their community and the larger system, as well. This webinar will utilize exercises, small and large group discussion, and visual displays.

Fostering Focus: Understanding and Addressing Attention Challenges in Youth

Date/time: **Tuesday, May 13, 2025** • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0001

Presenter: **Emily Dixon, LMSW**

Associate Professor of Social Work, Spring Arbor University

Host: **Spring Arbor University** • Register at this link:

https://forms.gle/hLR698nUsUbHMaJu9

Beginning skill level

Description: In today's fast-paced world, many people experience challenges with focus and attention. Youth are disproportionately affected due to the changes in our society and the daily technology that has been available for the duration of their young lives. The ability to be fully present in both professional and personal interactions is essential for healthy relationships and success in school and work. This training delves into the latest research on environmental and societal changes contributing to increased 'brain fog' and diminished focus. While topics like smartphones, screens, and social media will be covered, the training also goes deeper, examining factors such as pollution, diet, sleep, and more. This training will work to further educate child welfare workers about these challenges and also discuss solutions. This knowledge is a stepping stone for workers to better equip caregivers of youth, and youth themselves, to live less distracted. This webinar will utilize visual displays.



Minimizing Disruption and Trauma in Kids When Placements Change

Date/time: **Friday, May 16, 2025** • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0001

Presenter: Kelley Hollie, LMSW

Therapist and Scholar-Activist

Host: **Michigan State University** • Register at this link:

https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

Beginning skill level

Description: This webinar will seek to educate and inform participants in how disrupted placements, including removal from the birth family, impact children and young people. The webinar will give practitioners practical strategies based on evidence-based practice and top tips to help minimize disruption and distress for children involved in the child welfare system. Special consideration will be given to how to form and maintain positive working relationships with birth parents. This webinar will utilize large group discussion and visual displays.

Understanding Social Identity and Implicit Bias in Social Work

Date/time: Monday, June 2, 2025 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0001

Presenter: Gina Tremonti Gembel, LMSW

Continuing Education Director, MSU School of Social Work

Host: **Michigan State University** • Register at this link:

https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

Beginning skill level

Description: Social identity is a person's sense of who they are based on their group membership(s), e.g., social class and family status. Groups give us a sense of social identity—a sense of belonging to the social world. Implicit bias is when we have attitudes or stereotypes about groups automatically and unintentionally. In this webinar, we will focus on our own social identities, types of implicit bias, and how both may impact social work practice. Together participants will reflect on how to address these concepts that contribute to a thriving, more connected environment. This webinar will utilize exercises, large group discussion, and visual displays.

Cultivating Inclusive Care: Addressing Bias and Building Anti-Racist Practices in Child Welfare

Date/time: **Wednesday, June 11, 2025** • Program 3:00 PM – 4:00 PM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0001

Presenter: Takisha Lashore, PhD, LMSW

Program Director, Therapist

Host: Wayne State University • Register at this link:

https://socialwork.wayne.edu/ce/eventschildwelfare

Beginning, intermediate, and advanced skill levels

Description: This webinar is designed to equip child welfare workers with the tools and insights necessary to foster equity and inclusion in their practice. The trainer will facilitate an engaging discussion on racial biases, encouraging participants to reflect on their personal experiences through interactive activities. Participants will then explore the concepts of microtriggers and microaggressions, gaining a clearer understanding of how these behaviors manifest in child welfare settings. The webinar will culminate with actionable strategies to dismantle systemic barriers, challenge stereotypes, and promote fairness, cultural understanding, and trauma-informed care. By embracing anti-racism, child welfare workers can drive meaningful change, empowering marginalized communities and fostering a more just and inclusive system. This webinar aims to inspire attendees to integrate these principles into their daily interactions and decision-making processes.



Values, Beliefs, Cultural Identity, and Practice

Date/time: **Friday, June 13, 2025** • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0001

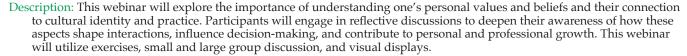
Presenter: Irena J. Glover, PhD, LMSW

Chair, Social Work Department, and MSW Program Director, Madonna University

Host: Madonna University • Register by email:

iglover@madonna.edu

Beginning, intermediate, and advanced skill levels





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nline courses are recordings of live webinars and can be watched from the convenience of your home, office, or on the go! For each course, you will complete a post-training evaluation. NO CONTINUING EDUCATION CLOCK HOURS (CECHs) are offered for the online courses.

TARGET AUDIENCE	COURSE #	TRAINING TITLE
Professionals	200-19	The Matter of Motivation
Professionals	201-18	Connecting Brain and Behavior
Professionals	201-19	Big Behavior and Trauma: Similarities, Differences, and Strategies for Working with Traumatized Youth
Professionals	203-19	Stress and Burnout in Foster Families
Professionals	219-19	Mindfulness, Wellness, and Creative Self-care for Helping Professionals
Professionals	315	Children of Parents with a Mental Illness
Professionals	340	Positive Parenting with Very Young Children
Professionals	347	Working with Families Affected by Substance Abuse
TARGET AUDIENCE	FARGET AUDIENCE COURSE # TRAINING TITLE	
Caregivers	200-18	Trauma-informed Caregiving (Part 2): Understanding Neurodevelopment and the Stress Response System
Caregivers	208-18	Support Services for Transgender and Gender Non-Conforming Children and Families
Caregivers	213-19	Doing the Difficult Work (Part 1): How to Develop Effective Relationships with Birth Families
Caregivers	218-19	When Behaviors Prevent School Success: Advocating for Your Child with Emotional or Behavior Problems
Caregivers	372	Trauma-informed Caregiving (Part 1): Becoming Trauma-Informed Parents



Registration for child welfare online courses is no longer required!

All child welfare online courses are available here:

https://socialwork.msu.edu/programs/continuing-ed/child-welfare-training.html

Click on "Begin this course" under the course you would like to take. This will take you to a survey to record your attendance, and then you will be redirected to the video.

NO CECHS ARE AWARDED FOR THESE ONLINE COURSES.

Additional online trainings will become available soon! Stay tuned, and check the website often!

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
February 2025	Trauma Informed Supervision	Wednesday, February 19 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	11
March 2025	Motivational Interviewing: Beyond the Basics	Thursday, March 6 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	11
	Understanding the Complexities of Kinship Care	Monday, March 10 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	25
	Self-care for Child Welfare Workers	Wednesday, March 12 3:00 PM - 4:00 PM (ET)	WEBINAR	Wayne State University	25
	Why Do They Behave as They Do: Engaging and Working with Children/ Youth Who Have Experienced Trauma	Thursday, March 13 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Eastern Michigan University	7
	Unmasking Domestic Violence	Friday, March 14 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Andrews University	5
	Experiential Activities Designed to Enhance Delivery of Recovery Concepts for Professionals Working with Families Suffering from Addiction	Friday, March 14 9:00 AM - 12:15 PM (ET)	WMU College of Health and Human Services, Kalamazoo	Western Michigan University	23
	Introduction to Non-violent Communication	Monday, March 24 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	26
	Family-School Partnerships in Early Childhood Education	Thursday, March 27 8:45 AM - 12:00 PM (ET)	Live synchronous training via Zoom	Grand Valley State University	9
	Working with LGBTQ+ Young People	Friday, March 28 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Western Michigan University	23
	Avoiding Adversarial Relationships with Youth and Emerging Adults	Friday, March 28 11:00 AM - 1:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	12
	Building Resilience in Helping Professionals: Strategies to Reduce Burnout, Secondary Traumatic Stress, and Vicarious Trauma	Friday, March 28 1:15 PM - 4:30 PM (ET)	Live synchronous training via Zoom	Spring Arbor University	18
April 2025	Best Practices for Out-of-home Placement for Children of Color with Disabilities	Friday, April 4 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Ferris State University	8
	LGBTQIA+ Youth: Recognizing, Responding, and Managing Emotional Pain	Friday, April 4 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	University of Michigan	20
	Child Brains and Trauma: How ACEs May Predict Development	Friday, April 4 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	26
	Empower Foster Youth to Access Higher Education: Navigating Resources and Supporting Success	Monday, April 7 12:00 PM - 1:15 PM (ET)	WEBINAR	Saginaw Valley State University	27
	Using Problem-based Learning to Explore Refugee Post-resettlement for Children	Friday, April 11 9:00 AM - 4:30 PM (ET)	WMU College of Health and Human Services, Grand Rapids	Western Michigan University	24
	Skill Building: Exploring Race Equity and Cultural Diversity	Friday, April 11 10:00 AM - 1:15 PM (ET)	Live synchronous training via Zoom	Northern Michigan University	14
	Surviving the Moments: Suicide Awareness and Prevention	Friday, April 11 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	27
	Understanding Emotional and Mental Health Needs of Youth	Wednesday, April 16 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Madonna University	10

Calendar of trainings

монтн	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
April 2025 continued	Navigating Futures: Overcoming Barriers to College and Career Readiness for Youth from Foster Care and Non-traditional Backgrounds	Tuesday, April 29 9:00 AM - 11:15 AM (ET)	Live synchronous training via Zoom	Spring Arbor University	18
May 2025	Empowering Excellence: Unlocking Potential Through Strengths-based Supervision	Friday, May 2 1:00 PM - 4:15 PM (ET)	Live synchronous training via Zoom	University of Michigan	20
	The Importance of Attachment in Early Childhood: Patterns that Affect Outcomes	Friday, May 2 1:30 PM - 4:45 PM (ET)	Live synchronous training via Zoom	Wayne State University	22
	Emotions: What They Are and How to Regulate Them	Thursday, May 8 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	12
	Understanding Your Own Personal Values and Beliefs and Their Relationship to Cultural Identification and Practice	Thursday, May 8 1:00 PM - 2:00 PM (ET)	WEBINAR	Western Michigan University	28
	Implicit Bias in Agency Practice	Monday, May 12 9:00 AM - 11:15 PM (ET)	Live synchronous training via Zoom	Saginaw Valley State University	16
	Fostering Focus: Understanding and Addressing Attention Challenges in Youth	Tuesday, May 13 12:00 PM - 1:15 PM (ET)	WEBINAR	Spring Arbor University	28
	Empowering Futures: Supporting Black Youth Aging Out of Foster Care to Achieve Success	Friday, May 16 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Ferris State University	8
	Minimizing Disruption and Trauma in Kids When Placements Change	Friday, May 16 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	29
	Pics, Texts, and Tracking: Understanding and Addressing Digital Dating Abuse	Thursday, May 22 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	13
June 2025	Understanding Social Identity and Implicit Bias in Social Work	Monday, June 2 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	29
	Cultivating Inclusive Care: Addressing Bias and Building Anti-Racist Practices in Child Welfare	Wednesday, June 11 3:00 PM - 4:00 PM (ET)	WEBINAR	Wayne State University	29
	Screening, Brief Intervention, and Referral to Treatment (SBIRT)	Friday, June 13 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Saginaw Valley State University	16
	Values, Beliefs, Cultural Identity, and Practice	Friday, June 13 12:00 PM - 1:15 PM (ET)	WEBINAR	Madonna University	30
	Knowing What You See: Skills to Observe Parent-Infant/Young Child Relationships	Friday, June 20 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	University of Michigan	21
	Supporting Children and Youth Through Grief, Loss, and Trauma: A Trauma- informed Approach for Caregivers and Educators	Tuesday, June 24 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Spring Arbor University	19
July 2025	Mitigations in Crisis Management in the Child Welfare Field	Friday, July 11 10:00 AM - 1:15 PM (ET	Live synchronous training via Zoom	Northern Michigan University	14
August 2025	Compassion Fatigue, Burnout, and Moral Injury in Child Welfare	Wednesday, August 13 9:30 AM - 11:30 AM (ET)	Live synchronous training via Zoom	Eastern Michigan University	7
	Educational Opportunities	Friday, August 22 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Andrews University	6

Calendar of trainings

монтн	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
September 2025	Secondary Trauma: Strategies for Child Welfare Workers Witnessing Trauma	Friday, September 19 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Northern Michigan University	15
	Self of the Therapist: Elevate Your Supervision	Monday, September 22 9:00 AM - 11:15 AM (ET)	Live synchronous training via Zoom	Saginaw Valley State University	17
	Human Trafficking Overview	Tuesday, September 23 1:00 PM - 3:00 PM (ET)	Live synchronous training via Zoom	Grand Valley State University	9







Continuing Education MSU School of Social Work Baker Hall 655 Auditorium Road, Room 2 East Lansing, MI 48824