In an exciting venture with the Michigan Department of Health and Human Services, the MSU School of Social Work is pleased to present opportunities for training specific to all caregivers engaged with the Michigan child welfare system.

If you are a foster parent, adoptive parent, kinship/relative parent, or birth parent, these **FREE trainings** are customized to help support your needs in raising the children in your home, understanding some of the unique and sometimes challenging needs that children and their families often face in the child welfare system.

Following licensure, caregivers are required to earn six hours of training annually. These trainings can count toward those hours.

Find all program details on our website: [socialwork.msu.edu/ce](http://socialwork.msu.edu/ce).
Foster, Adoptive, Kinship, and Birth Parent Training

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This training is intended for adults. Some content is not appropriate for children.

Triple Threat: Teenagers, Talking & Trauma: Parts 1 and 2

Dates/time:
- **Part 1:** #203-22 Friday, January 14, 2021 • Program 12:00 PM – 1:15 PM
- **Part 2:** #203-22 Friday, January 21, 2021 • Program 12:00 PM – 1:15 PM

Location: WEBINAR

Presenter: **Stacey Goodson, MS,** is a trainer and consultant at Amoyan Training and Consulting and a foster care placement specialist at D.A. Blodgett-St. John’s. Stacey Goodson completed her Bachelor’s Degree in Criminal Justice with an emphasis on Juvenile Justice and earned her Master’s Degree in Human Services, with an emphasis in Family and Community Studies. She worked in child welfare for more than 12 years and has had the privilege of parenting 18 children in her home, placed through the foster care system. She was blessed to have had the opportunity to have four of them enter her family permanently. Stacey is passionate about providing training opportunities and empowering others to be the best versions of themselves. One way she has found to be able to do this is via training and educational workshops for professionals working with children who have experienced trauma as well as foster/adoptive parents who are parenting children who have experienced trauma.

Part 1:

Training objectives: As a result of this training, you will be prepared to:
- Identify trauma-based behaviors vs “normal” behaviors.
- Articulate ways that grief and loss affect children.
- Identify the ways in which behaviors of grief and loss mimic the behaviors of trauma.

Part 2:

Training objectives: As a result of this training, you will be prepared to:
- Identify behavior management methods that are effective for trauma-based behaviors
- Identify ways to connect and build relationships with teenagers who are in foster care/adopted.

Description: This training is perfect for foster, adoptive, and kinship parents who have teenagers or have kids that will one day be teenagers. During part 1 of the presentation, participants will be provided with information about how to understand trauma from a deeper perspective. In addition to trauma, a brief overview of grief and loss and how it affects children in care will be discussed. In part 2, strategies for parenting teenagers who have experienced trauma and loss will be presented. Both parts of this presentation will be delivered from the lens of a foster parent who has been there and done that with the teenagers in her home.

How to register for trainings

**Webinar training:** Visit [https://socialwork.msu.edu/ceu/catalog.php](https://socialwork.msu.edu/ceu/catalog.php)

If questions, contact: Gina Tremonti Gembel, MSW, at the MSU School of Social Work Continuing Education office swkce@msu.edu, 517-353-3060,
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Rearing Resilience: Parts 1, 2, and 3

**Part 1: Trauma and the Brain**

*Training objectives:* As a result of this training, you will be prepared to:

- Understand attachment trauma and how it impacts the brain.
- Understand the root of your child’s misbehaviors and why.
- Identify the impact of past trauma on the parent-child relationship.

*Description:* In this first webinar, you will learn the basics of attachment trauma and its impact on brain development. We will explore the most common symptoms of attachment trauma and how they manifest behaviorally in ways that can be very triggering and scary for caregivers. You will learn why and how attachment trauma influences every moment of a child’s life, including their decisions and reactions.

**Part 2: Creating Connections**

*Training objectives:* As a result of this training, you will be prepared to:

- Utilize effective methods to help calm your child’s brain.
- Develop strategies to heal with attunement, nurturing messages, touch, and play.
- Implement ways to strengthen the parent-child bond.

*Description:* The second webinar will focus on strategies you can use to meaningfully connect with your children in ways that feel safe for a traumatized child. Questions will be answered regarding why at times it is difficult for these children to form connections. We will explore how to use these strategies during a crisis or meltdown. You will learn the importance of play to strengthen the parent-child bond.

**Part 3: Solutions to Challenging Behavior**

*Training objectives:* As a result of this training, you will be prepared to:

- Discuss why traditional parenting methods don’t work and can be harmful.
- Provide a high structure, high nurture household with limits and boundaries.
- Practice the use of natural and logical consequences.

*Description:* The last webinar will focus on specific strategies that can influence challenging behavior in helpful ways rather than the more traditional parenting methods that often times do not work and can be harmful to a child with attachment trauma. We will focus on designing and implementing a home with both high structure and high nurture. The class will explain in detail what it means to set limits and boundaries and how to do so. We will discuss how to use consequences that have the ability to teach children instead of simply punishing.