

The MSU Continuing Education Program
is excited to announce the

Trauma Certificate

In-person, Live Webinar, and Online Courses!

Certificate Overview

The Trauma Certificate is designed to help human service professionals learn techniques to improve their work with children, adolescents, adults, and families who have experienced trauma.

Experiences of trauma are complex and unique to each individual, family, and community. Understanding the impact of trauma on the brain and on behavior is critical to inform your work and gives you the tools to apply a trauma-informed lens. The Trauma Certificate exposes you to innovative information, helps you prepare to support those who have experienced trauma, and gives you the opportunity to add specialization in your area of work. The Trauma Certificate courses are developed to meet the interdisciplinary needs of multiple systems and professions and also prioritize developing self-care practices in all professionals to reduce the risk of secondary traumatic stress and compassion fatigue.

Certificate Objectives

The Trauma Certificate will:

- Address trauma across the lifespan
- Emphasize interdisciplinary practice
- Enhance knowledge of self and secondary trauma
- Emphasize the impact of trauma on the brain and behavior
- Be culturally responsive
- Encourage professional interaction using a trauma-informed lens

The Trauma Certificate will be relevant for:

- Social workers
- Educators
- Medical professionals
- Psychologists
- Law enforcement
- Child welfare workers
- Other behavioral health professionals

Course Requirements

Level 1 = Foundations of Working with Trauma:

- 45 hours total required:
 - 18 hours = three core courses (Understanding Trauma, Trauma and the Brain, Secondary Traumatic Stress and Self-care)
 - 27 hours = choose from a variety of electives
- Level 1 can be achieved in just one year.

Course Options

Choose from a variety of in-person workshops, live webinars, and/or online courses. Options that meet the requirement will be identified on our website:

<http://www.socialwork.msu.edu/CE/Certificates>

A Level 2 certification is also being developed. This option will include 45 additional hours of intermediate and advanced training that will support professional specialization in trauma work.

All courses can be taken as part of the certificate or on their own.

To learn more about the Trauma Certificate, visit

socialwork.msu.edu/ce/certificates

or contact us at swkce@msu.edu | 517-353-3060

