Telehealth and Digital Communication Resource Collection  
March 24, 2020

These resources were collected for use by social work students and field agencies in response to the COVID-19 Global Pandemic. The list is the result of contributions from faculty, student and the social work community as a tool for exploration of standards and resources that might inform practice as the social work community works to assure that those in most need continue to have access to services.

Utilizing technology and digital communication to support work with clients should happen within the context of the applicable ethics and standards of practice and established policies and procedures of agencies.

Standards and Ethics


American Telemedicine Association (2013) Video-based Online Mental Health Services


Office for Civil Rights (OCR) at the U.S Department of Health and Human Services (HHS) (March 17, 2020) OCR Announces Notification of Enforcement Discretion for Telehealth Remote Communications During the COVID-19 Nationwide Public Health Emergency (April 2020)

American Psychological Association. (2013). Guidelines for the practice of telepsychology


Telehealth Platforms

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<th>Doxy.me</th>
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These are platforms identified by our stakeholders, we do not endorse any specific. There are numerous resources on the internet with information about these resources.
Resources to support implementation of telehealth and digital communication in social work practice

Guide for Transitioning to Telehealth Delivery of Mental Health: Addressing Barriers during the COVID-19 Outbreak  Medical University of South Carolina, March 2020

Telehealth Brief Webinar: Medical University of South Carolina, Department of Psychiatry and Behavioral Services, presented by Regan Stewart, PhD and Rosaura Orengo-Aguayo, PhD. This webinar was shared by developers of TF-CBT in March of 2020.

Getting Started as a Therapist with Telehealth: Website and blog posted on the website of TheraNest the website of a practice management software, March 2020

20 Tips for a Smooth Telehealth Session: Website of THERAPlatform a HIPAA Compliant Video Conferencing and Practice Management Software webpage, Wednesday, October 4, 2017

Practical Tips for an Online Therapy Session: Website for Thera-link a telehealth platform, September 13, 2015

7 Tips to Build Rapport with your Client in Online Therapy: iTherapy is a practice management and videoconferencing system, blog post January 24, 2019

Person Centered Tech: Video software options for purchase, additional examples of forms, practice checklists, HIPAA information and other resource links.


Intro to Tele-Play Therapy: Considerations & Preparations, YouTube video about using play therapy on teletherapy platforms, prepared by Rachel Altvater and published on 3/20/2020


Intimate Partner Violence, sexual assault and violence against women  Technology Safety: A toolkit that includes specific guidance for responding to the COVID-19 Pandemic with specific technology tools for service and remote workplaces. The toolkit includes additional guidance for advocacy and shelter services.
Training

**Clearly Clinical** is an approved CE provider with the APA, NBCC, NAADAC, CCAPP, and CAMFT. They offer two free trainings that include *Swiftly Transitioning to Online Therapy, Legally, Ethically, and Efficiently*: Learn the necessary systems, how to get started, and practical guidance about how to transition to online therapy and *Making Sense of the Pandemic: Psychological Impact on Clients and Communities*: A critical perspective on the psychological response to pandemics, with practical guidance for supporting our clients.

**Telehealth for Mental Health Professionals**: 2-Day Distance Therapy Training offered free by PESI a non-profit continuing education provider.

**Coronavirus and Online Counseling**: Podcast with Clay Cockrell; March 12, 2020: Coronavirus and Online Counseling: Special Report with Clay Cockrell

**Telebehavioral Health Institute** Provides webinars, certificates and consultation for a charge.

Websites

National Association of Social Workers website:  [Telehealth](#)

[American telemedicine association](#)

[Center for Connected Health Policy](#)

[Center for telehealth and e-law](#)

[National Consortium of Telehealth Resource Centers](#)

Literature – This is not an exhaustive literature review


