

ONLINE ELECTIVES Summer 2017

Open to all students at MSU and beyond

Whether you want to learn about the nature, scope, and impact of catastrophic events by preparing for the Zombie Apocalypse, or you are interested in current issues in the lives of individuals and families, the FULLY ONLINE electives offered this summer by faculty in the School of Social Work provide you the opportunity to expand your horizons, cover new territory, and have some fun while you earn elective credits.

Session A: 5/15/2017 – 6/29/2017

3-credit courses

- Introduction to Social Work
- Surviving the Coming Zombie Apocalypse: Disasters, Catastrophes, and Human Behavior



- Immigration: Children in Crisis
- Self-care and Stress Management for Helping Professionals
- Trauma's Impact Across the Lifespan
- You Are What You Eat! An Exploration of Self, Culture, and Society Through Food
- Introduction to International Social Work and Development

1-credit courses

- Adolescent Addiction: Components, Treatment and the Justice System
- Grant Writing for Social Workers
- Technology, Social Media, and the Social Work Profession

Session B: 7/5/2017 – 8/18/2017

3-credit courses

- Fairy Tales, Fables, and Fantasy: Clues to a Child's Psyche
- Family Stress and Resiliency

1-credit course

- Cults, Groupthink, and the Power of Persuasion

Full Session (A and B): 5/15/2017 – 8/18/2017

3-credit course

- Child Welfare
- Substance Abuse and the Human Services

See descriptions of 15 online courses in this flier and online at <http://socialwork.msu.edu/Students/Technology-Resources/Summer-Electives>

You may contact the instructors directly by email or send general inquires to swonline@msu.edu

How to enroll for online courses:

All current MSU students will follow standard enrollment procedures for summer courses. Specific information is at <http://reg.msu.edu/roinfo/Enrollment.aspx>

All of these courses are open to non-social work majors as well. Non-MSU students will have to apply as Lifelong Education students. Find details at <http://reg.msu.edu/ROinfo/EnrReg/LifelongEducation.asp>

Session A: 5/15/2017 – 6/29/2017

Introduction to Social Work

People who become social workers find that it is more a way of life than a job. Every day social workers improve the lives of others. Using current real world issues, this class will introduce students to what social workers do and the values and ethics that guide their work. We will use various methods to analyze state, national, and international social policy and practice and also identify potential areas for social work influence. Students will come away with a better understanding of the contexts in which social workers are active, and how social work values and the Code of Ethics provide a framework for their work.



SW200, Section 730 • 3 credits

Instructor: Lynn Nee
Email: neelynn@msu.edu

<http://socialwork.msu.edu/About-Us/Faculty-Staff/Lynn-M-Nee>

Surviving the Coming Zombie Apocalypse: Disasters, Catastrophes, and Human Behavior

Imagine having lunch at a restaurant, attending a wedding, being in a classroom, or jogging alone...when suddenly everything changes. This course combines the most current academic research on disaster preparedness and response, with students forming groups to participate in an online simulated catastrophic event. It is highly interactive and requires a serious commitment to working with a small group of people who—like you—want to survive. This is not a self-paced, “go at your own speed,” “I’ll get to it when I can” type of class. Look elsewhere for that. If you want to have an adventure, become part of a story, and learn some important things about this topic and yourself, welcome to the course. **Take the Class... Survive the Event...Save the World!**

SW290, Section 730 • 3 credits

This course is also offered on a non-credit basis. Find further information at the SW 290 Non-credit Enrollment Site: tinyurl.com/k6vhxqz



Instructor: Glenn Stutzky
Email: Stutzky1@msu.edu

<http://socialwork.msu.edu/About-Us/Faculty-Staff/Glenn-R-Stutzky>
zombie.msu.edu



This course won the 2013 MSU-ATandT Instructional Technology Awards Competition in the “Best Online Class” category.

Immigration: Children in Crisis

This course will inform students of the federal and Michigan policies that impact undocumented immigrant children and US citizen children of undocumented parents. We will also look at circumstances in Central America leading to a mass migration of children, current efforts to support this population in the US, the media’s impact on these efforts, and the possibility of a coordinated response. By the end of this course, students will be able to articulate some of the causes of the child immigration crisis, the US policy/response, Michigan’s response efforts, gaps in services, and the social worker’s response.



SW491, Section 733 • 3 credits

Instructor: Nicki Moody
Email: nmoody@msu.edu

<http://socialwork.msu.edu/About-Us/Faculty-Staff/Nikki-Moody>

Self-care and Stress Management for Helping Professionals

The journey to become a helping professional can be stressful and demanding, requiring a balance of internships, coursework, volunteer work, and home and personal responsibilities. This course will introduce you to many hands-on techniques that will help you manage stress and prevent personal burnout. We will look at issues around stress and anxiety, secondary trauma and PTSD, and work/life balance. Each week will be filled with self-care exercises, including guided meditation, mindfulness, breathing, yoga and stretching, art and creative expression, art journaling, and nature work. Our online work together over the session will culminate in a personal self-care plan to promote resilience and prevent burnout. Learn to feel less stressed during your time at MSU and start your professional life off with wellness.



SW491, Section 734 • 3 credits

Instructor: Monaca Eaton
Email: eatonmon@msu.edu

<http://socialwork.msu.edu/About-Us/Faculty-Staff/Monaca-Eaton>

Session A: 5/15/2017 – 6/29/2017

Trauma’s Impact Across the Lifespan

Trauma permeates our world and technology brings it right to our doorstep, yet its impact and devastation are not largely understood. Turn on the television, pull up a newsfeed, open a newspaper: all offer daily examples of trauma and its effects. This course will look at the impact of traumatic events on individuals across various stages of the lifespan. Students will gain knowledge of various types of traumatic experience as well as an understanding of how to help and interact with people who have experienced trauma. The course will explore biological, psychological, and sociological dimensions of traumatic experiences on individuals and systems. There will be specific emphasis on child abuse and neglect, refugee trauma, terrorism, natural disasters, military/combat trauma, and trauma in older adults.



SW491, Section 739 • 3 credits

Instructor: Nola Carew
Email: carewnol@msu.edu

<http://socialwork.msu.edu/About-Us/Faculty-Staff/Nola-Carew>

You Are What You Eat! An Exploration of Self, Culture, and Society Through Food

This course looks at the linkages between the food we eat and who we are, both as individuals and in the larger society, by exploring our eating rituals and the role of food in our lives. Students will consider issues of availability, disease/disorder, taboos, movements, and the meanings of hunger and poverty; they will also research the meaning and role of food in their own lives. The role of media and technology will be explored, along with food politics and policies. Global food consumption and food meaning will also be examined.



SW491, Section 731 • 3 credits

Instructor: Kim Steed-Page
Email: steedkim@msu.edu

<http://socialwork.msu.edu/About-Us/Faculty-Staff/Kimberly-Steed-Page>

Introduction to International Social Work and Development

This course is designed to help students become more aware of international dynamics in social work through connections with diverse sources, encouraging recognition of multiple viewpoints and the ability to address social issues in a culturally sensitive way. This course will provide a space to reflect on what U.S. social work can learn from the experiences of the international community.



SW491, Section 790 • 3 credits

Instructor: Dasha Shamrova
Email: shamrova@msu.edu

<http://socialwork.msu.edu/Programs/PhD/Students/Daria-Shamrova>

Adolescent Addiction: Components, Treatment, and the Justice System

This course is designed to cover the concepts of adolescent addiction, specifically related to definition/diagnosis, treatment approaches/modalities, co-occurring issues with adolescents, impact of trauma, and the intersection with the juvenile justice system. Through the use of a variety of resources in an online format, it is intended to add to a student’s knowledge base and understanding of the adolescent population. In addition, the course content will address the specialized needs associated with those who may one day seek this type of treatment.



SW491, Section 735 • 1 credit

Instructor: Kelly Fornwalt
Email: fornwalt@msu.edu

<http://socialwork.msu.edu/About-Us/Faculty-Staff/Kelly-Fornwalt>

Grant Writing for Social Workers

This course will provide social work students with the background and skills to become beginning grant writers. Social work students recognize grant writing skills as marketable skills in the workforce. The course will focus on identifying funding sources (including public funders, private foundations, and corporate giving programs), creating a brand and a sales pitch for social work agencies and programs and developing grant proposals. Students will gain experience in using grant search websites, describing social work programs to potential funders, and writing complete grant proposals. The course will include online readings, media sources, and a grant proposal assignment for students. Peer review will also be used to maximize learning and sharing of ideas.



SW491, Section 736 • 1 credit

Instructor: Erica Shifflet-Chila
Email: shiffle6@msu.edu

<http://socialwork.msu.edu/About-Us/Faculty-Staff/Erica-D-Shifflet-Chila>

Technology, Social Media, and the Social Work Profession

This course will explore social media and its potential impact on social work practice and the social work professional. Major themes of the course will include how the social work student and social work professional can use a strengths-based approach to incorporate technology and social media into social work practice, ethical considerations of technology and social media use, and practical considerations of technology and social media use. This course will allow students to learn ways to separate their personal and professional online identities, educate them about rules and regulations related to using technology in professional practice, and encourage them to think critically about ethical implications of such use.



SW491, Section 737 • 1 credit

Instructor: Erica Shifflet-Chila
Email: shiffle6@msu.edu

<http://socialwork.msu.edu/About-Us/Faculty-Staff/Erica-D-Shifflet-Chila>

Session B: 7/5/2017 – 8/18/2017

MICHIGAN STATE
UNIVERSITY

School of Social Work

ONLINE ELECTIVES Summer 2017

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Fairy Tales, Fables, and Fantasy: Clues to a Child's Psyche

This course is designed to offer an understanding of the importance of fairy tales, fables, and fantasy literature across culture and lifespan, although a focus will remain on children in western culture. The central focus of the course will lie with fairy tales because, in a very deep way, fairy tales speak directly to the inner pressures of children's psychological and emotional sense of self in a way that children unconsciously understand. Fairy tales embrace the serious inner struggles of growing children and offer creative solutions to those difficulties. By understanding the nature of children's enjoyment and use of fairy tales, fables, and fantasy, we gain an appreciation for the needs and coping strategies of children to negotiate human relationships and find meaning in human life. And, if we understand these for children, we can understand them more clearly for ourselves.

SW491, Section 732 • 3 credits

Instructor: Victoria Fitton
Email: fitton@msu.edu



<http://socialwork.msu.edu/About-Us/Faculty-Staff/Victoria-Fitton>

Family Stress and Resiliency

Stress is ever present in families. Stress can be a result of normal developmental stages of a family (e.g., aging), unpredictable events (e.g., diagnosis of a mental illness), or effects of the larger systems in which families live (e.g., homophobia). Because families are constantly faced with stress, all are potentially at risk. This course exposes students to theories about families and stress that help make sense of both vulnerability and resiliency. Some families fare better than others in the face of change and stress. The degree of risk for a family hinges on many things, most notably the complex interplay of how individual family members cope, the overall family dynamics, and the systems of support around the family. All these factors have the potential to make things easier or harder for families as they move through time and negotiate change and stress. As part of this class, students are required to reflect on stress and resiliency in their own family. Examples of topics covered in the course include divorce and remarriage, mental illness, aging, violence, immigration, and LGBT families.

SW491, Section 730 • 3 credits

Instructor: Tina Timm
Email: TimmT@msu.edu



<http://socialwork.msu.edu/About-Us/Faculty-Staff/Tina-M-Timm>

Cults, Groupthink, and the Power of Persuasion

This course will cover concepts surrounding cults including group types and group dynamics, and the idea of "groupthink." The course is designed to strengthen a student's understanding of how groups function, why people join them, and how the power of a group impacts thoughts, behaviors, and choices.

SW491, Section 738 • 1 credit

Instructor: Kelly Fornwalt
Email: fornwalt@msu.edu



<http://socialwork.msu.edu/About-Us/Faculty-Staff/Kelly-Fornwalt>

Full Session (A and B): 5/16/2017 – 8/18/2017

Child Welfare

In this course students will examine the history, evolution, and functions of child welfare social work practice. We will explore risk and protective factors related to child abuse and neglect while developing a foundational understanding of issues related to race, age, gender, culture, and socio-economic status. Key legislation and policies will be reviewed with an emphasis on contemporary issues impacting children and families being served in the Michigan child welfare system. Students will identify evidence-based interventions appropriate for children and families and create advocacy projects to address the unique real-world needs of this client population. This course offers a collaborative learning environment that invites students to take an active role in exploring social work policy and practice structures that are carried out within child welfare settings.

SW471, Section 730 • 3 credits

Instructor: Rosemary Jackson
Email: jacks807@msu.edu



<http://socialwork.msu.edu/About-Us/Faculty-Staff/Rosemary-P-Jackson>

Substance Abuse and the Human Services

This course is designed to provide students with an introduction and broad overview of substance use/abuse as it affects individuals, families, communities, social policies, and practice. Included in this course will be attention to: substance abuse (epidemiology) from a global perspective; the process and nature of substance abuse/chemical dependency; harm reduction as a philosophical framework; an overview of contemporary treatment models; historical perspectives on chemical dependency and social responses; and the role and need for advocacy within this area of human service help provision.

SW474, Section 730 • 3 credits

Instructors: Al Platt
Email: platta@msu.edu



<http://socialwork.msu.edu/About-Us/Faculty-Staff/Alan-Platt>

What attendees have said about our online courses

"I learned a lot in this class. It was really interesting and enjoyable, fast because it was only a six-week course, but really awesome."

"I thoroughly enjoyed this professor's teaching style. Particularly how she was able to take extremely abstract ideas and put them into our curriculum and apply them to the strategies and concepts that we had already learned in classes prior."

"It had very good and relevant information that can be applied to Social Work practice. It was very interesting and easy to learn information."

"Absolutely loved this course! I appreciated the case study briefs, too."

"Online learning seems to be a challenge for me, but this class was very user friendly, and I enjoyed my interactions with the professor as well as with my fellow students."

"(I liked) the instructor's accessibility—especially for an online course—and the professor's excitement on the course content."

"(There were) great discussion posts. (The) course allowed me to think critically about each topic."