PROFESSIONAL DEVELOPMENT PROGRAMS
FOR SOCIAL WORK, HUMAN SERVICE,
AND HEALTHCARE PROFESSIONALS

OUR SCIENCE TRANSFORMS THE HUMAN EXPERIENCE
AND INSPIRES LEADERS
Welcome

The MSU School of Social Work Continuing Education Program continues to provide live, synchronous continuing education contact hours in an online format to meet the needs of social workers across the state and beyond.

Many new and exciting partnerships are highlighted in the catalog. Partnerships and new offerings to look out for include an all-new online Racial Justice and Liberatory Practice series, a new series of Trauma Certificate elective courses with clinical staff from MSU Center for Survivors, a free weekly COVID-19 community webinar brought to you by the Healthy Flint Research Coordinating Center, and an all-new essential skills for social workers webinar series.

With the social justice and positive change mission of our School as a guide, MSU Social Work Continuing Education Program will continue to provide relevant and accessible professional development and training.

CE Approval
Michigan State University School of Social Work, an accredited social work education program, is authorized by the Michigan Licensure Law Administrative Rule 338.2965 to award Michigan social work continuing education contact hours. We are also an approved Michigan Social Work Continuing Education Collaborative Provider (provider #0001) for all programs through August 2022, renewed annually.

REGISTER ONLINE NOW!

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To see a list of courses by date, see page 23.
Find full program details, including course objectives, on our website: socialwork.msu.edu/ce

Contact information

Phone: (517) 353-3060
Email: swkce@msu.edu
Website: socialwork.msu.edu/ce

At our workshops, photographs and/or video may be taken of you. Photos and videos may be used for legitimate purposes by the MSU School of Social Work Continuing Education Program for promotional purposes and/or inclusion on our social media accounts, online at socialwork.msu.edu/ce, or in our print materials. If you have any concerns, please contact us at swkce@msu.edu.
Racial Justice and Liberatory Practice Part II: Applying Anti-Racist and Anti-Oppressive Frameworks #311-21

36 ONLINE CECHs

January 24, 2022 – March 5, 2022

Register today!

This course will explore the historical and modern-day context of racism, white supremacy, and oppression from a systemic and interpersonal perspective. The following issues and themes will be discussed: colonization, enslavement, genocide, social construct of race, whiteness, anti-Black racism, the myth of meritocracy, color blindness, the role of policy, ethics, intersectionality, sexism, classism, heterosexism, ableism, ageism, resistance movements, and more. Participants will learn generalist frameworks and skills that contribute to a racial justice and liberatory practice. There will be an emphasis on an analysis of power and critical reflection on who benefits and who is harmed. All coursework is meant to allow participants to enhance their capacities to take action that mitigates oppressive systems such as racism, sexism, ageism, ableism, heterosexism, classism in the context of social work. Participants will have the opportunity to examine their experiences of privilege and oppression. This course will utilize book chapters, articles, videos, podcasts, websites, discussions, and more as ways of learning, with a focus on theory and action.

This course is designed to provide 36 hours of continuing education. Each week is 6 hours of content, including reading, media, and online discussion. Three live Zoom meetings are scheduled for interaction and check in. The CECH time for the online content is calculated by a combination of word count (readings) and time (podcasts, videos, and discussions).

Date/time: Monday, January 24, 2022 – Saturday, March 5, 2022
Includes synchronous meeting times: 12:00 PM – 1:00 PM (ET)
on February 1, February 15, March 1
Location: Live synchronous training via Zoom
CECHs: 36 • 6 Ethics • 2 Implicit Bias
Price: Pricing available on page 23 and online.
CE faculty: Shimon Cohn, MSW, LCSW
Social Work Educator, Podcaster, Change Agent
Host and Producer, Doin’ The Work: Frontline Stories of Social Change podcast

Challenging Color-blind Racism Using Critical Race Theory and Liberatory Practice #200-22

In this course we will address color-blind racism using critical race theory and other frameworks to look at how racial color blindness is racist and avoids both color/race and power/racism. We will explore frameworks such as critical race theory and liberatory practice to our work/approach. We will have the opportunity to apply these frameworks using case examples.

Date/time: Thursday, February 17, 2022 • Program 9:00 AM – 12:15 PM (ET)
Location: Live synchronous training via Zoom
CECHs: 3
Price: Pricing available on page 23 and online.
CE faculty: Shimon Cohn, MSW, LCSW
Social Work Educator, Podcaster, Change Agent
Host and Producer, Doin’ The Work: Frontline Stories of Social Change podcast

Register online • socialwork.msu.edu/ce
Gender Affirming Care for Transgender Youth #201-22

This course will address a working definition of terms, including: Transgender, Gender Identity, Gender Expression, Intersex, Gender Nonconforming, Non-binary, Intersex, and Gender Transition. Language and terminology will be examined with emphasis on using affirming language and avoiding offensive terminology. The course will examine risk factors and protective factors that impact transgender youth from a solution-focused lens. Family relationship dynamics will be explored with attention paid to foster and adoptive families as well as birth families. Strategies to increase parent support will be explored with an emphasis on increasing parental capacity to support the transgender youth. Specific concerns that apply to transgender and gender nonconforming (TGNc) children younger than age 13 will be addressed. The course will also provide a brief overview of the gender transition process: legal, social, and medical.

Date/time: Wednesday, February 23, 2022 • Program 9:00 AM – 12:15 PM (ET)
Location: Live synchronous training via Zoom
CECHs: 3
Price: Pricing available on page 23 and online.
CE faculty: Susan Radzilowski, LMSW, ACSW, IMH-E®
Clinical Practitioner
Michigan Department of Health and Human Services

Systems of Power and Privilege: Social Work’s Greatest Internal Challenge #505-22

Social work is the helping profession. And as a profession, social workers are a privileged group—being predominantly white and holding higher educational degrees. The social work system holds a significant amount of power and control over individuals’ lives and unexamined privilege can present as a barrier to the pursuit of social justice and equity. This session explores the systems of power and privilege embedded in the social work system and identifies how social workers can push against the systems in which they benefit.

Date/time: Friday, February 25, 2022 • Program 12:00 PM – 1:15 PM (ET)
Location: Live synchronous training via Zoom
CECHs: 1
Price: Pricing available on page 23 and online.
CE faculty: James Bell III, DSW-C, MSW
State Assistant Administrator
Michigan Department of Health and Human Services

Understanding the Impact of Sexual Assault in the Lives of African American Women #517-22

In this course you will learn the history of sexual assault of African American women and examine the impact on Black women’s relationships, health, and coping behavior. Central focus of the course will examine cultural attitudes and stereotypes that fuel rape culture and deny voice of African American survivors from a generational context.

Date/time: Friday, March 18, 2022 • Program 12:00 PM – 1:15 PM (ET)
Location: Live synchronous training via Zoom
CECHs: 1
Price: Pricing available on page 23 and online.
CE faculty: Samara L. Hough, LMSW-Clinical
Director of the Center for Gender and Sexuality, University of Michigan
The Trauma Certificate is designed to help human service professionals learn techniques to improve their work with children, adolescents, adults, and families who have experienced trauma.

Experiences of trauma are complex and unique to each individual, family, and community. Understanding the impact of trauma on the brain and on behavior is critical to inform your work and gives you the tools to apply a trauma-informed lens. The Trauma Certificate exposes you to innovative information, helps you prepare to support those who have experienced trauma, and gives you the opportunity to add specialization in your area of work.

The Trauma Certificate courses are developed to meet the interdisciplinary needs of multiple systems and professions and also prioritize developing self-care practices in all professionals to reduce the risk of secondary traumatic stress and compassion fatigue.

The Trauma Certificate is relevant for:
- Social workers
- Medical professionals
- Law enforcement
- Other behavioral health professionals
- Educators
- Psychologists
- Child welfare workers

Course Requirements
Level 1 = Foundations of Working with Trauma:
- 45 hours total required:
  - 18 hours = three core courses (Understanding Trauma, Trauma and the Brain, Secondary Traumatic Stress and Self-care)
  - 27 hours = choose from a variety of electives

Level 2 = Advanced Practice:
- 45 hours total required:
  - 18 hours = your choice of core courses
  - 27 hours = choose from a variety of electives

Course Options
Choose from a variety of in-person workshops, live webinars, and/or online courses. Options that meet the requirement will be identified on our website: https://socialwork.msu.edu/continuing-ed/trauma-certificate-program.html.

Each level needs to be completed within a four-year timeframe, for a total of up to eight years to complete both levels 1 and 2.

Trauma electives can be applied to both levels 1 and 2. Level 2 core courses can count as Level 1 electives, but you will need to select different core courses for Level 2 to meet the criteria for that level.

Objectives for the Trauma Certificate are:
- Address trauma across the lifespan
- Emphasize interdisciplinary practice
- Enhance knowledge of self and secondary trauma
- Emphasize the impact of trauma on the brain and behavior
- Be culturally responsive
- Encourage professional interaction using a trauma-informed lens

To learn more about the Trauma Certificate, visit socialwork.msu.edu/ce/Certificates.

All workshops can be taken as part of the certificate program or can be taken as stand-alone workshops.
Understanding Trauma #509-22

Social workers and other helping professionals inevitably encounter individuals who have experienced trauma. A foundational understanding of the nature of trauma and its impact provides the groundwork for developing the ability to effectively serve people who have experienced trauma. In this course we will explore the general nature and impact of trauma across the lifespan. You will learn the elements of trauma-informed care at the individual, family, organizational, and community levels.

Date/time: Tuesday, May 17, 2022 • Program 10:00 AM – 12:00 PM (ET)
Location: Live synchronous training via Zoom
CECHs: 2
Price: Pricing available on page 23 and online.
CE faculty:
Jessica Martin, LMSW
Police Sergeant and Supervisor of the Community Care Unit at the MSU Department of Police & Public Safety.
Rearing Resilience – Part 1: Trauma and the Brain #202-22

In the first webinar, Trauma and the Brain, caregivers will learn the basics of attachment trauma and its impact on brain development. We will explore the most common symptoms of attachment trauma and how they manifest behaviorally in ways that can be very triggering and scary for caregivers. Caregivers will learn why and how attachment trauma influences every moment of a child’s life including their decisions and reactions.

Date/time: Monday, January 10, 2022 • Program 12:00 PM – 1:15 PM (ET)
Location: Live synchronous training via Zoom
CECHs: n/a
Price: FREE
CE faculty: Lauren Peabody, LMSW
Founder and Therapist, Nurture Family Center

Rearing Resilience – Part 2: Creating Connections #204-22

The second webinar, Creating Connections, will focus on strategies caregivers can use to meaningfully connect with their children in ways that feel safe for a traumatized child. Questions will be answered regarding why at times it is difficult for these children to form connections. We will explore how to use these strategies during a crisis or meltdown. Caregivers will learn the importance of play to strengthen the parent-child bond.

Date/time: Monday, January 17, 2022 • Program 12:00 PM – 1:15 PM (ET)
Location: Live synchronous training via Zoom
CECHs: n/a
Price: FREE
CE faculty: Lauren Peabody, LMSW
Founder and Therapist, Nurture Family Center

Rearing Resilience – Part 3: Solutions to Challenging Behavior #205-22

The last webinar will focus on specific strategies that can influence challenging behavior in helpful ways rather than the more traditional parenting methods that oftentimes do not work and can be harmful to a child with attachment trauma. We will focus on designing and implementing a home with both high structure and high nurture. The course will explain in detail what it means to set limits and boundaries and how to do so. We will discuss how to use consequences that have the ability to teach children instead of simply punishing.

Date/time: Monday, January 24, 2022 • Program 12:00 PM – 1:15 PM (ET)
Location: Live synchronous training via Zoom
CECHs: n/a
Price: FREE
CE faculty: Lauren Peabody, LMSW
Founder and Therapist, Nurture Family Center
**Teenagers, Talking and Trauma Part 1 and Part 2 #203-22**

This course is perfect for foster or adoptive parents who have teenagers or have kids that will one day, be teenagers. During the presentation, participants will be provided with strategies for parenting teenagers that have experienced trauma as well as be able to understand their trauma from a deeper perspective. In addition to trauma, a brief overview of grief and loss and how they affect children in care will be discussed. This presentation will be delivered from the lens of a foster parent who has been there and done that with teenagers in her home.

**Date/time:** Friday, January 14, 2022, and Friday, January 21, 2022
**Program:** 12:00 PM – 1:15 PM (ET) each day
**Location:** Live synchronous training via Zoom
**CECHs:** n/a
**Price:** FREE
**CE faculty:** Stacey Goodson, MS
Amoyan Training and Consulting, LLC

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**Building Internal Resources for Youth Aging Out of Foster Care to Promote Post-traumatic Growth #207-22**

This webinar will focus on pragmatic strategies to aid professionals who are working with adolescents and young adults aging out of foster care. Research-supported mindfulness-centered and body sensory practices to promote self-inquiry will be presented and demonstrated. You will learn to differentiate cognitive and somatic interventions for helping young people to both cope with and transform difficult emotions stemming from traumatic stress. An introduction to practical knowledge and skills to aid young people with stress recognition, emotional processing, and post-traumatic growth will be covered.

**Date/time:** Monday, January 31, 2022 • Program 12:00 PM – 1:15 PM (ET)
**Location:** Live synchronous training via Zoom
**CECHs:** 1
**Price:** Pricing available on page 23 and online.
**CE faculty:** Yvonne A. Unrau, PhD, LMSW
Professor, School of Social Work & Director, Center for Fostering Success

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Register online • socialwork.msu.edu/ce
The Social Engagement System and The Polyvagal Theory: How Our Physiology Shapes Our Behavior #500-22

This two-hour course will introduce you to the foundations of the Polyvagal Theory (Dr. Stephen Porges), the Social Engagement System, and tools we can use to regulate ourselves or others. The evolution, development, and function of the human social brain will be presented with application to clinical work, education, and personal understanding. The why and how of regulating our autonomic nervous system will be discussed in relation to social engagement, self-regulation, and co-regulation. You will leave with a better understanding of how the vagus nerve supports trust, social engagement, and improved relationships. Five simple regulatory tools you can use immediately yourself or with others will be presented.

Date/time:  Tuesday, February 15, 2022 • Program 10:00 AM – 12:00 PM (ET)
Location:  Live synchronous training via Zoom
CECHs:  2
Price:  Pricing available on page 23 and online.
CE faculty:  Ginny Witte, PhD
            Educator, Speaker/Presenter/Coach

It Takes One to Know One: Learning to Care for Those Who Are Difficult to Care For #506-22

In this community-building discussion, we will develop our understanding around personality styles and traits that are more difficult to understand, to include borderline to psychotic levels of psychological functioning. Along with understanding, we'll explore and identify ways to help ourselves as clinicians as well as our clients. Knowing that misunderstandings are a part of understanding keeps this process going. Across all levels of psychological functioning, I look forward to sharing and (re)discovering.

Date/time:  Tuesday, March 1, 2022 • Program 10:00 AM – 12:00 PM (ET)
Location:  Live synchronous training via Zoom
CECHs:  2
Price:  Pricing available on page 23 and online.
CE faculty:  Derrick Guty, LPC
            Private Practitioner
The NASW Code of Ethics addresses competence as a general standard for practice throughout the Code of Ethics. Increasingly, social workers are encountering individuals and families who live with active traumatic stressors, irrespective of their professional training. At the same time, the term “trauma” is used ubiquitously to refer to a wide range of stress responses. In this course we will examine a developmental model of competency to aid practitioners in understanding the difference between generalist practice social work, trauma-informed practice, and trauma-specific treatment. This developmental model will aid practitioners in developing a plan of action that is designed to support professional growth towards being a competent provider of trauma-specific treatment, as guided by the Code of Ethics.
**Pain Symptoms as Messengers: Listening to the Body as a Pathway to Self-care #502-22**

This course explores physical pain symptoms as bodily messengers that can help individuals understand and manage pain sensations by using mindfulness strategies. The unpleasant nature of pain symptoms generally lead to difficult emotions, which can then generate more pain. When this cycle of pain symptoms goes unnoticed or unaddressed, the cumulative effect can lead to more serious physical and mental health problems. In this course participants will learn a body-sensing approach that differentiates emotions from physical feelings or sensations. The course includes experiential exercises so that participants will have the opportunity to practice the skills taught.

**Date/time:** Tuesday, April 5, 2022 • Program 10:00 AM – 12:00 PM (ET)

**Location:** Live synchronous training via Zoom

**CECHs:** 2

**Price:** Pricing available on page 23 and online.

**CE faculty:** Yvonne A. Unrau, PhD, LMSW  
Professor, School of Social Work & Director, Center for Fostering Success

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**Trauma: Shifts Without Explanation #508-22**

A way to view trauma is that it is a shift in life without explanation. The shift(s) happens and the expectation is to just live on, or at least that’s what everyone else is doing. This community-building opportunity seeks to normalize trauma and share helpful avenues of caring for ourselves and others. Diagnostically speaking, trauma is cynical and itemized. Clinically speaking, trauma is scary, powerful, intense. According to those impacted, trauma appears and wears a spectrum of dress and expression. Let’s get acquainted!

**Date/time:** Tuesday, April 26, 2022 • Program 10:00 AM – 12:00 PM (ET)

**Location:** Live synchronous training via Zoom

**CECHs:** 2

**Price:** Pricing available on page 23 and online.

**CE faculty:** Derrick Guty, LPC  
Private Practitioner

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Register online • socialwork.msu.edu/ce
Ethics, Leadership, Pragmatism, and the Common Good

As social workers assume roles of leadership—whether formally or informally—leading social or organizational change or fostering social or organizational stability, they must do so with a clear understanding of ethics and a rich set of concepts, skills, and tools. Especially in times of uncertainty and conflict such as these, this vital set of resources (many of which are drawn from social work, many from other fields) are essential to achieving outcomes that improve the common good and empower the marginalized all while ensuring integrity in methods and outcomes by remaining grounded in a firm set of ethics.

Drawing on some of the best writing and thinking in the fields of social work, leadership, social and organizational change, and ethics, this series provides participants with the concepts and tools necessary for effective ethical leadership, management, and change agentry.

Moral Leadership: Ethics, Leadership and the Common Good. Part 1, Foundations of Leadership #510-22

Session 1 will lay the ethical groundwork (drawing on a range of ethical frameworks, including, but not limited to, social work) and research-based and proven leadership constructs for social workers to lead in a range of settings and around a range of issues.

Date/time: Tuesday, March 22, 2022 • Program 10:00 AM – 12:00 PM (ET)
Location: Live synchronous training via Zoom
CECHs: 2
Price: Pricing available on page 23 and online.
CE faculty: Robert Sheehan, LMSW, MBA
Chief Executive Officer, Community Mental Health Association of Michigan

Moral Leadership: Ethics, Leadership and the Common Good. Part 2, Ethical Decision Making by Leaders #511-22

Session 2 will build on the ethical and leadership framework outlined in Session 1 and apply it to the role of the leader in promoting societal and organizational change, when change is needed, and stability, when stability is needed.

Date/time: Tuesday, March 29, 2022 • Program 10:00 AM – 12:00 PM (ET)
Location: Live synchronous training via Zoom
CECHs: 2
Price: Pricing available on page 23 and online.
CE faculty: Robert Sheehan, LMSW, MBA
Chief Executive Officer, Community Mental Health Association of Michigan
Essential Skills Series: Building an Emotionally Resilient Practice #512-22

The challenges social workers address in their clinical and macro practices are daunting, intense, and ever-present. Compassion fatigue and burnout are common. Social workers require specific skills and training to help mitigate the stress and strain of high-quality social work practice.

Date/time: Wednesday, May 4, 2022 • Program 10:00 AM – 12:00 PM (ET)
Location: Live synchronous training via Zoom
CECHs: 2
Price: Pricing available on page 23 and online.
CE faculty: Lisa Laughman, LMSW, Emotional Wellness Consultant

Essential Skills Series: Increasing Your Psychological Flexibility #513-22

Effective social workers are adaptive, responsive, and able to demonstrate value-guided committed behavior when it is needed most. Increasing your psychological flexibility improves your ability to provide this value-guided practice while also protecting and enhancing your own mental health and well-being.

Date/time: Wednesday, May 11, 2022 • Program 10:00 AM – 12:00 PM (ET)
Location: Live synchronous training via Zoom
CECHs: 2
Price: Pricing available on page 23 and online.
CE faculty: Lisa Laughman, LMSW, Emotional Wellness Consultant

Essential Skills Series: Recognizing Burnout and Mapping Our Stress Response #514-22

We continue to be impacted by a global pandemic, political divisiveness, a growing number of climate emergencies, systemic racism, and other forms of oppression, while also navigating our day-to-day work and professional lives. Many of us are experiencing intermittent burnout and the effects of chronic stress. This course is designed to help participants recognize when they are experiencing burnout and become more skilled at metabolizing their stress through the use of practical grounding skills to help reduce the strain on their body, mind, and spirit.

Date/time: Wednesday, May 18, 2022 • Program 10:00 AM – 12:00 PM (ET)
Location: Live synchronous training via Zoom
CECHs: 2
Price: Pricing available on page 23 and online.
CE faculty: Lisa Laughman, LMSW, Emotional Wellness Consultant

Essential Skills Series: Self-compassion an Essential Skill for Personal and Professional Success #515-22

Based on the research of Dr. Kristin Neff and Dr. Brené Brown, this course will provide an overview of the research on self-compassion, define what self-compassion is, and challenge the myths about self-compassion that lead people to be overly harsh and critical with themselves. The connection between self-criticism and shame-based perfectionism will be discussed as an unseen barrier to high performance. Finally, the instructor will illustrate how increased self-compassion can improve your work performance while enhancing and protecting your health and well-being.

Date/time: Wednesday, May 25, 2022 • Program 10:00 AM – 12:00 PM (ET)
Location: Live synchronous training via Zoom
CECHs: 2
Price: Pricing available on page 23 and online.
CE faculty: Lisa Laughman, LMSW, Emotional Wellness Consultant
HEALTHY FLINT RESEARCH COORDINATING CENTER

The MSU School of Social Work Continuing Education Program has partnered with the Healthy Flint Research Coordinating Center to provide free social work continuing education contact hours for their weekly COVID-19 Community Webinar Series.

Weekly COVID-19 Community Webinar

The Flint Community Webinar on Coronavirus, sponsored by the Healthy Flint Research Coordinating Center (HFRCC), the Flint Center for Health Equity Solutions, and the Prevention Research Center, was organized to provide a local context to the COVID-19 global pandemic. Every Friday, doctors, epidemiologists, and other experts are featured to address and answer the most pressing concerns of Flint/Genesee County residents regarding COVID-19 and related issues. For 65 weeks (and counting!), the HFRCC Webinar has provided information, education, and resources to the community in a language that everyone, including our neighbors, community health workers, social workers and other professionals, finds useful.

Date/time: Every Friday • Program 12:00 PM – 1:00 PM (ET)
Location: Live synchronous training via Zoom
CECHs: 1
Price: FREE
CE faculty: E. Yvonne Lewis, BA, BS
Community Co-Director
Healthy Flint Research Coordinating Center
Debra Furr-Holden, PhD
Associate Dean for Public Health Integration
Michigan State University
Gary Jones
Community Affair
Office of Governor Gretchen Whitmer
Lawrence Reynolds, MD
Retired Pediatrician
City of Flint
Pamela Hackert, MD, JD, MPH
Medical Health Officer
Genesee County Health Department
Susan J. Woolford, MD, MPH
Co-Director, Healthy Flint Research Coordinating Center
Associate Professor of Pediatrics, University of Michigan

Michigan State University School of Social Work seeks to be as accessible as possible. Earn CECHs from the convenience of your home, office, or on the go! This new process will allow you to register, complete the course, and have your certificate in hand—all in less than 2 hours.

These programs are available for you to view and earn continuing education credit 24 hours a day, 7 days a week. For program descriptions, details and registration, please visit: http://socialwork.msu.edu/ceu/online_continuing_education.php.

Current Online On-Demand Courses

Recorded on March 8, 2018

Not all injuries cause pain, and not all pain is due to injuries. An explosion of brain research demonstrates that all pain is constructed by the brain as a danger/alarm function. It is imperative to distinguish pain caused by structural disorders from pain caused by neural pathways in the brain. Appropriate treatment of pain is guided by this distinction with the goal of resolution of pain for individuals with neural pathway-induced pain.

CE faculty: Howard Schubiner, MD, is an internist and director of the Mind Body Medicine Center at Providence Hospital in Southfield, MI. He is also a clinical professor at Michigan State University College of Medicine. He has authored more than 100 publications in scientific journals and books and lectures regionally, nationally, and internationally. Dr. Schubiner has consulted for the American Medical Association, the National Institute on Drug Abuse, and the National Institute on Mental Health. He is a senior teacher of mindfulness meditation. His books include Unlearn Your Pain and Unlearn Your Anxiety and Depression, and recently published Hidden From View.

The Reign of Pain (Part 2): Interventions to Reverse Non-structural Chronic Pain #351-22
Recorded on March 22, 2018

Appropriate interventions for chronic pain vary depending on the source of the pain. Reversal of neural pathway-induced pain is possible, and specific interventions targeted for this condition will be described. These include education about the nature of pain, exercises to retrain pain pathways, and emotional processing techniques.

CE faculty: Howard Schubiner, MD (see above)

This online on-demand course can be taken as a two-part series or as a stand-alone course.
Human Trafficking in Indigenous Communities #320-22

In this online, self-paced course, participants will explore the impact of human trafficking in Indigenous communities and the epidemic of missing and murdered Indigenous women, girls, and two-spirit people. Course materials include articles and videos that highlight firsthand narratives of human trafficking survivors. At your pace, you will read two articles, watch one video, and familiarize yourself with a toolkit created by Native youth to combat human trafficking within their communities. Once complete, a post-test quiz is required.

As a result of this course, you will be able to:
1. Describe the impact of human trafficking in Indigenous communities.
2. Identify reasons why trafficking is prevalent in Indigenous communities.
3. Identify the signs of human trafficking.
“Can I Do That? Can I Say That?”
Ethical Dilemmas in School Social Work #504-22

This course will provide an interactive experience to aid participants in identifying and processing social, legal, and ethical dilemmas in the areas of technology, relationships, and policy within the school setting. Participants will practice applying a unique ethical framework to various ethically challenging cases to foster responsible school social work practices.

Date/time:       Wednesday, April 6, 2022 • Program 9:00 AM – 3:00 PM (ET)
Location:       Live synchronous training via Zoom
CECHs:          5
Price:          Pricing available on page 23 and online.
CE faculty:     Anjalon Edwards, MSW
                Glenda Bailey Hayden, PhD, MSW

“What’s Well-being Got to Do with It?”
Pain Management for School Social Workers #516-22

This course will provide an interactive experience for school social workers to explore obstacles to their well-being and begin to make connections to their mindsets. Participants will be empowered to use inclusive language and to implement trauma-sensitive mindfulness tools with students. A four-step framework will be introduced for managing one’s well-being.

Date/time:       Friday, April 8, 2022 • Program 10:00 AM – 12:00 PM (ET)
Location:       Live synchronous training via Zoom
CECHs:          2
Price:          Pricing available on page 23 and online.
CE faculty:     Glenda Bailey Hayden, PhD, MSW
Michigan State University School of Social Work offers a rigorous professional development competency series for master’s-level social work practitioners interested in advancing their knowledge in social work intervention in educational settings, assessment, and integration of psychological and educational testing and intervention with children with special needs in educational settings.

The School Social Work Competency Series in the School of Social Work at Michigan State University is an INTERACTIVE ONLINE PROGRAM designed to meet specific educational requirements set forth by the Michigan Department of Education. To learn about school social work eligibility requirements to become a school social worker in Michigan, visit socialwork.msu.edu/school_sw. If you live outside of Michigan, we encourage you to contact the Department of Education in the state you wish to practice to learn about the competencies and requirements set forth by that state.

Unless otherwise stated, School Social Work Competency Courses are worth 36 ONLINE Social Work Continuing Education Hours and are $649; this price does not include course texts also required for the course. To learn more about the programs, instructors, and to register, visit socialwork.msu.edu/ceu/catalog.php.

New and improved registration!

To learn more about the programs, instructors, and to register, visit socialwork.msu.edu/ceu/catalog.php.

Under Topics of Interest, click “School Social Work Competency Series” or search course number.

Registration is online only.

FREQUENTLY ASKED QUESTIONS

What are the course requirements? To take this course, you must meet technology requirements at help.d2l.msu.edu/technical-requirements.

How do I earn CECHs? To obtain social work continuing education credit, you must:

1. Complete and pass all tests and assignments administered throughout the course, following the instructions provided.
2. Complete an Attendance Record form and evaluation emailed to you at the end of the course.

Students who take the course for continuing education or for school social work approval and pass will receive a letter verifying their successful completion of each course. To receive credit on a University transcript, students MUST take this for University credit at a different rate; for details, visit reg.msu.edu/(473 = SW873, 474 = SW874, 475 = SW875).

What if I am not from Michigan? The title “School Social Worker” is a regulated title in at least 32 states, with varying requirements. Some states have accepted completion of one or more of the courses offered in the Competency Series in School Social Work at Michigan State University to meet some of these requirements. Many states regulate this title through their state Department of Education.

How do I apply for temporary approval? Information regarding the application for temporary approval for school social work can be found at: http://www.michigan.gov/documents/mde/School_Social_Worker_Approval_544628_7.pdf.

Additional information: These courses are ONLINE CECHs; check with your state’s social work regulatory body to see how these may count toward required CECHs. Fees for this course do not include textbooks or additional materials you may have to purchase. To learn more about accommodation requests, grievance procedure, refund policy, and other policies and technical information, visit socialwork.msu.edu/ceu/faq.php. You can also view our policies and procedures on pages 24–25.
School Social Work in Educational Settings*

36 ONLINE CECHs
May 2 – June 19, 2022 #473-22.2
Register today!

This course considers social work practice in the “host” setting of schools. It examines the challenges and opportunities of social work practice in educational settings by addressing the roles and functions of social workers within a complex ecological system of home/school/community. Topics are addressed from a multi-system, multi-modal approach to practice. Implications for social work practice involving prevention and intervention with a variety of client systems are examined.

CE faculty: Stephene Diepstra, PhD, LMSW, received her master's degree in social work from the University of Michigan and her PhD in social work from Michigan State University. Diepstra has been a practicing school social worker for nine years.

School Social Work Assessment: Integrating Psychological and Educational Testing*

36 ONLINE CECHs
May 2 – June 19, 2022 #474-22.2
Register today!

This course delves into the integral place of assessment within the roles and functions of school social work services. The course examines theoretical and practical knowledge about how psychological and educational testing and measurement procedures are included in problem-solving processes within schools, and how they are embedded within the broader context of psychosocial assessment that leads to evidence-based interventions.

CE faculty: Mark A. Nester, LMSW, has been a school social worker for over 30 years and teaching undergraduate and graduate students at MSU for the past seven years. He has consulted with the Michigan Department of Special Education and was working with a private K-8 school for the past four years.

School Social Work Intervention: Children with Special Needs*

36 ONLINE CECHs
March 7 – April 24, 2022 #475-22.1
July 4 – August 21, 2022 #475-22.2
Register today!

This course focuses on identifying children with special needs and providing evidence-based school social work interventions within the complex interactions and relationships of home, school, and community contexts. Children’s learning, social, medical, emotional, and behavioral difficulties are examined.

CE faculty: Kim Battjes, LMSW, was a school social worker for 16 years and currently serves as the MSU school social work consultant and interuniversity representative for the MSU School of Social Work non-credit School Social Work Competency Series and works in MSU’s Chance at Childhood Program as the coordinator.

*This course can be taken for University credit through MSU School of Social Work. Visit reg.msu.edu/(473 = SW873, 474 = SW874, 475 = SW875).
This non-interactive online course provides a review and update of school law issues, home-school-community assessment and intervention strategies, school social work practice skills, as well as differential diagnosis and treatment of a variety of child and family-based special needs. Topics range from Positive Behavior Support (PBS) and Functional Behavioral Assessment and Behavior Intervention Plan (FBA/BIP), crisis/trauma response assessment and interventions, differential diagnosis and educational treatment of students with Autism Spectrum Disorders, and updating legal and policy issues.

You will be provided access to a secure course website that includes access to lecture materials, videos, and articles to enhance your learning. Successful acquisition of course materials will be demonstrated via online quizzes.

Take this course if you meet the following criteria:

1. You have an MSW and received school social work temporary approval (Form 310).
2. Your temporary approval for SSW was issued over 5 years ago but not more than 10 years ago.
3. You did not receive full approval.
4. You are from out of state and have gotten pre-approved from Sungti Hsu or a representative from a degree-granting university in the state of Michigan to take this course for full approval.

If you received your MSW from a university other than Michigan State University, present your letter of completion of this course along with the SSW application to your degree-granting university.

CECHs: This course does NOT currently offer CECHs.
Completing this class will not lead to University credits, and no official grade is recorded by the MSU Registrar’s Office on a transcript.

Price: $169
Register: Online only at socialwork.msu.edu/CE/Competency-Series#register.

CE faculty: Kim Battjes, LMSW, has been a social worker for 20+ years, mainly working with children and families. She has been a school social worker for 16 years. She currently serves as the MSU school social work consultant and interuniversity representative for the MSU School of Social Work non-credit School Social Work Competency Series and works in MSU’s Chance at Childhood Program.

Phone: 517-353-3060
Email: swkce@msu.edu

Register online • socialwork.msu.edu/ce
The Supervision in Child and Family Services Certificate is designed to promote retention of child and family services workers by increasing your skill sets if you are a current or aspiring task or program supervisor or agency leader. This series of courses combines one face-to-face course and five self-study courses that are designed to teach you how to create a positive culture for staff retention by giving you supervisory competencies, tools, and methods of supervision, and information on how to orient, support, and train new staff during their first six months on the job. By improving your supervision skills and retention practices, you will be able to improve outcomes for children and families.

This material was originally developed and organized in partnership with the Michigan Federation for Children and Families—a statewide association of private nonprofit child and family service agencies.

In order to be eligible for the certificate, all six self-study courses must be completed. All courses can also be taken independently. All self-study courses are available online.

Online/self-study courses

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<thead>
<tr>
<th>Course</th>
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<td>The Role of Leaders in Staff Retention</td>
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<td>The Practice of Retention-focused Supervision</td>
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<td>Working with Differences</td>
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<tr>
<td>Communication Skills in Supervision</td>
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<tr>
<td>The First Six Months</td>
<td>2</td>
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<tr>
<td>Recruiting and Selecting the Right Staff</td>
<td>2</td>
</tr>
</tbody>
</table>

Do you want to retain and recruit your best staff?

Are the strategies you use to reduce burnout and secondary traumatic stress successful?

Are you interested in learning new skills on your own time?

For all technical or connection questions for online/self-study courses, call MSU Distance Learning Services: (local) 517-432-6200 or toll free at 844-678-6200 (North America and Hawaii).

Online Self-study

The Role of Leaders in Staff Retention #305-22

2 CECHs

As a leader in a child and family service agency, it is crucial to recruit, select, and retain the right staff to do the job. Attaining positive outcomes for children and families is a main priority for service leaders. It is very difficult to succeed in this area without a qualified and committed workforce. This course has been developed for child and family service leaders and anyone who aspires to have a leadership role in a child and family service agency. Topics such as leadership models for staff retention; leaders and relationships; developing a leadership team; staff development; mission and direction; salaries, benefits, and non-monetary rewards; accountability and outcomes; as well as developing a culture for staff retention will be covered.
The Practice of Retention-focused Supervision #300-22
2 CECHs

This online course is designed to help you become more intentional in your supervision and to make best use of supervisory time with your staff. It will introduce supervisory competencies known to motivate and encourage increasing confidence and staff commitment to a career in child and family services.

Working with Differences #304-22
2 CECHs

This online course will help you focus on working with issues of staff diversity in child and family agencies. As child and family service agencies move toward developing staff that are responsive to the diverse needs of their clientele, as a supervisor you will need to be able to maximize staff capabilities with an eye toward retaining trained and experienced staff. Diversity in child and family services means meeting the needs of families and children being served as well as the diverse staff working with them. Working with difference means that you will need to be self-aware, flexible, and have a desire to broaden your repertoire of responses to ever-changing situations and people coming from a wide variety of cultural contexts.

Communication Skills in Supervision #301-22
2 CECHs

As a supervisor, you can learn to use retention-focused communication skills to support staff in being the “expert” in their practice. This course will offer you a strengths-based approach that focuses on respecting the abilities of your staff and avoids dwelling on what they have done wrong. Learn about techniques that focus on asking about successes and giving positive feedback for accomplishments and find out how to help staff communicate their needs and assumptions. The benefit of looking beyond behavior to what underlies staff’s responses will be discussed, and confrontational skills that help staff grow and develop will be explored.

Recruiting and Selecting the Right Staff #303-22
2 CECHs

Having the right people in the right positions is a critical success factor for child and family agencies where the future lives of children and families are at stake. Having the capacity and the skill to hire good people effectively and efficiently must be a leadership priority. In this self-study course, you will learn about five elements of recruiting and selecting the right staff. You will also have an opportunity to explore a six-step process for recruiting staff with an eye to retention.

The First Six Months #302-22
2 CECHs

This online course will help you understand and effectively deal with a staff person’s first six months on the job. As research indicates, the first six months for a new employee is the most vital as it applies to staff turnover. By focusing on the first six months, you will have an opportunity to sharpen and practice your retention skills through the use of a structured format designed to orient and develop skills in new staff. Lessons learned from this program can also help you to focus your supervision and agency practices on valuing and retaining experienced staff.
**Discount price categories**
- A. General
- B. MSU Alumni, MSU Faculty, and groups of 4+
- C. Retiree
- D. Student
- E. Field Liaison, Field Instructor, MSU School of Social Work Faculty

**Register online.**
Visit [socialwork.msu.edu/ce](http://socialwork.msu.edu/ce) and follow instructions for online registration.

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<tr>
<th>Month</th>
<th>Date</th>
<th>Course Number and Title</th>
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<th>Price</th>
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<td>January 2022</td>
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<td>202-22 – Rearing Resilience – Part 1: Trauma and the Brain</td>
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<td>1/14 &amp; 1/21</td>
<td>203-22 – Teenagers, Talking and Trauma Part 1 and Part 2</td>
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<td>204-22 – Rearing Resilience – Part 2: Creating Connections</td>
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<td>207-22 – Building Internal Resources for Youth Aging Out of Foster Care to Promote Post Traumatic Growth</td>
<td>8</td>
<td>A. $49 B. $39 C. $35 D. $10 E. $5</td>
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<td>2/18</td>
<td>501-22 – Strength, Courage and Challenges: Treating Trauma in Immigrant/Refugee Communities</td>
<td>6</td>
<td>A. $59 B. $49 C. $43 D. $15 E. $10</td>
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<td>201-22 – Gender Affirming Care for Transgender Youth</td>
<td>4</td>
<td>A. $70 B. $65 C. $50 D. $20 E. $15</td>
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<td>March 2022</td>
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<td>506-22 – It Takes One to Know One: Learning to Care for Those That Are Difficult to Care For</td>
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<td>A. $59 B. $49 C. $43 D. $15 E. $10</td>
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<td>April 2022</td>
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<td>502-22 – Pain Symptoms as Messengers: Listening to the Body as a Pathway to Self-care</td>
<td>11</td>
<td>A. $59 B. $49 C. $43 D. $15 E. $10</td>
</tr>
<tr>
<td></td>
<td>5/17</td>
<td>509-22 – Understanding Trauma</td>
<td>6</td>
<td>A. $59 B. $49 C. $43 D. $15 E. $10</td>
</tr>
</tbody>
</table>

**Online Interactive 36-credit Courses:**
- January 24 – March 5 311-21 – Racial Justice and Liberatory Practice: Part II: Applying Anti-Racist and Anti-Oppressive Frameworks | 3 | $450 – All categories
- May 2 – June 19 473-22.2 – School Social Work in Educational Settings | 19 | $649 – All categories; price does not include required course texts
- May 2 – June 19 474-22.2 – School Social Work Assessment: Integrating Psychological and Educational Testing | 19 | $649 – All categories; price does not include required course texts
- March 7 – April 24 475-22.1 and 475-22.2 – School Social Work Intervention: Children with Special Needs | 19 | $649 – All categories; price does not include required course texts

**Current Online On-Demand Courses:**
Who should attend your continuing education courses?
Programs are specifically designed with social workers (MSW), psychologists, counselors, and other human service professionals. All are welcome. Each course listing includes a skill level box, indicating if a course is intended for a beginning, intermediate, or advanced level practitioner unless otherwise indicated. In addition, Macro, Clinical, or both will be listed to identify the focus of the primary content for social workers.

Will I earn Social Work Continuing Education Credit if I attend a program described in this catalog?

- **Social Work:** Unless otherwise noted, all programs offer continuing education contact hours for social workers in Michigan and states that recognize programs approved by other state boards of social work. Michigan State University School of Social Work, an accredited social work education program, is authorized by the Michigan Licensure Law Administrative Rule 338.2965 to award Michigan social work continuing education contact hours. We are also an approved Michigan Social Work Continuing Education Collaborative Provider (provider #0001) for all programs through August 2022, renewed annually.

What are course completion requirements?

- **Face-to-face or live video/audio webinars or conferences:** To receive continuing education contact hours (CECHs) for programs listed in this catalog, **you must arrive by the advertised starting time, and you stay until the end of the program.** You must be present for the entire course or conference session and complete an evaluation. Partial credit is not allowed. For webinars, you additionally need to pass a post-test with 75% accuracy to receive credit. If you object to the program provider’s decision regarding the award of CECHs, you are entitled to file a grievance form provided by program staff upon request within two weeks of the program end date.

- **Online On-Demand Continuing Education Credit:** To receive credit for an online continuing education course, you must watch the video in its entirety and complete the attendance record, evaluation, and pass a post-test with 80% accuracy. If you do not pass, you will be able to retake one additional time. Upon passing the post-test, your certificate will generate at the end of your survey. You MUST print/save your certificate immediately. No paper certificates will be mailed. You have access to material for the time period the class is scheduled. We are unable to offer additional CECHs for extra time you spend with the course material. These courses are ONLINE CECHs; check with your state’s social work regulatory body to see how these may count toward required CECHs.
School Social Work Competency Courses: Details can be found online: socialwork.msu.edu/ceu/catalog.php. The course will include readings, discussion board postings, and quizzes which must be passed by 80% overall. Once we receive your passing score and you complete a survey that will be emailed to you, you will be mailed a letter of completion within 30 days of passing the course. These courses are ONLINE CECHs; check with your state's social work regulatory body to see how these may count toward required CECHs.

How and when do I pay? All of our in-person programs require pre-registration and payment prior to the course. You may pay by credit card at the time of your registration with our online registration system. We are unable to accept cash. Payment must be received with registration in order to reserve a space. Some programs are offered free of charge; if this is indicated, registrations will be accepted on a first-come first-serve basis. Email or call to request a receipt. Field instructor, field liaisons, and MSU School of Social Work faculty receive discount category D except for some special programs. Retirees are defined as individuals who are no longer employed.

If I need to cancel, can I get a refund? If you cancel and submit a refund request form (available at socialwork.msu.edu/ce under "Forms" or contact swkce@msu.edu to obtain) at least one week prior to the course start date, you will receive a refund less a 20% administrative fee. Cancellations and requests for refunds received after this time are not eligible for a refund. In the event the MSU School of Social Work cancels an event, you will receive a FULL refund.

Do you send a confirmation for my registration? If you provide an email address, you will receive a confirmation email one week prior to the event for which you have registered, delivered to the email address provided. We cannot guarantee you are registered for a program unless you receive an email confirmation from swkce@msu.edu or you contact us to verify confirmation. Email swkce@msu.edu or call (517) 353-3060.

How do I request an accommodation? Michigan State University is committed to providing equal opportunity for participation in all programs, services, and activities. Accommodations for persons with disabilities may be requested when registering online or by contacting us at swkce@msu.edu; include “Accommodations request” in the subject line, or call (517) 353-3060 at least two weeks prior to the program start date. Requests received after this date will be honored whenever possible.

When will certificates be issued? Certificates of attendance will be awarded to individuals upon request provided the individual’s account is paid in full and all required continuing education documentation is completed.

Can I request a duplicate certificate? Yes. On our website, under “Forms” you will find a “Duplicate Certificate Request.” There is a $10 charge for replacement of each duplicate certificate, and they will be marked as such.

NOTE: All programs are scheduled on Eastern Standard Time and may be photographed and/or audio/videotaped. If you do not wish to be photographed or recorded during an event, contact us at (517) 353-3060.

Did you know…

You are able to view your course history by logging into your MSU Continuing Education Account and searching under “My Courses.” If your contact information changes, you can sign in with your unique username, view your customer information, make applicable changes, and click “Update my account.”

Your satisfaction is guaranteed. If you are unhappy about an experience in one of our programs, let us know by calling (517) 353-3060 or complete a feedback form at socialwork.msu.edu/ce under “Forms.”

How do I contact you?

Phone (517) 353-3060
Email swkce@msu.edu

Information about all the program policies and procedures, as well as changes made after printing to any of the programs in the catalog, can be found on our website: socialwork.msu.edu/ce.
The mission of the Michigan State University School of Social Work Continuing Education Program is to help people thrive in service to their communities by offering innovative, valuable, and accessible professional development opportunities throughout the State of Michigan and beyond.

MSU–Social Work Continuing Education
Baker Hall
655 Auditorium Road, Room 2
East Lansing, MI 48824

REGISTER ONLINE NOW!
Fulfill all your social work continuing education credit needs during the next six months!

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