Professional Development Programs
for Social Work, Human Service,
and Healthcare Professionals

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Guest Faculty Dr. Xavier Amador, presenting
LEAP Training: Helping People Living with Mental Illness

Plus...

ADOPTION  ♦  ADHD  ♦  ATTACHMENT  ♦  DIALECTICAL BEHAVIOR THERAPY
ETHICS  ♦  PAIN MANAGEMENT  ♦  SELF CARE  ♦  SUCCESSION PLANNING
TRAUMA  ♦  TREATMENT PLANNING

Look for details inside

SPRING 2011 CATALOG
WWW.SOCIALWORK.MSU.EDU/CEU  ♦  PH. (517) 353–3060
Welcome

Michigan State University School of Social Work has taken the lead in offering social work continuing education programming since the inception of the Michigan Social Work Licensure law of 2004. We invite you to join the thousands of professionals attending our programs each year. This spring, we are pleased to offer you a variety of innovative programs. If you are interested in advancing your professional career, developing new skills, strengthening existing skills, or seeking opportunities to network with social workers and other human service and healthcare professionals, we guarantee you will find a number of programs of interest to you in this catalog.

Our programs are offered throughout the state and are taught by highly qualified continuing education faculty. In the pages that follow, you will find over 200 hours of continuing education on a wide range of substantive topics. Earn social work continuing education contact hours (CECHs) by attending any of the programs listed in this catalog unless otherwise noted.

Register early and save!

Contents

3 Special Features
4 Adoption Services
5–6 Advocacy/Leadership/Social Justice
6–7 Contemporary Issues in Aging
8–13 Children, Youth, & Families
14 Healthcare
15–20 Mental Health
21 Online Programs
22 School Social Work Competency Series
23–24 Supervision in Child & Family Services Certificate
25 Frequently Asked Questions
26–27 Registration Form (pre-registration required)

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"I Am Not Sick, I Don’t Need Help!"
How to Help Someone with Mental Illness Accept Treatment

Featuring Guest Faculty:

Xavier Amador, PhD, is an internationally sought-after speaker, clinical psychologist, professor at Columbia University, Teachers College, in New York City, the founder and director of the LEAP Institute, author of eight books, including the national best seller, “I’m Not Sick, I Don’t Need Help! How to Help Someone With Mental Illness Accept Treatment” (Vida Press 2010. Peconic, NY). Dr. Amador’s expertise has made him a regular contributor to the Today Show and a featured guest on ABC Good Morning America, Prime Time Live, CBS This Morning, NBC Nightly News, 60 Minutes, CNN, Dateline, ABC’s World News Tonight, Fox News, New York Times, Wall Street Journal, USA Today and many others.

In light of the tremendous advances made in the treatment of schizophrenia and bipolar disorder, the tragedy of both untreated and inadequately treated mental illness is compounded. The urgency to implement strategies that optimize adherence and recovery has never been greater. Come learn the LEAP – (Listen–Empathize–Agree–Partner) approach, the success of which rests on three pillars:

1. **Consumer Focus**: Developing a new relationship with the mentally ill person that focuses exclusively on problems that the “patient” perceives.

2. **Treatment Team**: Breaking down the barriers that keep the provider, family, other stakeholders (law enforcement, judges, attorneys), and consumer from functioning as an effective team.

3. **Common Goals**: Finding common ground between team members and the consumer, that can be shaped into goals that will be worked on together.

**Join us on April 28, 2011!**

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THIRD ANNUAL
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- Creativity in Aging Services
- Self Care in Effective Social Work Practice
- Strengths-based Leadership
- Bioethics and Healthcare
- and much more

Earn as many as 18 social work continuing education credits.

Class size will be limited. Registration will be available March 2011.

Visit [socialwork.msu.edu/ceu](http://socialwork.msu.edu/ceu) for more information.

Relax and learn in beautiful Traverse City, Michigan this summer.
“Thank you for all the wonderful conferences that you offer. I have been to many of them and find that there are always 2-3 that I want to attend in each catalog. The presenters are always excellent.” —Marilyn, MA, LMSW

Building a Home with Heart #2708

Description: In this workshop, child welfare staff and other helping professionals will learn about supporting and enhancing the relationships of couples who are raising children from the child welfare system. Workshop participants will also be given information about the new curriculum developed for adoptive, foster, and kinship couples: Building a Home with Heart. Content and tools provided in the curriculum and techniques for using the tools in the homestudy process will be discussed and demonstrated. Themes such as the importance of friendship, managing stress, managing the impact of stress on the couple’s relationship, and techniques to strengthen family bonds, loyalties, and connections will be explored.

Objectives: As a result of this course, you will be prepared to:

- Understand the impact of adoption, kin care, and fostering on the couple’s relationship.
- Utilize tools to help couples manage the impact of stress on their relationship.
- Develop strengths-based techniques to help couples make decisions that are family-centered.

FREE

Seating is limited. Registration will be on a first come basis and must be received by Jan. 22.

Date: February 24, 2011
Time: Registration 8:30 AM • Program 9:00 AM – 12:15 PM
Location: Sarvis Center, 1231 East Kearsley Street, Flint, MI
CECHs: 3
Price: FREE. Includes materials and parking.
CE faculty: Rosemary Jackson, LMSW, program manager, Healthy Marriage Initiative, Michigan State University.

Understanding Infant Adoption #2732

Description: Understanding Infant Adoption (UIA) is designed for social workers in hospitals, health centers, schools, clinics, and agencies that provide adoption information, referral, and counseling to pregnant women on an equal basis with other options. UIA provides opportunities for participants to assess their own strengths and resources and to determine their own needs for further information with respect to the adoption option. Cultural competence is a central concept in UIA training, meaning it is critical to recognize and celebrate diversity, to treat others with respect, and to engage in self-reflection as it relates to social work practice throughout our careers.

Objectives: As a result of this course, you will be prepared to:

- Identify how the history of adoption impacts services and explore current adoption practice.
- Gain a better understanding of state and federal laws impacting adoption practice.
- Identify influences which impact decision making, including family, community, culture, and values and have a better understanding of how to discuss these issues with patients/clients.
- Use information and tools to provide culturally sensitive, nondirective options.

FREE

Seating is limited. Registration will be on a first come basis and must be received by Feb. 15.

Date: April 15, 2011
Time: Registration 8:30 AM • Program 9:00 AM – 4:30 PM
Location: MSU Extension - Washtenaw County
705 North Zeeb Road, Ann Arbor, MI
CECHs: 6
Price: FREE. Includes materials, continental breakfast, lunch, refreshments, and parking.
CE faculty: Julie Maleski, MSW, trainer and consultant for Spaulding for Children.

NOTE: In partnership with Spaulding for Children, this course will require participants to complete additional forms provided on the day of training. Information such as name, address, etc., will be requested as well as pre and post tests and an evaluation.
Developing Leaders in Social Work & the Importance of Succession Planning #2724

Description: Developing the next generation of leadership in social work can be challenging. Three major components are significant to consider when strategizing a succession plan. An aging workforce, generational differences related to work and work/life balance and a profession that tends to value strong clinical skills over leadership skills. As social workers, we will often promote our most experienced clinicians without providing them with an opportunity to develop leadership skills. This session will include a description of and lessons learned in a pilot program for developing leaders in social work at the University of Michigan, Department of Social Work.

Objectives: As a result of this course, you will be prepared to:
- Identify the factors that contribute to organizational crisis.
- Examine the environmental culture that contributes to, or mitigates organizational crisis.
- Discuss the various methods of negotiating and recovering from organizational crisis.

Date: March 24, 2011
Time: Registration 6:00 PM • Program 6:30 PM – 8:30 PM
Location: Michigan State University, 120 Psychology Building, East Lansing, MI
CECHs: 2
Price: $50 all categories. Price includes materials and parking.

Early registration discounts before Mar. 16: $39 general price; $30 MSU alumni, MSU field instructor, and groups of four or more per person; $20 student/retiree; $10 MSU School of Social Work faculty and field liaison.

CE faculty: Stefanie Peters, LMSW, ACSW, MPA, is a clinical and program manager for the Department of Social Work at University of Michigan Health Systems. Stefanie is responsible for managing the Center for Sexual Health, Maternal Infant Health Program and the administrative team.

Surviving Organizational Crisis – The Highfields Story #2702

Description: Organizational crisis can impact everyone—from the leader of an organization, to staff, clients, and the community. Crisis may be caused by external factors, environmental culture, or other unforeseen events. Through lecture, interactive discussion, and group activities, this course will evaluate the factors involved in organizational crisis and, more importantly, the methods and techniques organizational staff and leaders can employ to negotiate and recover from that crisis and emerge as a strong, fully functioning organization.

Objectives: As a result of this course, you will be prepared to:
- Identify the factors that contribute to organizational crisis.
- Examine the environmental culture that contributes to, or mitigates organizational crisis.
- Discuss the various methods of negotiating and recovering from organizational crisis.

Date: February 17, 2011
Time: Registration 6:00 PM • Program 6:30 PM – 8:30 PM
Location: Michigan State University, 120 Psychology Building, East Lansing, MI
CECHs: 2
Price: $50 all categories. Price includes materials and parking.

Early registration discounts before Feb. 11: $39 general price; $30 MSU alumni, MSU field instructor, and groups of four or more per person; $20 student/retiree; $10 MSU School of Social Work faculty and field liaison.

CE faculty: Brian Philson, LMSW president/CEO of Highfields, Inc.
Change Management: A Framework for Leading Change in Human Services #2734

**Description:** Leading change in community systems is a complex and frustrating challenge, especially when many transformation efforts fail to produce the desired change. Typically, leaders experience a lack of success in these efforts because of the absence of an effective framework to produce results. This workshop will highlight the Change Management framework as identified by John P. Kotter in *The Heart of Change*. Examples of this framework in action within a community will be highlighted to demonstrate how this method can facilitate system change.

**Objectives:** As a result of this course, you will be prepared to:
- Understand why system change often fails.
- Identify the eight change management steps.
- Identify two key leadership skills that enhance the likelihood of success.

**Date:** April 21, 2011  
**Time:** Registration 6:00 PM • Program 6:30 PM – 8:30 PM  
**Location:** Michigan State University, 120 Psychology Building, East Lansing, MI  
**CECHs:** 2  
**Price:** $50 all categories. Price includes materials and parking.

Optimal Aging: Enhancing the Wellness of Older Adults #2707

**Description:** Over the years, a number of models have been developed for how to think about the aging process and older adults. The Optimal Aging perspective takes into account an ecological model for health promotion/wellness that recognizes the importance of both individual and environmental factors for a holistic perspective on aging. Social workers are the ideal professionals to assist and support older adults living in the community to seek wellness. Practical therapeutic interventions will be described that may be helpful in working with older adults. Understanding the Optimal Aging model may give social workers a different perspective on how people age optimally.

**Objectives:** As a result of this course, you will be prepared to:
- Describe a variety of current models of aging.
- Define optimal aging.
- Describe the dimensions of wellness for older adults.
- List the factors contributing to optimal aging and wellness.
- Utilize therapeutic and complementary interventions to promote optimal aging in older adults.

**Date:** February 19, 2011  
**Time:** Registration 8:30 AM • Program 9:00 AM – 11:00 AM  
**Location:** Michigan State University  
120 Psychology Building, East Lansing, MI  
**CECHs:** 2  
**Price:** $50 all categories. Price includes materials and parking.

**Recommended for**  
**Clinical and Macro Practice**

**Recommended for**  
**Clinical Practice**
Chronic Pain & Older Adults: A Primer for Social Workers #2721

**Description:** Chronic pain is a greatly misunderstood condition that affects millions of Americans. As the population ages and more and more people, due to advances in medical technology, survive catastrophic illnesses and injuries, there is a need for social workers who work with older adults to be familiar with issues faced by clients with chronic pain.

**Objectives:** As a result of this course, you will be prepared to:
- Define the difference between chronic and acute pain.
- Identify at least three common conditions older adults are likely to experience that result in chronic pain.
- Name at least three treatment approaches that are helpful to older adults in alleviating chronic pain.
- Understand how the physical experience of chronic pain affects the well-being of older adults.
- Analyze your own ability to effectively serve older adults with chronic pain.
- Describe at least three social work interventions that can be helpful in working with older adults with chronic pain.

**Date:** March 19, 2011  
**Time:** Registration 8:30 AM • Program 9:00 AM – 11:00 AM  
**Location:** Michigan State University, 120 Psychology Building, East Lansing, MI  
**CECHs:** 2  
**Price:** $50 all categories. Price includes materials and parking.  
**Early registration discounts before Mar. 11:** $39 general price; $30 MSU alumni, MSU field instructor, and groups of four or more per person; $25 student / retiree; $10 MSU School of Social Work faculty and field liaison.  
**CE faculty:** Susan Bowden, LMSW, ACSW, BCD, Michigan State University School of Social Work undergraduate coordinator and private practice clinician.

“Chronic Pain was an excellent presentation with interesting and illustrative anecdotes.” —Connie, LMSW

Older Adults & Substance Use: What Can We Do to Help?—Screening, Assessment and Interventions #2733

**Description:** Older adults with alcohol problems and psychoactive medication misuse are a special and vulnerable population who can require elder-specific screening and intervention procedures focused on the unique issues associated with drinking, misusing this class of medications and the interaction of alcohol and medications in later life. The purpose of this workshop is to provide state-of-the-art information on the screening and interventions in this age group.

**Objectives:** As a result of this course, you will be prepared to:
- Understand the pertinent issues in alcohol problems and psychoactive medication misuse in older adulthood.
- Identify screening instruments and approaches that work well with older adults.
- Identify the elements of brief interventions with older adults who are at risk for problems related to their drinking and/or psychoactive medication misuse.

**Date:** April 16, 2011  
**Time:** Registration 8:30 AM • Program 9:00 AM – 11:00 AM  
**Location:** Michigan State University  
120 Psychology Building, East Lansing, MI  
**CECHs:** 2  
**Price:** $50 all categories. Price includes materials and parking.  
**Early registration discounts before Apr. 8:** $39 general price; $30 MSU alumni, MSU field instructor, and groups of four or more per person; $25 student / retiree; $10 MSU School of Social Work faculty and field liaison.  
**CE faculty:** Kristen L. Barry, PhD, research associate professor at the University of Michigan Department of Psychiatry, and Department of Veterans Affairs National Serious Mental Illness Treatment Research and Evaluation Center (SMITREC).
Integrating the Value of Family Driven Care  #2703

Description: Family Driven Care—What is it? Don’t we already do that? How can we implement this at our agency? Join us as we discuss these and many other questions regarding the value of Family Driven Care. Family driven is more than asking the family what they want, rather, it is valuing their voice and expertise, and seeing them as members of the decision making group. A genuine family driven approach can enhance the care families receive, the effectiveness of all services, and the overall functioning of the system. Come discuss strategies to further develop family voice throughout your community.

Objectives: As a result of this course, you will be prepared to:
- Understand the continuum of the value of Family Driven Care.
- Appreciate the benefits of being Family Driven.
- Identify strategies to become more family driven in your practice and agency.

Date: February 17, 2011
Time: Registration 8:30 AM • Program 9:00 AM – 12:15 PM
Location: Hannah Community Center, 819 Abbot Road, East Lansing, MI
CECHs: 3
Price: $85 all categories. Price includes materials and parking.

Early registration discounts before Feb. 11: $55 general price; $45 MSU alumni, MSU field instructor, DHS and private child welfare agency employees and groups of four or more per person; $35 student/retiree; $15 MSU School of Social Work faculty and field liaison.

CE faculty: Malisa Pearson, is executive director of the Association for Children’s Mental Health (ACMH), the statewide family network in Michigan for families raising children with behavioral, emotional, and mental health needs. Malisa has served as a family leader at the local, state, and national levels. She is a member of the Georgetown Family & Youth Council, the Parent Partner Assessment Workgroup with the National Federation of Families, and the National Family Evaluation Committee.

Gwenda Summers, MA, LPC, is the training and technical assistance coordinator for Impact System of Care. She is also the regional coordinator and trainer for the Parent Management Training (PMTO) evidence-based training initiative that is being implemented throughout the state of Michigan.

Treatment of Child & Adolescent Sexual Abuse  #2705

Description: Being sexually abused as a child can result in a wide variety of problematic symptoms, including but certainly not limited to depression, anxiety, dissociation, and self-destructive behavior. Using Internal Family Systems Therapy (IFS), Dr. Timm will provide strength-based treatment strategies that will be useful to professionals who work with this population full time as well as general clinicians who do not specialize in this area but would like to be more effective with children and adolescents who have been sexually abused. This is an interactive workshop with experiential exercises to facilitate learning.

Objectives: As a result of this course, you will be prepared to:
- Describe three IFS-adapted play therapy modalities.
- Develop strength-based, developmentally appropriate treatment strategies.

Date: February 18, 2011
Time: Registration 8:30 AM • Program 9:00 AM – 12:15 PM
Location: Kellogg Hotel and Conference Center
55 S. Harrison Road, East Lansing, MI
CECHs: 3
Price: $85 all categories. Price includes materials and parking.

Early registration discounts before Feb. 11: $65 general price; $55 MSU alumni, MSU field instructor, DHS and private child welfare agency employees and groups of four or more per person; $45 student/retiree; $15 MSU School of Social Work faculty and field liaison.

CE faculty: Tina Timm, PhD, LMSW, LMFT, assistant professor; Michigan State University School of Social Work.

Recommended for intermediate skill level
Clinical Practice

Ruth T. Koehler Endowed Lecture
Play Therapy with Young Children & Their Families: Assessment & Intervention Strategies #2712

Description: Young children present with a unique variety of problems and come into treatment needing to express them on a non-verbal level. Play is natural form of communication young children use to explore and develop new skills. Play therapy uses the power of play to help young children express their inner worlds. When young children explore their inner worlds, they can move to accept their thoughts and feelings and learn positive ways to express and manage them. This workshop will explore the unique aspects of working with younger children and their families; review key points of emotional development, and demonstrate play therapy assessment and treatment interventions that are specific to younger children and their families.

Objectives: As a result of this course, you will be prepared to:
- Understand how emotional and cognitive development of young children influence the play therapy process.
- Examine play therapy models specific to working with young children and their families.
- Learn at least three play therapy techniques to be used during individual or family play sessions.

Date: February 25, 2011
Time: Registration 12:45 PM • Program 1:15 PM – 4:30 PM
Location: Kellogg Hotel & Conference Center
55 S. Harrison Road, East Lansing, MI
CECHs: 3
Price: $85 all categories. Price includes materials and parking.
Early registration discounts before Feb. 16: $65 general price; $55 MSU alumni, MSU field instructor, DHS and private child welfare agency employees and groups of four or more per person; $35 student/retiree; $15 MSU School of Social Work faculty and field liaison.
CE faculty: Jennifer Farley, LMSW, RPT-S, has over ten years experience doing play therapy with young children and their families. She has worked in a variety of community mental health programs and currently works at Saint Joseph Mercy Hospital in Ann Arbor. Jennifer is a clinical instructor and field liaison for Michigan State University School of Social Work. She also serves on the board of the Michigan Association for Play Therapy.
Everything You Ever Wanted to Know About ADHD #2715

Description: What is Attention Deficit Disorder with and without Hyperactivity? How can I tell the difference? How does it present differently in children than in adults? Albeit with some controversy, ADD and ADHD are the most commonly diagnosed conditions in children. How mental health professionals understand and support people living with the condition impacts treatment outcomes and quality of life issues. In this program, you will learn from a biopsychosocial perspective about this complex neurological condition, including its etiology, the anatomy of the condition, and symptoms as they present across the lifespan—and have fun doing so!

Objectives: As a result of this course, you will be prepared to:
• Define the current understanding of the etiology of ADHD.
• Explain the neuroanatomy of ADHD.
• Describe the major treatment modalities used to address ADHD including therapeutic and pharmacological interventions.

Date: March 10, 2011
Time: Registration 8:30 AM • Program 9:00 AM – 12:15 PM
Location: Kellogg Hotel and Conference Center
55 S. Harrison Road, East Lansing, MI
CECHs: 3
Price: $85 all categories. Price includes materials and parking.
Early registration discounts before Mar. 1: $55 general price; $45 MSU alumni, MSU field instructor, DHS and private child welfare agency employees and groups of four or more per person; $35 student/retiree; $15 MSU School of Social Work faculty and field liaison.

CE faculty: Dr. Zakia Alavi, MD, medical director for the State of Michigan Department of Human Services' Children's Services, is a board-certified child and adolescent psychiatrist and is adjunct faculty with the Michigan State University School of Public Health.

Home Based Services for High Risk Mothers & Babies: Case Studies in Attachment, Bonding & Supportive Interventions #2720

Description: A secure and nurturing attachment in infancy and early childhood is critically important to the optimal growth and development of a healthy and well adapted child. In this workshop, video taped case studies will be used to explore the strategies used to support attachment and bonding in mothers and babies at risk for disorders of attachment due to mental illness, post partum depression, a history of abuse and neglect, lack of social support and illness in the newborn. Interventions used in the field of Infant Mental Health will be explored as a means of providing positive and supportive services to mothers and babies.

Objectives: As a result of this course, you will be prepared to:
• Define the reasons that early intervention service with families at risk for child abuse and neglect is so critically important.
• Identify the strategies of support used in the field of Infant Mental Health to support early attachment and bonding in families at risk for abuse and neglect.
• Demonstrate an understanding of these concepts and ideas through the study of videotaped interviews with families receiving Infant Mental Health Services.

Date: March 18, 2011
Time: Registration 12:45 AM • Program 1:15 PM – 4:30 PM
Location: Kellogg Hotel and Conference Center
55 S. Harrison Road, East Lansing, MI
CECHs: 3
Price: $85 all categories. Price includes materials and parking.
Early registration discounts before Mar. 10: $55 general price; $45 MSU alumni, MSU field instructor, DHS and private child welfare agency employees and groups of four or more per person; $35 student/retiree; $15 MSU School of Social Work faculty and field liaison.

CE faculty: Molly A. Minnick, LMSW, IMH-E®, is an endorsed infant mental health specialist, level III, at Gratiot County Community Mental Health. Molly has worked with infants, toddlers and their families in a number of capacities for the past 25 years.

“Molly Minnick did a wonderful job — this program was interesting and informative. I would definitely attend another training presented by her.” — Chrissy, Case Manager
Beyond Strength-Based 101: Evolving from Techniques to Effective Practice #2722

Description: The concept of strength-based practice has become the latest trend in the mental health field. Strength-based practice has been delivered to varying degrees among practitioners and agencies. Would you like to learn how to move from the idea of the latest trend into implementing an actual philosophy of care? The clinicians at Family Guidance Services have successfully done this and are producing exemplarily outcomes. Join us in exploring the power of using our curiosity to negotiate truly meaningful and doable goals and solutions with individuals and families. Clinicians who come to this workshop will understand the paradigm shift, develop practical skills that venture beyond merely focusing on strengths and discuss ingredients for helping individuals and families make sustainable changes.

Objectives: As a result of this course, you will be prepared to:
- Describe core clinical values and assumptions which lead to better outcomes and quality services.
- Appreciate the value of moving beyond strength-based techniques to an understanding of the overall paradigm shift.
- Utilize 2-3 essential strength-based skills and strategies which lead to positive change.

Date: March 23, 2011  
Time: Registration 8:30 AM • Program 9:00 AM – 4:30 PM  
Location: Eastern Michigan University, 38777 W. 6 Mile Road, Livonia, MI  
CECHs: 6  
Price: $145 all categories. Price includes materials and parking.  
Early registration discounts before Mar. 16: $125 general price; $99 MSU alumni, MSU field instructor, DHS and private child welfare agency employees and groups of four or more per person; $65 student/retiree; $30 MSU School of Social Work faculty and field liaison.  
CE faculty:  
Carol Way, LMSW, is a clinical coordinator and trainer at Family Guidance Service, Clinton-Eaton-Ingham Community Mental Health.  
Kirsten Ackley, LMSW, is a clinical coordinator and therapist at Family Guidance Service, Clinton-Eaton-Ingham Community Mental Health.

An Introduction to Trauma-Focused Cognitive Behavioral Therapy #2725

Description: Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is an evidence-based practice found to have positive outcomes with children, adolescents, and their families, who have experienced single or multiple traumas. Attend this program to receive an overview of the basic science and evidence behind this treatment modality as well as to learn more about the TF-CBT model and its nine key components. Specific examples of interventions will be offered as well as completed trauma narratives.

Objectives: As a result of this course, you will be prepared to:
- Discuss an overview of the model.
- Describe the evidence and basic science that support TF-CBT.
- Explain the nine key TF-CBT components.

Date: March 25, 2011  
Time: Registration 8:00 AM • Program 8:30 AM – 10:30 AM  
Location: Hannah Community Center, 819 Abbot Road, East Lansing, MI  
CECHs: 2  
Price: $50 all categories. Price includes hot breakfast buffet, materials, and parking.  
Early registration discounts before Mar. 17: $35 general price; $30 MSU alumni, MSU field instructor, DHS and private child welfare agency employees and groups of four or more per person; $20 student/retiree; $10 MSU School of Social Work faculty and field liaison.  
CE faculty:  
Mark Peterson, LMSW, ACSW, earned his MSW from Western Michigan University in 1982 and has over 27 years of clinical, supervisory, and management experience. He has specialized training in trauma-informed treatment. In addition, he has co-authored three books on client treatment planning scales (adult, child, and adolescent), two books on progress notes planning, and three books on homework planning. He has been employed at Bethany Christian Services since 1988 and currently serves as the clinical director for Bethany’s Child and Family Traumatic Stress Center and its Residential Treatment programs.
Ethical Issues & Dilemmas in Child Welfare: Making Good Decisions #2714

**Description:** Child welfare practice is difficult work. In addition to the legal and practice challenges faced by child protective service workers, foster care workers, and adoption workers, there are a range of ethical challenges. This can make it difficult to know what is the right choice or course of action—and what if there is no good option? And oftentimes this decision making is done in a context of uncertainty and crisis. How do we promote self-determination when a child is experiencing maltreatment? What is confidential and what should be shared with others? How can we determine the best choice or at least prevent further harm? And when, if ever, should we be whistleblowers? Is it possible to get a good night’s sleep when we are worrying about our decisions and the dilemmas that present themselves to a child welfare worker? Although some things may be difficult to figure out, child welfare workers have to make decisions and understanding the ethical dimensions of that decision making can help produce better outcomes for children and families—and for the worker and agency.

**Objectives:** As a result of this course, you will be prepared to:
- Identify the two basic strategies that guide all ethical decision making.
- Identify and define four guiding principles that can help a worker to analyze any ethical decision or dilemma.
- Be more ethically competent and able to identify the primary ethical issues in child welfare practice.
- Analyze a case with regard to its ethical dimensions.
- Present and defend one’s choices from an ethical perspective.

**Date:** March 3, 2011  
**Time:** Registration 8:30 AM • Program 9:00 AM – 12:15 PM  
**Location:** Kellogg Hotel & Conference Center  
55 S. Harrison Road, East Lansing, MI  
**CECHs:** 3  
**Price:** $85 all categories. Price includes materials and parking.

**Early registration discounts before Feb. 25:**  
$55 general price; $45 MSU alumni, MSU field instructor, DHS and private child welfare agency employees and groups of four or more per person; $35 student/retiree; $15 MSU School of Social Work faculty and field liaison.

**CE faculty:** Gary Anderson, PhD, LMSW, director of the School of Social Work at Michigan State University. Based on his experience with his parents as foster parents, and his professional work as a child protective services worker for the State of Michigan, he developed a career-long interest in child welfare. His interests include child maltreatment, family group decision-making, kinship care, and post-adoption services. Dr. Anderson has extensive experience teaching the history of social work and ethics.

Transforming the Difficult Child through Treatment & Parenting #2728

**Description:** The Nurtured Heart Approach (NHA) is a strength-based intervention model designed to build on the innate health and greatness of a child, even in the face of the most challenging behaviors, including those associated with ADHD, OCD, and ODD. Howard Glasser has developed NHA, using the power of relationship energy and connectedness to promote emotional health that can lead to increased resilience. The NHA is consistent with brain research that suggests “attuned” communication can promote prefrontal brain integration. Additionally, NHA provides clear strategies to be utilized in promoting and supporting attachment. This workshop will assist the social worker in developing new approaches and specific strategies based on innate health rather than pathology, leading to increased success for therapists and the children and families they serve.

**Objectives:** As a result of this course, you will be prepared to:
- Describe and utilize concepts that yield an understanding of the dynamics of a challenging and intense child.
- Explain why conventional methods of parenting and therapy and teaching often fail with intense children.
- Shift children to using their intensity in successful ways, regardless of the child’s age and level of severity.
- Apply techniques to create experiences of success that are more powerful and more extensive than traditional approaches.
- Identify how Nurtured Heart Approach is consistent with current brain research and attachment theory.
- Develop strategies for helping parents break the negative cycles of reinforcement.

**Date:** April 12, 2011  
**Time:** Registration 8:30 AM • Program 9:00 AM – 4:30 PM  
**Location:** Sarvis Center, 1231 East Kearsley Street, Flint, MI  
**CECHs:** 6  
**Price:** $145 all categories. Price includes materials and parking.

**Early registration discounts before Apr. 2:**  
$125 general price; $99 MSU alumni, MSU field instructor, DHS and private child welfare agency employees and groups of four or more per person; $75 student/retiree; $30 MSU School of Social Work faculty and field liaison.

**CE faculty:** Anne Lange, BSN, LMSW, ACSW is a clinical faculty member in the Michigan State University School of Social Work’s graduate program. Anne has operated an active private practice, working with individuals, couples, and families for 15 years.
Parent–Child Attachment & the Effects of Attachment Disruption #2730

Description: This workshop will provide a general overview of attachment, secure base functions, parent-child attachment relationships, and the effects of attachment disruption on the emotional and behavioral lives of children. The formation of parent-infant/child attachment relationships and the impact of an infant/child’s attachment style on all current and future relationships and functioning will be briefly touched upon. The connections between attachment and emotional regulation and between attachment and behavioral expressions will be discussed. A description of the nature of a positive attachment relationship will be offered and contrasted with the effects of disrupted attachment. The workshop will also explore attachment disruption and the impact that has on parent-child relationships and individual functioning. The mediating factors of secure attachment in the midst of unfavorable life events will be considered, as well as the implications for diagnosis and treatment across the life span.

Objectives: As a result of this course, you will be prepared to:
• Clearly define attachment and secure base functions.
• Understand the nature and necessity of a secure parent-child attachment relationship.
• Understand the effects of attachment outcomes on all current and future relationships and functioning.
• Identify the connection between attachment relationships and emotional regulation and behavior.
• Identify two complicating, attachment-related factors in child, adolescent and adult diagnosis and treatment.

Date: April 14, 2011
Time: Registration 8:30 AM • Program 9:00 AM – 12:15 PM
Location: Kellogg Hotel and Conference Center
55 S. Harrison Road, East Lansing, MI
CECHs: 3
Price: $85 all categories. Price includes materials and parking.
Early registration discounts before Apr. 7: $55 general price; $45 MSU alumni, MSU field instructor, DHS and private child welfare agency employees and groups of four or more per person; $35 student/retiree; $15 MSU School of Social Work faculty and field liaison.
CE faculty: Victoria Fitton, PhD, LMSW, ACSW, RPT, holds the Ruth Koehler Endowed Clinical Professorship in Children Services for the School of Social Work at Michigan State University, teaching clinical courses in the MSW program. She is a clinical social worker and play therapist with a specialization in childhood sexual abuse, maintaining a private practice with a playroom and separate sandtray facilities, providing psychotherapy for children, adolescents, and adults. She also provides clinical supervision.

Understanding Autism across the Spectrum #2731

Description: This course will outline what autism spectrum disorder (ASD) is, including common symptoms, red flags, and debunking “autism myths.” Additionally, this course will cover screening and assessment for ASD and treatment approaches, including lots of take-home techniques for any professional. This course will also examine the impact of ASD on the family and discuss support options for the entire family. This course is a combination of lecture and interactive activities.

Objectives: As a result of this course, you will be prepared to:
• Identify common signs and red flags of ASD.
• Identify various screening and assessment tools for ASD.
• Identify a variety of treatment approaches, as well as be able to appropriately use several treatment techniques.
• Understand the impact of ASD on the family and discuss support options available to the entire family.

Date: April 14, 2011
Time: Registration 12:45 PM • Program 1:15 PM – 4:30 PM
Location: Kellogg Hotel and Conference Center
55 S. Harrison Road, East Lansing, MI
CECHs: 3
Price: $85 all categories. Price includes materials and parking.
Early registration discounts before Apr. 7: $65 general price; $55 MSU alumni, MSU field instructor, DHS and private child welfare agency employees and groups of four or more per person; $35 student/retiree; $15 MSU School of Social Work faculty and field liaison.
CE faculty: Sarah Bretz, LMSW, currently works as the clinical supervisor for Judson Center’s Autism Connections program. Sarah has been providing a variety of therapeutic services for children on the autism spectrum and their families, including play-based therapy using Stanley Greenspan’s Floortime model, facilitated play dyads, and mentored. In addition, Sarah provides trainings on Autism to a variety of providers, including respite care agencies, home-based treatment providers, and community outpatient clinics.
Advanced Directives: The What, the How, 
& the Legal Requirements #2729

Description: With the advent of Advance Directives patients now have a legal means by which to ensure that their wishes for health care are followed. However, to take full advantage of this, one must understand what an Advance Directive is and how to execute one. And for those who work in health care settings, it is important to understand under what conditions an Advance Directive is activated and what requirements health care providers have.

Objectives: As a result of this course, you will be prepared to:
• The participant will know what type of Advance Directive is legal in the State of Michigan.
• The participant will understand the three primary steps needed to complete an Advance Directive.
• The participant will be able to describe two legal requirements for hospital settings.

Date: April 12, 2011
Time: Registration 8:30 AM • Program 9:00 AM – 12:15 PM
Location: Kellogg Hotel & Conference Center
55 S. Harrison Road, East Lansing, MI
CECHs: 3
Price: $85 all categories. Price includes materials and parking.
Early registration discounts before Apr. 2: $55 general price; $45 MSU alumni, MSU field instructor, and groups of four or more per person; $30 student/ retiree; $15 MSU School of Social Work faculty and field liaison.

CE faculty: Nan Hunt, LMSW, CMAC, is clinical manager of the Spectrum Health Care Management Department and has 25 years of direct clinical experience and 22 years of clinical supervisory experience.

Do you know a social worker who needs to take a Master’s level Social Work Licensure Examination?

MSU is in its fifth year of offering a Master’s level Exam Preparation course.
This spring, we are offering this course...

May 20-21 in Livonia
June 10-11 in Grand Rapids
June 23-24 in East Lansing

Registration will be open in February 2010
Visit www.socialwork.msu.edu/ceu for details and registration.

While this course cannot be offered for continuing education credit, it can help people learn how and what to study to successfully pass the exam.

For information about the exam, visit www.aswb.org.

Recommended for beginning and intermediate skill levels
Clinical Practice

100% of people who attended our fall exam prep course said that they would recommend it to colleagues.
Come find out why!
Rethinking Personality Pathology in the DSM-5 #2700

Description: In this course, the presenter will discuss the importance of personality pathology for clinical practice, problems with DSM-IV classification of personality disorders, proposed alternatives, and the DSM-5 work group proposal.

Objectives: As a result of this course, you will be prepared to:

- Understand current debates related to personality disorder classification.
- Compare and contrast models proposed for diagnosing personality disorder.
- Understand how personality disorders will most likely be diagnosed in DSM-5.

Date: February 4, 2011
Time: Registration 8:00 AM • Program 8:30 AM – 10:30 AM
Location: Hannah Community Center, 819 Abbot Road, East Lansing, MI
CECHs: 2
Price: $85 all categories. Price includes materials and parking.

Early registration discounts before Jan. 29:
$35 general price; $30 MSU alumni, MSU field instructor, and groups of four or more per person; $20 student/retiree; $10 MSU School of Social Work faculty and field liaison.

CE faculty: Christopher J. Hopwood, PhD, is an assistant professor of clinical psychology at Michigan State University. He received his PhD from Texas A&M University and completed his clinical internship at Massachusetts General Hospital/Harvard Medical School.

“Very practical information about real life issues that come up in practice.
This was the best ethics workshop I have attended!
Well worth the time and money. Thank you.” —Rena, LMSW

Social Work Ethics: Boundary Management for Clinical Practice #2701 & 2709

Description: Boundary management is one of the most challenging aspects of ethical social work practice and the source of the majority of ethics violation judgments against social workers. Bring case studies to discuss and explore other examples of the difficulties of boundary management. Leave with detailed strategies for maintaining professional boundaries and methods for encouraging good boundaries among clientele and coworkers.

Objectives: As a result of this course, you will be prepared to:

- Define how boundaries fit within ethical practice and the NASW Code of Ethics.
- Recognize and understand common boundary violations and their consequences.
- Understand the clinical, ethical, and legal necessity for good boundary management.
- Identify the human behavioral needs that lead to boundary challenges.
- Apply creative and practical strategies to maintain appropriate professional boundaries.

Date: February 4, 2011 #2701
Time: Registration 12:00 Noon • Program 12:30 PM – 3:45 PM
Location: Hannah Community Center, 819 Abbot Road, East Lansing, MI

Date: February 24, 2011 #2709
Time: Registration 12:45 PM • Program 1:15 PM – 4:30 PM
Location: Sarvis Center, 1231 East Kearsley Street, Flint, MI

CECHs: 3
Price: $85 all categories. Price includes materials and parking.

Early registration discounts before Jan. 29 (East Lansing) before Feb. 15 (Flint):
$75 general price; $59 MSU alumni, MSU field instructor, and groups of four or more per person; $49 student/retiree; $15 MSU School of Social Work faculty and field liaison.

CE faculty: Greg L. Pugh, MSW, LICSW, ACSW, clinical instructor, doctoral student, Michigan State University School of Social Work.
Introduction to the Assessment & Treatment of Persons with Co-occurring Disorders: PTSD & Substance Abuse #2704

Description: This course reviews the unique issues of persons impacted by various types of trauma, how the stress related to that trauma often leads to substance use, and how to assess as well as treat such clients in a supportive, client-centered manner, addressing simultaneously the addiction as well as the emotional issues.

Objectives: As a result of this course, you will be prepared to:
- Identify the post traumatic stress disorder using DSM-IVTR criteria.
- Understand the role of resiliency in trauma.
- Understand the neurological changes caused by childhood trauma.
- Understand how to assess PTSD and addiction in your clients.
- Understand how to treat co-occurring PTSD and addictions disorders, applying Minkoff’s eight principles of co-occurring treatment competency.

Date: February 17, 2011
Time: Registration 1:00 PM • Program 1:30 PM – 4:45 PM
Location: Hannah Community Center, 819 Abbot Road, East Lansing, MI
CECHs: 3
Price: $85 all categories. Price includes materials and parking.

Early registration discounts before Feb. 11:
$55 general price; $45 MSU alumni, MSU field instructor, DHS and private child welfare agency employees and groups of four or more per person; $35 student/retiree; $15 MSU School of Social Work faculty and field liaison.

CE faculty: Staci Hirsch, PsyD, has a doctorate degree in clinical psychology from the Argosy University in Chicago. She has worked in numerous capacities and levels within community mental health for nearly 30 years. Most of her work has been with abused and neglected foster children; however, now she serves as the program director at Neighborhood Service Organization’s Addiction Treatment Services Program (ATS). ATS provides substance abuse and case management care to persons battling substance abuse and mental illness as well as to recent parolees who are dually diagnosed. Dr. Hirsch is also the primary facilitator for NSO’s co-occurring competency training program.

Emergency Mental Health Assessments #2711

Description: A commonly held misperception is that only in psychiatric settings do social workers confront issues of mental health and mental illness. However, social workers in a variety of settings such as schools, geriatric facilities, child welfare agencies, community health and medical settings, community centers daily must respond to these issues. This workshop will provide practitioners with knowledge and skills to enable them to make emergency mental health assessments and referral plans.

Objectives: As a result of this course, you will be prepared to:
- Understand the essential components of common DSM-IV diagnoses, including depression, anxiety, psychosis, personality disorders, and chemical dependency.
- Identify categories of medications that can be helpful in alleviating psychiatric symptoms.
- Describe the components of a suicide assessment and emergency mental health assessment.
- Identify the criteria and expectations for referral for further psychiatric assessment.
- Define the criteria for psychiatric hospitalization.

Date: February 25, 2011
Time: Registration 8:30 AM • Program 9:00 AM – 12:15 PM
Location: Kellogg Hotel & Conference Center
55 S. Harrison Road, East Lansing, MI
CECHs: 3
Price: $85 all categories. Price includes materials and parking.

Early registration discounts before Feb. 16:
$65 general price; $55 MSU alumni, MSU field instructor, and groups of four or more per person; $35 student/retiree; $15 MSU School of Social Work faculty and field liaison.

CE faculty: Nancy Harold, MSW, LICSW, lead social worker, Emergency Room Crisis Program, Regions Hospital, St. Paul MN, has over 35 years of experience in a variety of social work settings.
An Introduction to Dialectical Behavior Therapy #2717

**Description:** Designed in the early 1990s by Marsha Linehan, PhD, Dialectical Behavior Therapy (DBT) has given therapists confidence and hope while treating their most-difficult-to-treat client. DBT balances the idea of “acceptance” and “change” in clients, getting clients to accept themselves as they are in the moment, in their attempts to change and make it better. DBT also focuses on: getting clients to come to a synthesis in other major areas; learning how to balance their priorities with other people’s demands and at the same time maintaining their self-respect and the respect that others have for them; and finally, getting clients to validate themselves and learn new skills that will lessen their suffering and “build lives worth living”. Come ready to engage in a highly interactive course. Josh will use his irreverent communication style and balance it with genuine warmth in his attempts to teach DBT. He will utilize meaningful mindfulness exercises, case examples and an upbeat discussion. Josh prides himself and his DBT workshops on being practical and down to earth. Leave this course with knowledge and confidence to use DBT strategies with clients the next day.

**Objectives:** As a result of this course, you will be prepared to:
- Understand the universal principles behind human psychological functioning.
- Understand the internal factors which are impacting your stress level.
- Recognize your own conditioned thought habits and core beliefs and how they may be impacting your moment to experience of life.
- Recognize when you are centered and not centered and, therefore, be able to make more life decisions from a wise, centered state of mind.
- Notice your own emotional reactivity and be more able, more often to return to healthy functioning prior to responding to your self or others.
- Be in the present moment and understand the value of living and working more often in this state of mind.

**Date:** March 15, 2011  
**Time:** Registration 8:30 AM • Program 9:00 AM – 4:30 PM  
**Location:** Kellogg Hotel & Conference Center  
**CECHs:** 6  
**Price:** $165 all categories. Price includes materials and parking. Lunch is on your own.

**Early registration discounts before Mar. 5:**  
- $125 general; $115 MSU alumni, field instructor, and groups of four or more (per person);  
- $75 student/retiree; $30 MSU School of Social Work faculty or field liaison.

**CE faculty:** Josh Smith, LMSW, is co-founder and owner of The DBT Center of Michigan, PLLC in Jackson, MI. He is currently a national trainer in DBT and serves as a consultant for multiple individuals and agencies around the country.

Self Care in Effective Social Work Practice: What You Need to Know to Avoid Burnout #2716

**Description:** Despite our clinical training, many social workers have not yet learned the truth about how they operate psychologically, and therefore do not know how to navigate their own thought world/belief system effectively. The conditioned thought habits (perfectionism, martyr syndrome, insecurity, judgment, fear, doubt, etc.) cause us to relate to our work and personal life with more stress, effort, and upset than is necessary or beneficial. This process is behind the experience of burnout.

**Objectives:** As a result of this course, you will be prepared to:
- Understand the Biosocial Theory of Borderline Personality Disorder.
- Structure treatment around specific, targeted behaviors.
- Use a chain analysis to treat stage one targeted behaviors.
- Understand the standard DBT behavioral skills (core mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness).
- Implement the diary card in both individual and group sessions.

**Date:** March 14, 2011  
**Time:** Registration 8:30 AM • Program 9:00 AM – 4:30 PM  
**Location:** Hannah Community Center, 819 Abbot Road, East Lansing, MI  
**CECHs:** 6  
**Price:** $135 all categories. Price includes materials and parking. Lunch is on your own.

**Early registration discounts before Mar. 5:**  
- $115 general; $99 MSU alumni, field instructor, and groups of four or more (per person);  
- $75 student/retiree; $30 MSU School of Social Work faculty or field liaison.

**CE faculty:** Lisa Davidson, LMSW, Employee Assistance Program, Michigan State University.
**Ethical Decision Making: The Role of the NASW Code of Ethics in Monitoring Personal Values & World Views #2718**

**Description:** Currently, an important debate is taking place in social work values and ethics literature regarding the conflict between personal values/worldview and the NASW Code of Ethics as primary decision-maker in determining professional behavior. Through examining this literature and reflecting upon personal values and practice wisdom, participants will explore issues and dialogue about the complex forces that impact social work practice. Richard Spano and Terry Koenig’s model for “Examining Personal Worldviews and the NASW Code of Ethics” will be applied to case situations as a suggested screen through which to pass competing values and to monitor professional behavior.

**Objectives:** As a result of this course, you will be prepared to:
- Convey a basic understanding of the current social work literature regarding the role of personal values in ethical decision-making.
- Recognize the current debate over the priority of personal or professional values in working within the power differential of worker/client, educator/student and supervisor/supervisee relationships.
- Identify personal and professional values that impact ethical and practice decisions.
- Begin to apply a model for examining the role of one’s personal worldview within ethical decision-making.

**Date:** March 16, 2011  
**Time:** Registration 8:30 AM • Program 9:00 AM – 3:30 PM  
**Location:** Kellogg Hotel & Conference Center  
55 S. Harrison Road, East Lansing, MI  
**CECHs:** 5  
**Price:** $135 all categories. Price includes materials and parking. Lunch is on your own.  
**Early registration discounts before Mar. 8:** $115 general price; $89 MSU alumni, MSU field instructor, and groups of four or more per person; $75 student/retiree; $25 MSU School of Social Work faculty and field liaison.  
**CE faculty:** JoAnn McFall, LMSW, ACSW, RN, is associate director for Field Education at MSU School of Social Work. She has 25+ years practice experience in mental health and chemical dependency. She currently teaches practice classes in the advanced clinical concentration and is involved in curriculum development and numerous outreach efforts.  
Cheryl Williams-Hecksel, LMSW, ACSW, instructor and coordinator of Field Education with the Michigan State University School of Social Work’s Blended Clinical MSW program.

**Common Humanity & Human Community: Melding Micro & Macro Social Work through Expanded Human Rights Practice #2723**

**Description:** Global, national, and local injustice, oppression, and inequality exist all over the world and reach into the most private spaces of human experience. An expanded Human Rights approach to social work practice considers both public and private issues, recognizes universal rights and reciprocal responsibilities, and encourages social transformation. This approach can be used to join social workers and clients at all levels, connect micro and macro practice, facilitate dialogue and action, and address processes of public and private oppression. This course will offer a description of the approach and participants will identify ways in which it can be used in their own practice.

**Objectives:** As a result of this course, you will be prepared to:
- Define expanded Human Rights practice in social work.
- Articulate primary concepts of expanded Human Rights practice.
- Identify opportunities to use expanded Human Rights practice for social transformation across client levels.

**Date:** March 24, 2011  
**Time:** Registration and Recognition Breakfast 8:15 AM • Program 9:15 AM – 10:45 AM  
**Location:** Sarvis Center, 1231 East Kearsley Street, Flint, MI  
**CECHs:** 1.5  
**Price:** $39 all categories. Price includes materials, hot breakfast buffet, and parking.  
**Early registration discounts before Mar. 16:** $25 general price; $19 MSU alumni, MSU field instructor, and groups of four or more per person; $15 student/retiree; $12 MSU School of Social Work faculty and field liaison.  
**CE faculty:** John Mooradian, PhD, LMSW, assistant professor, Michigan State University School of Social Work.
Using Meditation for Stress Management in Social Work Practice #2727

**Description:** People manifest physical and emotional stress in a number of ways. This course teaches the fundamentals of meditation and discusses the importance of how meditation can be used for stress and management and overall health in social work practice. Members of this class will explore a variety of aspects of meditation, how it can be used by the practitioner, and how to apply this to practice. Interested students are encouraged to bring a blanket or mat.

**Objectives:** As a result of this course, you will be prepared to:
- Define meditation and describe its benefits.
- Identify various forms of meditation practice.
- Explain the importance of breathing and centering oneself.
- Incorporating meditation into your daily life.
- The importance of meditation in social work practice.

**Date:** April 11, 2011  
**Time:** Registration 11:30 AM • Program 12:00 Noon – 4:15 PM  
**Location:** Hannah Community Center, 819 Abbot Road, East Lansing, MI  
**CECHs:** 4  
**Price:** $95 all categories. Price includes materials, afternoon refreshments, and parking.

**Early registration discounts before Apr. 1:**  
- $75 general; $65 MSU alumni, field instructor, and groups of four or more (per person);  
- $45 student/retiree; $15 MSU School of Social Work faculty or field liaison.

**CE faculty:** Kiran Gupta, LMSW, has worked for Michigan State University as an Employee Assistance Program (EAP) counselor and a Health 4 U consultant. She also conducts classes and workshops on Meditation and Laughter. Her greatest passion lies in helping people find their true selves and bringing joy back into their lives.
LEAP Training
“**I Am Not Sick, I Don’t Need Help!”**
How to Help Someone with Mental Illness Accept Treatment #2735

**Description:** The LEAP training program (Listen-Empathize-Agree-Partner approach) teaches participants a set of evidence-based practices to help persons with mental illness that are either noncompliant, or only partially compliant, become fully engaged in treatment (medication, psychotherapy, psychosocial, occupational rehabilitation, etc.) and to cooperate with persons who are trying to help them. Dr. Xavier Amador gives a presentation of the empirical research on the prevalence, etiology and treatment of both poor insight and poor adherence. Although largely didactic, the workshop is interactive in that participants are repeatedly queried to assess and highlight misconceptions they hold about the causes and treatment of poor insight and poor adherence. The evidence base supporting the LEAP technique is reviewed.

**Objectives:** As a result of this course, you will be prepared to:
- Identify why the top two predictors of good adherence to treatment are: good insight into how treatment can help one to achieve his/her goals; and a relationship with one person (either provider, friend or relative).
- Articulate how severe problems with insight into illness are most often a consequence of the disorder (schizophrenia or bipolar disorder) stemming from brain dysfunction (i.e., anosognosia) rather than defensiveness and/or personality factors.
- Describe how, contrary to popular belief, treatment with antipsychotic medications and/or mood stabilizers rarely results in significant improvements in insight.
- Discuss how motivational interviewing and cognitive therapy (e.g., LEAP) have demonstrated efficacy in improving specific aspects of poor insight associated with poor adherence.
- Describe how the ultimate goal of treatment is to arrive at an agreed-upon plan of action that is grounded in the patient’s assessment of his/her problems and focused on helping him/her to achieve their goals.
- Employ four general strategies that involve listening without opining, empathizing without reality-testing, identifying areas of agreement, and quickly forming a partnership to achieve common goals that can be linked to treatment.

**Date:** April 28, 2011  
**Time:** Registration 8:30 AM • Program 9:00 AM – 4:45 PM  
**Location:** James B. Henry Center for Executive Development 3535 Forest Road, Lansing, MI  
**CECHs:** 6  
**Price:** $155 all categories. Price includes materials, continental breakfast, lunch, and parking.

Early registration discounts before Apr. 18: $125 general; $115 MSU alumni, field instructor, and groups of four or more (per person); $45 student/retiree; $30 MSU School of Social Work faculty or field liaison.

**CE faculty:**  
Xavier Amador, PhD, is an internationally sought-after speaker, clinical psychologist, professor at Columbia University, Teachers College, in New York City, the founder and director of the LEAP Institute, author of eight books, including the national best seller, “I’m Not Sick, I Don’t Need Help! How to Help Someone With Mental Illness Accept Treatment” (Vida Press 2010. Peconic, NY). In addition to his books Dr. Amador has published over 100 peer-reviewed scientific papers and many other publications that have been translated into more than 20 languages.

Dr. Amador’s expertise has made him a regular contributor to the Today Show and a featured guest on ABC Good Morning America, Prime Time Live, CBS This Morning, NBC Nightly News, 60 Minutes, CNN, Dateline, ABC’s World News Tonight, Fox News, New York Times, Wall Street Journal, USA Today and many others.

Dr. Amador has been a consultant to numerous companies and government agencies, including the National Institute of Health.

His forensic cases include the Unabomber, PFC Lynndie England, Elizabeth Smart kidnapping, and Zacarias Moussaoui trials. Dr. Amador has over 25 years of experience working with adults, families, and couples. He lives in New York.

Previously, Dr. Amador was a professor in the Department of Psychiatry at Columbia University, College of Physicians & Surgeons; on the board of directors of the National Alliance for the Mentally Ill (NAMI); director of research at NAMI; and the director of psychology at the New York State Psychiatric Institute.

Dr. Amador was co-chair of the last text revision of the schizophrenia and related disorders section of the DSM IV-TR.
Michigan State University School of Social Work seeks to be as accessible as possible. You can now receive social work continuing education credit at your leisure—when it is convenient for you! Save travel time and cost. It is as simple as visiting our website, clicking the program you wish to view, pressing Play, and sending in the downloadable post test and evaluation with payment. We will mail you a certificate within four weeks of receipt of your material. Each program listed on this page are worth 1 continuing education hour per and each cost $15. View descriptions and objectives online at: www.socialwork.msu.edu/ceu/online_continuing_education.php.

**Substance Abuse: Motivational Strategies & the Stages of Change**

**CE faculty:** Karen Newman, MSW, clinical faculty member and graduate advisor, Michigan State University School of Social Work.

**Supporting People Affected by Pain through Pain Management Advocacy**

**CE faculty:** Yvette Colón, PhD, ACSW, LMSW, director of education and support, American Pain Foundation.

**Sex Therapy 101**

**CE faculty:** Tina Timm, PhD, LMSW, LMFT, assistant professor, Michigan State University School of Social Work.

**Reflective Supervision**

**CE faculty:** Cheryl Williams-Hecksel, LMSW, ACSW, instructor and coordinator of Field Education with the Michigan State University School of Social Work’s Blended Clinical MSW program.

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**FREQUENTLY ASKED QUESTIONS**

**Will my state licensing board approve online courses as an approved format for obtaining continuing education credits?**

All courses offered by MSU School of Social Work Continuing Education are approved by ASWB ACE. Please check with your Social Work State Board for rules and regulations regarding online continuing education, as they vary by state. If you are looking for information specific to Michigan, please visit http://www.michigan.gov/documents/mdch/mdch_fhs_bhser_socwork_cebroc_175253_7.pdf

**How many times can I access or view the material for the course?**

You have unlimited access to the course material and may view it as many times as you wish. We are unable to offer additional CECHs for extra time you spend with the course material. Once you submit a passing post-test, you will receive the advertised CECHs for the course.

**What score do I need to pass?**

75% or higher is required to pass each course.

**How many times can I take the post-test?**

You may retake the test three times within 45 days of submitting the first test to our office. We will notify you via e-mail at the e-mail address you supply on your post-test if you need to resubmit the test.

**What are the post-tests like?**

The post-tests are multiple choice and true/false questions. There are ten questions for the first CECH and five questions for each additional CECH. For example, a 1-CECH course would have ten questions.

**How do I obtain my certificate?**

Within four weeks of our receiving your completed and valid evaluation, payment, and post test with a 75% score or higher, a certificate will be mailed to you.

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**How to register for (self-directed) online programs**

1. View the course at your leisure at www.socialwork.msu.edu/ceu
   Go to Quick Links, ONLINE Courses

2. Download the continuing education packet, which will include:
   - A copy of the PowerPoint
   - A post-test and registration/payment form
   - An evaluation

3. Complete the post-test, evaluation, and payment information (check or credit card required).

4. Fax this material to (517) 353-2599 or mail to:
   MSU School of Social Work
   212 Baker Hall
   East Lansing, MI 48824
The courses on this page are online and use a special registration process.

Cost: $500 per course for continuing education credit, or at prevailing price for University credit.

CE faculty: John Sougstad, PhD, MSW, EdS, with 20+ years of serving youth with special needs in a variety of settings and 15+ years at MSU coordinating and teaching graduate courses addressing requirements for state approval in school social work.

Working with Children with Special Needs in a School Setting

SWK 875
3 semester credits; 45 CECHs
January 10 – May 5, 2010
You can register until January 25, 2011

Description: This course focuses on identifying children with special needs and providing evidence-based school social work interventions within the complex interactions and relationships of home, school and community contexts. Children’s learning, social, medical, emotional and behavioral difficulties are examined.

Learning Objectives: As a result of this course you will be prepared to:
1. Identify the history and current trends in the professional literature relevant to the treatment of children’s special needs with implications for school social work intervention.
2. Describe various definitions of “special needs” in children relative to child development, contextual influences, educational laws, policies and programs, as well as according to clinical classification systems.
3. Recognize various factors that place children “at risk” for dysfunction in schools as well as those protective factors connected with “resilience,” and discuss implications for intervention planning to address vulnerable and potentially oppressed populations.
4. Define the terms “Evidence-Based Interventions (EBI),” “Manualized Treatments,” and “Response to Intervention (RTI)” and identify how these apply to school social work intervention.
5. Understand some of the legal, moral, ethical and value-based dimensions of various intervention strategies for treating children’s special needs within a school setting.
6. Analyze major areas of psychosocial dysfunction children exhibit relative to school functioning and discuss implications for multi-tiered social work intervention spanning micro and macro levels.
7. Practice utilizing computer-based technologies such as the Internet to research, collaborate professionally, and advocate for intervening with children’s special needs.

How to register for School Social Work Competency Series ONLY

Since these courses may also be offered for University credit (at the current rate of tuition), the registration process differs from in-person and other ONLINE programs. Follow these steps:

To register by phone for this course only, contact the MSU Libraries, Computing and Technology Training Program:
Toll free: 1-800-500-1554 (North America and Hawaii); local: (517) 355-2345

To register online:
1. Go to the website: http://vu.msu.edu/cgi-bin/cc_reg_form
2. Enter your contact info on the secure site
3. From the bottom menu, select “NON CREDIT SW (and the course number listed under the tile of the course you wish to take) and click “continue”
4. You will be directed to a secure site to enter your credit card information for payment.

Upon registration, the instructor will contact you via email with directions for the course on or before the course start date.

For additional info on how to register, contact:
MSU Virtual University (517) 355-2345.
For additional info on course content or problems once the course begins, contact Instructor John Sougstad at sougsta2@msu.edu.

More of what you need to know...

- To take this course, you must meet the technology requirements at http://www.vu.msu.edu/site/equip_req.php.
- To obtain social work continuing education credit, participants must do the following:
  1. Complete and pass all tests administered throughout the course, following the instructions provided.
  2. Submit an Attendance Record form and evaluation provided at the end of the course.
- Students who take the course for continuing education or for school social work approval and pass will receive a letter verifying their successful completion of each course. To receive credit on a University transcript, students MUST take this for University credit at a different rate; contact Nancy Gray at (517) 353-8632.
- The title “School Social Worker” is a regulated title in at least 32 states, with varying requirements. Some states have accepted completion of one or more of the courses offered in the Competency Series in School Social Work at Michigan State University to meet some of these requirements. Many states regulate this title through their state Department of Education.
- In the State of Michigan, the Social Work Licensure law allows for a maximum of 10 hours of online continuing education per renewal period.
- Fees for this course do not include textbooks or additional materials you may have to purchase. To learn more about course fees, contact John Sougstad via email at: sougsta2@msu.edu.
- Information regarding the application for temporary approval for school social work can be found at http://www.michigan.gov/documents/TASocialWorker_65837_7.pdf or by calling the Michigan Department of Education at (517) 373-0923.
The Supervision in Child and Family Services Certificate is designed to promote retention of child and family services workers by increasing the skill sets of current and aspiring task and program supervisors and agency leaders. Courses will provide information on how supervisors can create a positive culture for staff retention, as well as supervisory competencies, tools and methods of supervision and information on how to orient, support, and train new staff during their first six months on the job. By improving supervision and retention practices, outcomes for children and families are also improved.

In partnership with the Michigan Federation for Children and Families—a statewide association of private, nonprofit child and family service agencies—Michigan State University is offering the Supervision in Child and Family Services Certificate Series. In order to be eligible for the certificate, three core courses, plus one elective will need to be completed from the course offerings below:

<table>
<thead>
<tr>
<th>Required core courses</th>
<th>Elective courses</th>
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</thead>
<tbody>
<tr>
<td>Certificate 1: The Role of Leaders in Staff Retention 6 CECHs</td>
<td>Certificate 4: Communication Skills 3 CECHs</td>
</tr>
<tr>
<td>Certificate 2: The Practice of Retention—Focused Supervision 3 CECHs</td>
<td>Certificate 5: Working with Differences 3 CECHs</td>
</tr>
<tr>
<td>Certificate 3: The First Six Months 3 CECHs</td>
<td>Certificate 6: Recruiting and Selecting the Right Staff 3 CECHs</td>
</tr>
</tbody>
</table>

Beginning in February 2011, MSU will be offering a home-study version of the Supervision in Child and Family Services courses. In order to earn the Supervision in Child and Family Services Certificate, you must complete all three required courses and one elective course in our face-to-face format, allowing for one elective course to be taken using a home-study format. If you are interested in taking any of the six Supervision courses for general CECH and do not wish to earn the Supervision in Child and Family Services Certificate, any of the courses may be taken as a home-study course. Please visit our website for details coming soon or contact swkce@msu.edu.

Supervision Certificate #1: The Role of Leaders in Staff Retention #2706

Description: As a leader in a child and family service agency, it is crucial to recruit, select, and retain the right staff to do the job. Attaining positive outcomes for children and families are a main priority for service leaders. It is very difficult to succeed in this area without a qualified and committed workforce. This workshop has been developed for child and family service leaders and anyone who aspires to have a leadership role in a child and family service agency. The mindset, methods, and tools leaders need to accomplish agency missions and goals through focusing their efforts around staff retention processes will be the focus of this interactive workshop. *This is a core course for the Supervision in Child and Family Services Certificate.*

Objectives: As a result of this course, you will be prepared to:
- List three challenges facing leaders in retaining staff.
- Describe a strategy for selecting the right staff.
- Explain how as a leader you can develop a culture for staff retention.

<table>
<thead>
<tr>
<th>Date:</th>
<th>February 18, 2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Time:</td>
<td>Registration 8:30 AM • Program 9:00 AM – 4:30 PM</td>
</tr>
<tr>
<td>Location:</td>
<td>Kellogg Hotel &amp; Conference Center, 55 S. Harrison Road, East Lansing, MI</td>
</tr>
<tr>
<td>CECHs:</td>
<td>6</td>
</tr>
<tr>
<td>Price:</td>
<td>$180 all categories. Price includes materials and parking. Lunch is on your own.</td>
</tr>
<tr>
<td>Early registration discounts before Feb. 11:</td>
<td>$165 general price; $140 employee of Full or Affiliate member of the Michigan Federation for Children &amp; Families, MSU alumni, MSU field instructor, and groups of four or more per person; $125 student / retiree; $30 MSU School of Social Work faculty and field liaison.</td>
</tr>
</tbody>
</table>

CE faculty: Jeffrey H. Roley, MA, LBSW, director of child welfare, Bethany Christian Services in Grand Rapids, brings 35 years of experience to the field, with nearly 30 of those years in supervision and leadership. During these challenging times in Michigan, Jeff enjoys professionally developing his staff toward future leadership and hanging out with his four grandchildren.
Supervision Certificate #2: The Practice of Retention–Focused Supervision #2713

Description: Want to feel more empowered in performing your role as a child and family services supervisor? Staff retention is a complex issue. Supervisors and staff face challenges and issues that are unique to child and family services. Given this, supervisors in these roles have an opportunity to provide guidance that comes from a real understanding of the struggles involved in working with children and families during difficult times. This innovative workshop, geared toward child and family service leaders and aspiring leaders, will introduce tools that will help supervisors make best use of their supervision time to enhance staff retention. New supervisory competencies that are known to motivate and encourage staff by increasing confidence and staff commitment to a career in child and family services will be presented. *This is a core course for the Supervision in Child and Family Services Certificate.

Objectives: As a result of this course, you will be prepared to:
- List three challenges facing leaders in retaining staff.
- Understand the principles of motivation and how to apply them to supervision with child and family services staff.
- Describe the impact of stress and burnout on staff retention.

Date: February 25, 2011
Time: Registration 12:45 PM • Program 1:15 PM – 4:30 PM
Location: Oakland Intermediate School District, 2111 Pontiac Lake Road, Waterford, MI
CECHs: 3
Price: $85 all categories. Price includes materials and parking.
Early registration discounts before Feb. 16: $65 general price; $55 employee of Full or Affiliate member of the Michigan Federation for Children & Families, MSU alumni, MSU field instructor, and groups of four or more per person; $45 student/retiree; $15 MSU School of Social Work faculty and field liaison.
CE faculty: Sean deFour, LMSW, is the chief operating officer at Judson Center, a nonprofit human service agency serving southeast Michigan. See page 9 for additional biographical information.

I like supervision being discussed from a human service field perspective. Great discussion! Useful and practical. —Daniel, Community Services Supervisor

Supervision Certificate #4: Communication Skills #2719

Description: The science of communication includes several elements that are present in every attempt at communication. These elements include what is being communicated, how it is being communicated, why it is being communicated, and those factors which enhance or distract from the communication. Learn how to place a high premium on helping staff communicate their needs and assumptions, as they look beyond behavior to what underlies their responses. Additionally, this workshop will teach supervisors how to utilize confrontation skills that help staff grow and develop. *This is a core course for the Supervision in Child and Family Services Certificate.

Objectives: As a result of this course, you will be prepared to:
- Understand how thoughts, feelings, assumptions, and behavior impact communication.
- Encourage staff to communicate what they are thinking, feeling, and doing through the use of effective listening and observation.
- Assist staff in making positive changes through the use of constructive feedback and constructive confrontation.
- Understand the role that recognizing staff accomplishments and giving encouragement play in retaining staff.

Date: March 18, 2011
Time: Registration 8:30 AM • Program 9:00 AM – 12:15 PM
Location: Kellogg Hotel & Conference Center, 55 S. Harrison Road, East Lansing, MI
CECHs: 3
Price: $85 all categories. Price includes materials and parking.
Early registration discounts before Mar. 10: $65 general price; $55 employee of Full or Affiliate member of the Michigan Federation for Children & Families, MSU alumni, MSU field instructor, and groups of four or more per person; $45 student/retiree; $15 MSU School of Social Work faculty and field liaison.
CE faculty: Cindy Ahmad, LMSW, training manager with the Child Welfare Training Institute of the Michigan Department of Human Services.
Frequently Asked Questions

How do I contact you?
Phone (517) 353-3060
E-mail swkce@msu.edu
Fax (517) 353-2599
Mail MSU School of Social Work, Continuing Education Program
212 Baker Hall, East Lansing, MI 48824

Who should attend your continuing education courses? Each course includes a skill level box, indicating if a course is intended for a beginning, intermediate, or advanced level Master of Social Work practitioner unless otherwise indicated. In addition, Macro, Clinical, or both will be listed to identify the focus of material. Professionals practicing in human service and healthcare fields will benefit from attending programs described in this catalog. Courses have been designed for the licensed Master’s level social worker except where noted. All workshops are open to LLBSWs, LBSWs, LLMsWs, and LMSWs practicing in both clinical and macro roles. The general public is invited to attend any of the programs listed in this catalog.

Will I earn Social Work Continuing Education Credit if I attend a program described in this catalog? Yes. Referred to throughout this catalog as CECH, or Continuing Education Contact Hours, you can see how many hours each program offers. MSU School of Social Work is approved as a provider of social work continuing education by a national credentialing body, the Association of Social Work Boards (ASWB) to Approved Continuing Education (ACE) – Provider #1136. To contact ASWB ACE, write to 400 South Ridge Parkway, Suite B, Culpeper VA 22701 or visit www.aswb.org (approval period: June 2010–June 2013). ASWB ACE approval is recognized by the State of Michigan Board of Social Work Examiners as acceptable for social worker in Michigan. Contact your state’s regulatory board to determine course approval.

All face-to-face programs occurring before March 23, 2011, appearing in this catalog will also be approved by the Michigan Social Work Continuing Education Collaborative – Approved Provider MICEC #0001.

Did you know...
- We are able to view past courses you have taken by searching our database for the e-mail address in your customer account information. If your e-mail address or any other information about you changes, you can sign in under your old e-mail address, view your customer information, make applicable changes, and click “Update my account.” If you do not do this, you will have classes listed under multiple accounts and confirmations may be delivered to an e-mail address you are no longer using.
- There is a lifetime learning tax credit. Individuals may qualify for an educational tax credit for tuition and fees paid for undergraduate, graduate, and continuing education courses. For detailed information, consult IRS Publication 970, Tax Benefits for Higher Education, which can be obtained at any IRS office or at: http://www.irs.gov/publications/
- Your satisfaction is guaranteed. If you have a concern or comment to offer, we want to know... complete the Feedback form available at www.socialwork.msu.edu/ceu under “Forms.”

What are course completion requirements?
- Face-to-face or live video/audio conferences: To receive continuing education contact hours (CECHs) for programs listed in this catalog, you must arrive by the advertised starting time, and you must stay until the end of the program. In the event that you encounter an unforeseen emergency that causes you to arrive late or leave early, partial credit may be awarded at the sole discretion of the continuing education committee (and in compliance with the rules promulgated by the State of Michigan Board of Social Work and regulations of Association of Social Work Boards). If you object to the program provider’s decision regarding the award of CECHs, you are entitled to file a grievance form provided by program staff upon request within two weeks of the program end date.
- Online Continuing Education Credit: To receive credit for an online continuing education course, you must watch the video in its entirety and mail in the evaluation, post-test and registration form with applicable fee. A passing score on the post-test is 75%. In the event you do not receive a passing score, you will be e-mailed at the address provided on your post-test and have 45 days from the time you submitted your original test to retake and receive a passing score. Once all materials are received, and a passing score is obtained, you will receive your certificate for the advertised CECHs for the course, within 4 weeks. You have unlimited access to the course material and may view it as many times as you wish. We are unable to offer additional CECHs for extra time you spend with the course material.
- School Social Work Competency Courses: After successful completion of the course, as outlined by the instructor at the beginning of the course (and may include quizzes, readings, discussion boards and written assignments), you will receive an attendance record form and evaluation from the continuing education department. You must return these to the address provided on the form via fax or mail and a certificate verifying your CECHs will be mailed to you within 4 weeks.

Do you offer continuing education units for other professions? On occasion, you will see other continuing education credits offered such as the Association for Play Therapy; Michigan State University is APT Provider #08-229. ASWB ACE credits may be accepted by other state boards or groups. Check with your specific licensing board to see if our approval will be accepted.

How and when do I pay? All of our in-person programs require pre-registration and payment prior to the workshop. You may pay by credit card at the time of your registration with our online registration system. You may fax or mail credit card information with your registration, or send a check or money order with your registration by mail. We are unable to accept cash. Payment must be received with registration in order to reserve a space. Some programs are offered free of charge; if this is indicated, registrations will be accepted on a first come first serve basis. We are unable to maintain a wait list at this time. Programs fill up quickly, so register today!

If I need to cancel, can I get a refund? If you cancel by faxing or sending in a refund request form (available at www.socialwork.msu.edu/ceu or contact swkce@msu.edu to obtain) at least one week prior to the course start date, you will receive a refund less a 20% administrative fee. Upon receipt of the refund form, you can expect a refund within 6 weeks. Cancellations and requests for refunds received after this time are not eligible for a refund. In the event the MSU School of Social Work cancels an event, you will receive a FULL refund.

Do you send a confirmation for my registration? If you provide an e-mail address, you will receive a confirmation e-mail one week prior to the event for which you have registered delivered to the e-mail address provided. If you do not receive an e-mail confirmation, please e-mail swkce@msu.edu to request an additional copy.

How do I request an accommodation? Michigan State University is committed to providing equal opportunity for participation in all programs, services, and activities. Accommodations for persons with disabilities may be requested by writing the request on the registration form on page 26 or by contacting swkce@msu.edu or (517) 353–3060 x1. Two weeks prior to the program start date, requests received after this date will be honored whenever possible.

Can I request a duplicate certificate? Yes. On our website, under Quick Links you will find a Duplicate Certificate Request. There is a $10 charge for replacement or duplicate certificates, and they will be marked as such.
Confirmations, including directions will be sent via e-mail only, one week prior to the event for which you have registered.

PLEASE PRINT CLEARLY

Name:__________________________________________
Home Address:____________________________________
City: ___________________________________________ State: _______ Zip: __________
Daytime Phone: ___________________ E-mail: ______________
Social Work License Number and Type: __________________________ State: _______

Accommodations and/or Dietary Requirement: ________________________

PAYMENT INFORMATION • PLEASE COMPLETE

☐ Checks and money orders payable to:
Michigan State University
School of Social Work Continuing Education Program
212 Baker Hall
East Lansing, MI 48824

or supply your credit card information below:
☐ Mastercard ☐ Visa ☐ Am. Express ☐ Discover

Card #: ____________________________
V-code #: __________ (the last 3 digits on the back of your card)
Expiration Date: _____/_____
Cardholder Name: _____________________________________________
Signature: ___________________________________________________
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<th>Check</th>
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<th>Page #</th>
<th>Price for All Categories</th>
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<td>Apr. 16</td>
<td>2733 – Older Adults &amp; Substance Use ...</td>
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TOTAL: $
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