

Xuehan (Linda) Zhang, MSW

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Education

Michigan State University
School of Social Work
Doctor of Philosophy

East Lansing, MI
Anticipate Fall 2028

University of Michigan
School of Social Work
Master of Social Work (M.S.W.)

Ann Arbor, MI
April 2022

Pathway: Interpersonal Practice in Integrated Health, Mental Health, and Substance Abuse

University of Michigan
College of Literature, Science, and the Arts
Bachelor of Arts (B.A.)
Focus on Psychology
Relevant Coursework: Educational Psychology, Developmental Psychology, Cognitive Psychology, Cognitive Development

Ann Arbor, MI
August 2020

Cascadia College
Associate of General Studies (A.G.S)
Focus on Psychology and English

Bothell, WA
March 2018

Skills

- Speak a second language (Chinese-Mandarin is my first language)
- Microsoft Office Applications
- Qualtrics Survey
- SPSS, R, & Stata

Research Interest

- Social determinants of health among elderly Asian Americans
- Religiosity and end-of-life decision-making process
- Impacts of religion and culture on older Chinese adults' end-of-life care preferences
- Impacts of childhood maltreatment on later life experience (mental health and well-being)

Research Experience

Research Assistant

01/24-Present

Michigan State University

- Work with Dr. Amanda Woodward at the School of Social Work at Michigan State University
- Using Dedoose to conduct content and thematic analysis
- Conduct interviews
- Attend weekly team meetings and write manuscripts

Project Attend (Funding source: PCORI & DOD):

- The Michigan Stroke Transitions Trial (MISTT) Study
- Mesothelioma Caregiver Study (PI: Woodward, Amanda)

Research Assistant

07/22-12/23

Michigan State University

- Worked with Dr. Fei Sun at the School of Social Work at Michigan State University
- Literature search and review
- Evaluated different assessment scales
- Recruited and assessed potential participants and conducted interviews and training
- Led a bi-weekly brain health support group for Asian American older adults
- Project site management
- Data collection and analysis
- *Focus on caregiving for dementia patients and elder abuse*

Project Attended (Funding source: National Institute of Justice):

- Prevention of Financial Abuse Among Elders Affected by Cognitive Decline: A Randomized Controlled Trial in Rural Michigan (PI: Sun, Fei)

Research Assistant

01/22-12/22

University of Michigan

- Worked with Dr. Todd Herrenkohl at the School of Social Work at the University of Michigan
- Qualitative data analysis (e.g., thematic analysis, content analysis)
- Literature review and manuscript writing
- Attended bi-weekly team meeting
- *Focus on childhood maltreatment and the child welfare system*

Projects Attended (Funding source: National Institute on Aging):

- Lifecourse Patterns of Abuse and Elder Mistreatment (PI: Herrenkohl, Todd I)
- Supplement to Lifecourse Patterns of Abuse and Elder Mistreatment (PI: Herrenkohl, Todd I)

Book Preparation:

- *“The Impact of Child Abuse Research on Child Welfare: Lessons Learned on Policy, Practice and Prevention”* by Todd I. Herrenkohl, Ph.D. and Bri Stormer, M.S.W.

Research Assistant

10/22-01/23

University of Michigan

- Worked with Dr. Lisa Fedina at the School of Social Work at the University of Michigan
- Literature search and review
- Data analysis
- *Focus on interpersonal violence (IPV) and poly-victimization*

Research Assistant

09/19-09/20

University of Michigan

- Worked in the “Viz Lab” which is directed by Dr. Kevin Miller at the University of Michigan
- Used techniques such as eye-tracking to study students’ attention during class
- Helped to design and conduct experiments
- Helped to collect data and analyze it
- Participated in lab meetings
- *Focused on cross-cultural educational psychology*

Publications

Fedina, L., Roberto, K. A., **Zhang, X.**, Chang, Y., Love, J., & Herrenkohl, T. I. (2024). Effects of the COVID-19 pandemic on stress, coping, and well-being among adults with histories of child maltreatment. *American Journal of Orthopsychiatry*, 94(1), 89–98.
<https://doi.org/10.1037/ort0000707>

Conference Presentations

Zhang, X. & Woodward, A.T. (2025, November). *How does faith impact end of life care preferences among older Chinese in the United States? A qualitative pilot study*. Poster presented at the Gerontological Society of America Annual Meeting, Boston, MA.

Woodward, A.T., Hirsch, J., **Zhang, X.**, Towe, M., Benmar, C., White, J., Lapacek, B., Culligan, M., (2025, November). *Understanding the mesothelioma journey from diagnosis through bereavement*. Poster presented at the Gerontological Society of America Annual Meeting, Boston, MA.

Professional and Clinical Practice Experience

Social Work Intern

01/21-04/22

Hannan Center, Detroit, Michigan

- Provided weekly phone call check-in service to clients
- Provided resources referral services to clients
- Provided case management service to clients
- Led a monthly in-person pandemic support group
- Attended in-home assessments with supervisor
- Received training on PEARLS (Program to Encourage Active, Rewarding Lives)
- Volunteered in the DayBreak program for old adults living with dementia or Alzheimer’s disease
- Conducted phone call surveys
- Participated in weekly group supervision

Temporary Office Assistant

10/21-04/22

Ann Arbor Meals on Wheels (AAMOW)

- Worked as a temporary office assistant
- Collected clients' information and did data entry work
- Made phone calls to clients and provided wellness check
- Went into neighborhoods and delivered meals to clients

Community Services

Volunteer

01/20-05/20

- Took Education 218: "Homelessness in Schools and Society: Engaged Practice in School-Serving Organization" at the University of Michigan.
- Volunteered in the after-school program at *Avalon Housing in Ann Arbor*.

Volunteer

07/17-01/18

- Volunteered at *Garden Court Retirement & Assisted Living Community* in Everett, WA.
- Assisted the director of activity to hold different activities for the residents.
- Created and designed the monthly calendar by using Microsoft Word and Excel.